

PARTICULAR SPORTS COMPETITIONS



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HOW DID WE ORGANIZE THE COMPETITIONS?

We chose to prepare the competitions of three unusual sport like wife-carrying, fencing and “sepak takraw”, to stimulate students to try something new.

Participation is not mandatory. The competitions are between students of the same age. They are on Saturday morning, in the school gym, the last three weeks of school (every Saturday a different sport). The students that have the same age have the same timetable yet to be decided. Each sport will have five winning classes and these will have a **surprise prize**. We need one person of each class for fencing, one girl and one boy for wife-carrying and three people for “sepak takraw”.

BUT WHAT ABOUT THESE SPORTS?

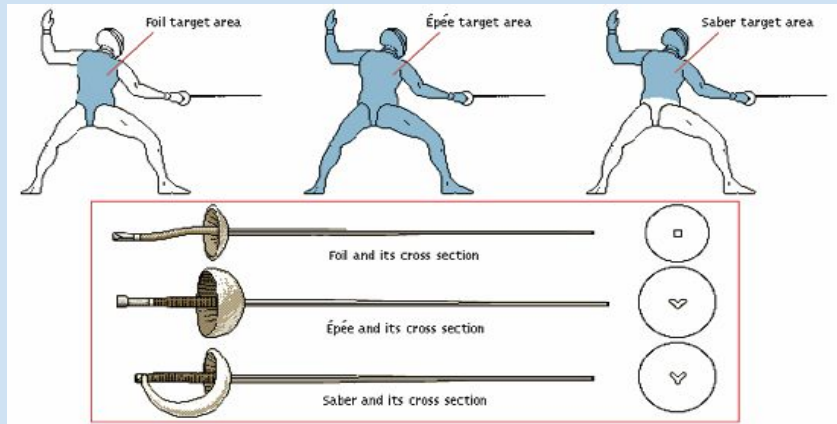
1. WIFE-CARRYING (GIRLS)

Wife carrying is a contest in which male competitors race while each carrying a female partner. The objective is for the male to carry the female through a special obstacle track in the fastest time. The sport was first introduced at Sonkajärvi, Finland.



2. FENCING

Fencing is a solo-game. For this sport fencers must have a special equipment: a mask, a weapon (foil, épée or saber), a suit, gloves and shoes. It is a physical and mental workout in which fencers learn to hone their strategies against opponents of varying skill levels and build up physical endurance, agility and accuracy. A fencing duel takes place on a piste, about 14 metres long and 2 meters wide. The fencer have to hit first his opponent in a specific part of the body with his weapon. When he score 15 points he win, but it depends on age classification.



3. SEPAK TAKRAW

In this sport you play with a ball made of woven (12 wholes and 12 intersections). There are two teams of three players on a court resembling a badminton court. Each teams can have 2 substitutes for players. It is similar to volleyball and players using only their feet, knees, shoulders, chest and head to touch the ball. Every wrong touch gives a point to the opposite team. The team who gets 21 points first, win the first set, there are two sets.





SPORTS COMPETITION

- Sports: WIFE CARRYING, FENCING AND SEPAK TAKRAW
- Students of the same age
- The last three weeks of school
- On Saturday morning (every Saturday a different sport)
- In the school gym
- The five winning classes will have a surprise prize

WE ARE WAITING FOR YOU!!!