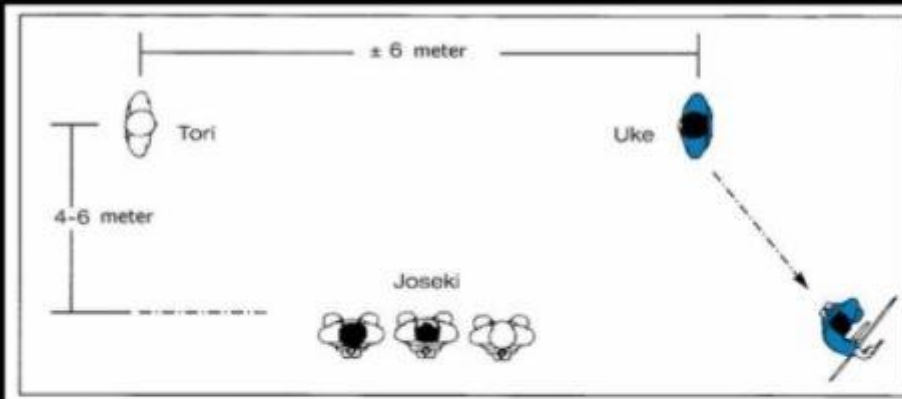


Goshin-Jitsu-No Kata 1E DEEL



1 RYOTE-DORI



2 HIDARI-ERI-DORI



3 MIKI-ERI-DORI



4 KATA-UDE-DORI



5 USHIRO-ERI-DORI



Goshin-Jitsu-No Kata 2E DEEL

6 USHIRO-JIME



7 KAKAE-DORI



8 NANAME-UCHI



9 AGO-TSUKI



10 GANMEN-TSUKI



Goshin-Jitsu-No Kata 3E DEEL

11 MAE-GERI



12 YOKO-GERI



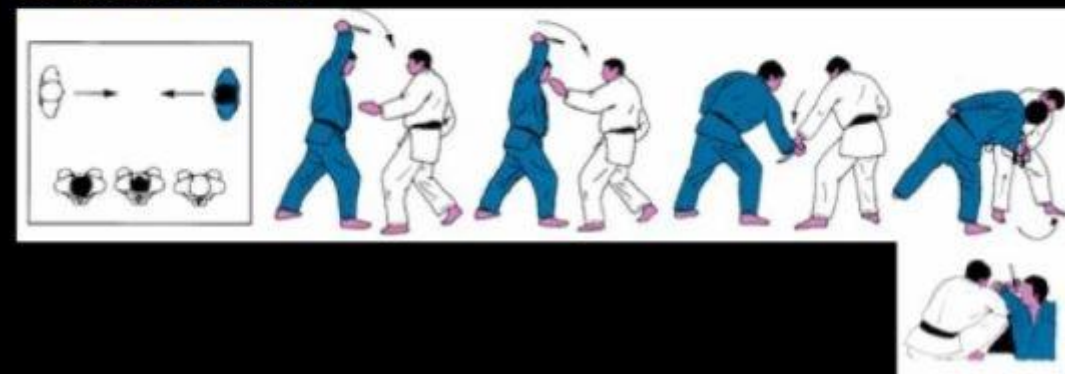
13 TSUKKAKE



14 CHOKU-TSUKI



15 NANAME-TSUKI



Goshin-Jitsu-No Kata 4E DEEL

16 FURI-AGE



17 FURI-OTOSHI



18 MOROTE-TSUKI



19 SHOMEN-TSUKI



20 KOSHI-GAMAE



21 HAIMEN-TSUKI

