

You Are The Reason Baby

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Choregraphie par : Alison Johnstone (Nuline)

Description : 16 temps, 2 murs, Débutant, Mars 2018

Musique : You Are The Reason (Duet Version) – Calum Scott & Leona Lewis – iTunes

NO TAGS OR RESTARTS

Start: On the lyric HEART (4 counts in)

(1-4) WALK, WALK, WALK, (WALKS HAVE SWEEPS), MAMBO,

1, 2, 3 Walk fwd Lft sweep Rt fwd, Walk fwd Rt Sweep Lft fwd, Walk fwd Lft sweep Rt
4&a Rock fwd on Rt, Recover on Lft (&), Step back on Rt (A)

(5-8) BACK, BACK, BACK, (BACK WALKS HAVE SWEEPS), BEHIND, ¼ LEFT, STEP (9.00)

5, 6, 7 Step back on Lft sweep Rt back, Step back on Rt sweep Lft back, Step back on Lft sweep Rt back
8&a Step Rt behind Lft, ¼ Turn over Lft stepping fwd on Lft (&), Step fwd on Rt (9.00)

(9-12) LUNGE, RECOVER, STEP LEFT TOGETHER, BACK, COASTER

1, 2 Lunge fwd on Lft reaching Rt arm fwd, Recover on Rt
a3 Step Left beside Rt (A), Step back on Rt
4&a Step back on Lft, Step Rt together (&), Step fwd on Lft (A)

(13-16) PIVOT ¼ LEFT, TOGETHER, SIDE, COASTER

5, 6 Step fwd on Rt, Pivot ¼ over Lft transferring weight to Lft
a7 Step Rt beside Lft (A), Step Lft to side
8&a Step back on Rt, Step Lft together (&), Step fwd on Rt (A)

Ending: Complete coaster step (4&A), you will be facing 9.00 – Simply Step onto Right turning to front

NOTE: This is a great way to get your beginners used to a rolling count dance. I am often asked what the &a refers too and I find this the easiest description. You will hear a Viennese waltz beat 1,2,3 4,5,6. Rolling count works with those same beats however replace with 1&a, 2&a.



Thank you Jan for the music and PLEASE NOTE this dance can also be used with the Calum Scott version as a split floor to any harder dance using that version.

THIS DANCE HAS VERY EASY STEPS AND NO TAGS OR RESTARTS SO RELAX AND ENJOY

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