**Phrasal Verbs Explanation And Examples**

* **apply for**: ask for, demand (job / grant / license)

To apply for the job, you need to write an application letter.

* **break down:** cease to work correctly (physical / mental)

 My computer broke down yesterday.

* **bring into**: enter by force .→ Some burglars broke into the bank last night.
* **bring about**: cause to happen.→ Laziness brings about failure.
* **calm down**: relax.→ Try to calm down before the interview.
* **carry on**: continue.→ You should carry on with your project.
* **come in:** enter.→ The door is open; come in!
* **come back**: return.→ They will have come back from Fes by this

afternoon.

* **come across:** meet by chance.→ I came across an old photo of mine.
* **cut down** reduce.→ You'd better cut down on your fat intake.
* **eat out**: eat outside the house (at a restaurant).→ On Sundays, they always eat out.
* **fill in** : complete (a form).→ You have to fill in the form before e-mailing it.
* **find out**: discover.→ Nobody has found out who changed my password yet.
* **give up**: stop / surrender.→ He must give up smoking before it is too late.
* **go on**: continue.→ When you finish this exercise go on to the next.
* **go through experience** / endure.→ I went through hard times when I was abroad.
* **grow up**: become older / mature .→Girls grow up faster than boys.
* **hand in:** give back (papers).→ When I had finished the test, I handed in my paper and left.
* **hand out:** distribute .→The teacher handed out the test sheets at

8:00 o’clock.

* **jot down**: write down (ideas).→ He advised us to jot down ideas before writing.
* **keep up with:** cope with.→ It is hard to keep up with the rapid change of technology.
* **let down:** disappoint.→ Be sure that your parents will never let you down.
* **lie down:** relax, rest.→ It is normal to lie down after hard work.
* **look after:** take care of.→ Leila is looking after her grand mother

pretty well.

* **look down** **on:** despise, see as inferior.→ Don't look down on anyone, they may be

better than you are.

* **look for:** search.→ I looked for my keys in the drawer but they

weren't there.

* **look foward to:** long for.→ I'm looking forward to hearing from you soon.
* **look into:** examine, investigate.→ They are looking into the matter.
* **look out:** be careful, pay attention.→ Look out! our dog has got 42 teeth.
* **look up:** search in a dictionary/list/phonebook.→ I was looking up your phone number when you phoned me.
* **make up:** invent (pretext/story).→ Don't believe her; she likes to make up stories.
* **pass away:** die.→ My mother passed away in February 2003.
* **pick up:** collect.→ Children can pick up foreign languages easier than adults.
* **put on:** wear.→ She put her jacket on and went out hurriedly.
* **put off:** postpone.→ I was informed that the meeting was put

off until next week.

* **put up:** accommodate.→ They needn't book a room at the hotel; we can put them up.
* **put up with:** tolerate.→ She can't put up with those noisy children.
* **run into**: meet by chance.→ Our project may run into financial problems sooner or later.
* **stand by:** wait.→ Please, stand by we are checking your password.
* **stand for:** represent.→ U.N. stands for United Nations.
* **set up:** build, establish.→ They are trying to set up their own business.
* **take after:** resemble.→ She greatly takes after her aunt.
* **take care of:** look after.→ They took care of the children when we were out.
* **take off:** leave the ground (plane).→ When your plane landed, ours took off.
* **take off** # put on (clothes).→ Due to the hot weather, all the boys took off their jackets.
* **take up:** begin a new (a hobby / lessons).→ My grandmother takes up Karate.
* **turn down:** refuse, reject .→She was turned down because of age.
* **turn off:** stop the function of (TV, Radio).→ Don't forget to turn off the TV before you go to bed.
* **write down:** record.→ The students wrote down all the teacher's

instructions.