TRAINING IN ECC/ABB CREATIVE & HEALING FEMININE EXPRESSION

2020



ECC/ABB

Eveil par la Créativité Consciente/Art Being & Becoming

"When we create , we discover our depths, it's our job to let this wonderful sap flow in us, it's like honey... /... By creating we create the world, we participate in the expansion of the world , to a new world.... /... The more we create, the more we participate. Creating at the heart of an artistic adventure will participate in the creation of ourselves. We are with the extension of the universe. To say I am with the growing tree, with all these animal, mineral, plant species... To participate in this in a very simple and very humble way, contributes to the joy of the world, and the world needs it, so let's create !!! "Brigitte Seneca, extract from the video" Create to create yourself "

AWAKENING Through CONSCIOUS CREATIVITY: Why?

To create in order to connect, to listen to oneself, to trust in one's intuitive wisdom, to follow the impetus of one's heart and to remain faithful to the nature of one's soul... This is the whole process of accompanying oneself that ECC/ABB approach activates, stimulates and teaches all along its many programs; Creativity and Intuition, Recycl'Art, Chakr'Art, Self Rebirth in Trust, Sacred Feminine, Sacred Union of the Feminine and the Masculine.

To set in motion towards creation is to set in motion towards healing. Learning to know ourselves through the symbolic language of our inner world through what it reveals when we listen to it without judgment is to find harmony at the heart of our inner being.

ECC/ABB approach is an artistic, therapeutic, philosophical, spiritual and mystical support. The dimensions of body, heart, mind and soul are all invited to the table of creative and intuitive dialogues.

All parts of self in shadow and in light are welcome and given the attention they need.

The spirituality of the being is enhanced and becomes the very foundation of this type of accompaniment. This allows an anchoring in the body and a connection to the soul so that the light passes through matter and matter is used in the service of the light. The tree cannot give anything without its roots well nourished in the earth and its foliage well lit by the sky, just as one cannot treat the trunk alone.

This healing creative feminine approach is not defined by a particular way or rooted in a dogma. It aims to be the bridge which allows the expression of Love and Light universal message to come through. It dives in the Sacred Feminine dimension within and all around, towards a more humanistic and pacifist world.

The approach supports children and adults alike by respecting all beliefs and levels of consciousness.

Each training candidate is invited to work on self-awareness and self-knowledge throughout their practice. The approach makes you grow and flourish while helping others grow and flourish at the same time.

TOOLS

Intuitive Arts Tools: Spontaneous Creativity, Guided Imagery & Meditation, Vision Boards, Collages, Drawing, Painting, SoulMapping.

Spiritual Art Tools : Spiritual journey and dimensions, Chakras, Spiritual Story-Telling, Mindfulness Journey, Cosmic Union, Matriarcal Symbolism and Rituals

HOW

- Be trained at your own personal rhythm
- Discover and develop your creative process
- Develop and trust your inner vision
- Learn how to facilitate creative healing expression for individuals and lead moon circles online and in person.
- Join in the community of sacred feminine creative healers

This program is rich and intense, it is the result of 18 years of intuitive healing practice and training.

It is a training as well as a healing process, the more work one has done on oneself the readier one will be to include these processes into one's own healing practice. Everyone following their own rhythm and timing it wont be expected to be equally of use to all who

will participate. But one thing for sure, it will be a deep healing process of one's own sacred feminine and masculine polarity, which in itself is a mindfulness healing process.

Trainees will leave with healing, inspiration, tools, and hopefully an enthusiastic and creative eagerness to share this with the world.

WHAT'S IN THE TRAINING PROGRAM:

The Program includes 7 Processes, one can follow them all or choose the ones or one which fit best their need at the moment.

- 1-Initiation to the Creative Process (Activating the artist's within)
- 2-Initiation to the Intuitive Process (Activating the intuitive healer within)
- **3-Recycl'Art Healing Process** (From the personal portrait to the inner structure, 10 personal and universal topics to explore one's inner psyche with creative expression and visualisations)
- **4-Chakr'Art Healing Process** (The Inner Child, Activating and Purifying the Chakras, a personal vision quest into one's life journey)
- 5-Self Rebirth in Trust Healing Process (Exploring one's fears and how to heal and go through them with vision quest, soul-mapping and creativity)
- **6-Sacred Feminine Healing Process** (How to manifest the Kahena within in 10 Sacred Feminine Archetypes thru one's feminine lineage healing, new cycle energy , mission and moon-name)
- **7-Sacred Union of the Feminine and Masculine Energy** (How to heal one's ancestors couple history, Yin and Yang energy , one's balance of feminine and masculine principals and unite them in a sacred union)

Each session is recorded (video and audio) and sent out to help integrate and create one's own step by step practitioner booklet

For whom?

Practitioners and professionals in the Helping Relations and / or energy healing, art therapists, doctors, coaches, yoga teachers, teachers of philosophy, art, sociology or spirituality.

How?

- Online individually (all the sessions)
- Online as a group (monthly group circle)

Validation

At the end of this Training / Healing there is no certification, but a document testifying that the candidates have followed and finished the entire processes they choose to be initiated in. Candidates remain free to use the tools in their practice according to their discernment. There is no supervision except on request, taking into account the fact that this training is intended for professionals already committed to codes of ethics and professional conduct.

What's expected in the Memoir?

- 1-Feedback on how one has been accompanied and how the approach can positively impact one's life experience and healing.
- 2-Presentation of one's own step by step sessions booklet.
- 3-Photos of one's creative healing expression included in the composition of the memoir.

When to Start?

Individual online session begin as soon as mutual availability is confirmed by making an appointmen. A short video FREE interview will be scheduled to help answer questions and present one's own personal healing journey before selecting which program will fit the best.

Art Supplies

A list will be sent by email, there is also a FB group page of the candidates training this

year where all informations are shared there as well.

Training / therapy Rate

Online individual sessions (the duration of each session varies according to the topics

covered), but on average most sessions cover 2hours.

1h: 350MAD

1h30: 500MAD

2h00: 600MAD

There is a discount when candidate pay the program chosen in advance , between 15 to

18% less.

Some sessions cover 10/11/20 or 22hours and are given once a week in average during 2h.

The monthly group session is free of charges

The sessions are reserved at least 24 hours in advance and can be canceled from 48 to 24

hours before. Otherwise they are due

Terms of Payment

1) By bank transfer (Morocco, France or USA account)

2) By Wafa cash, Western Union or other

3) By check (Morocco)



Salima Luna Ghazal Raoui, an international Abstract Artist and Teacher, Spiritual Teacher and Art Therapist, Practitioner in Integrative Therapies, has lived in the USA for more than 20 years

She is trained in:

Reiki 1 and 2 (USA 1998-2008)

Sufism in an international Sufi multi-faith school, as a student (2001) and a spiritual teacher since 2010 (California, USA)

PRH or Personality and Human Relations a Methodical Self-Analysis Helping Relation School (USA 2000 to 2009)

EFT or Emotional Freedom Technique (USA 2008)

Shamanic Vision Quest and Healing (USA 2008)

Shamanic Moon Circles or Moon Ceremonies in the Sacred Feminine (USA 2008)

Chakras Activation and Purification from a psychotherapeutic approach to shamanic healing (USA 2008)

© Hypno-Resonance psychic hypnosis by Lise Bartoli (Casablanca 2012)

Dream Dialogue in the Jungian Dreams tradition by the Utah Jung Society, Salt Lake City , Utah, USA 2014)

Shamanic plant medicine healing and trance-vision with Ayahuasca in the Sacred Feminine at the Shipibo Indian shamans, Peruvian Amazon forest at the Temple of the Way of Light (Amazon Peru, 2011)

Creation of her own healing creative sacred feminine approach ECC (Awakening thru Conscious Creativity) or ABB (Art Being and Becoming) since 2002, practice, training and supervision for 18 years

In the transmission of her ECC approach she includes the influence of some of the tools received re-visited with her touch and personal experience for more than 19 years.

Salima also attended (apart from her annual artist residencies and studies in Philosophy Literature, Psychology and Anthropology during her training in Interior Architecture in Belgium) the following internships, retreats and therapies:

PRH, Reiki, Rebirth, Kabbalah, Sufism, Breathing Art of Living, CNV Nonviolent Communication, Silence, Yoga (Hatha, Bikram and Kundalini), Qi Qong, Acupuncture, Bioenergy, Feng Shui, Cellular Re-programming, Dance of the Universal Peace and Dance of the 5 Rhythms with Gabrielle Roth in New York.

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