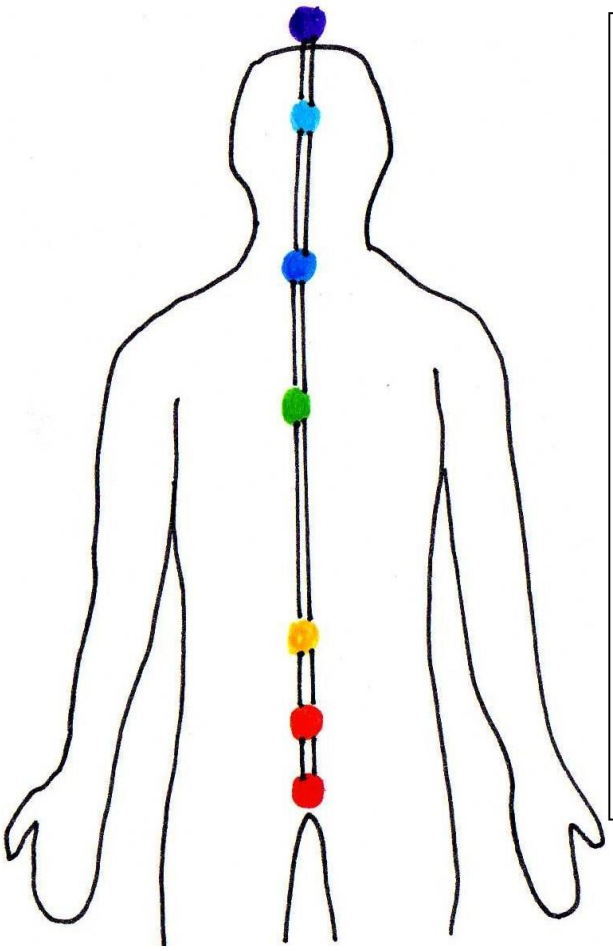
Les Chakras



7 – Violet - Couronne

6 – Indigo – 3ème Oeil

5 – Bleu - Gorge

4 – Vert – Cœur

3 – Jaune – Plexus solaire

2 – Orange – Rate

1 – Rouge - Racine