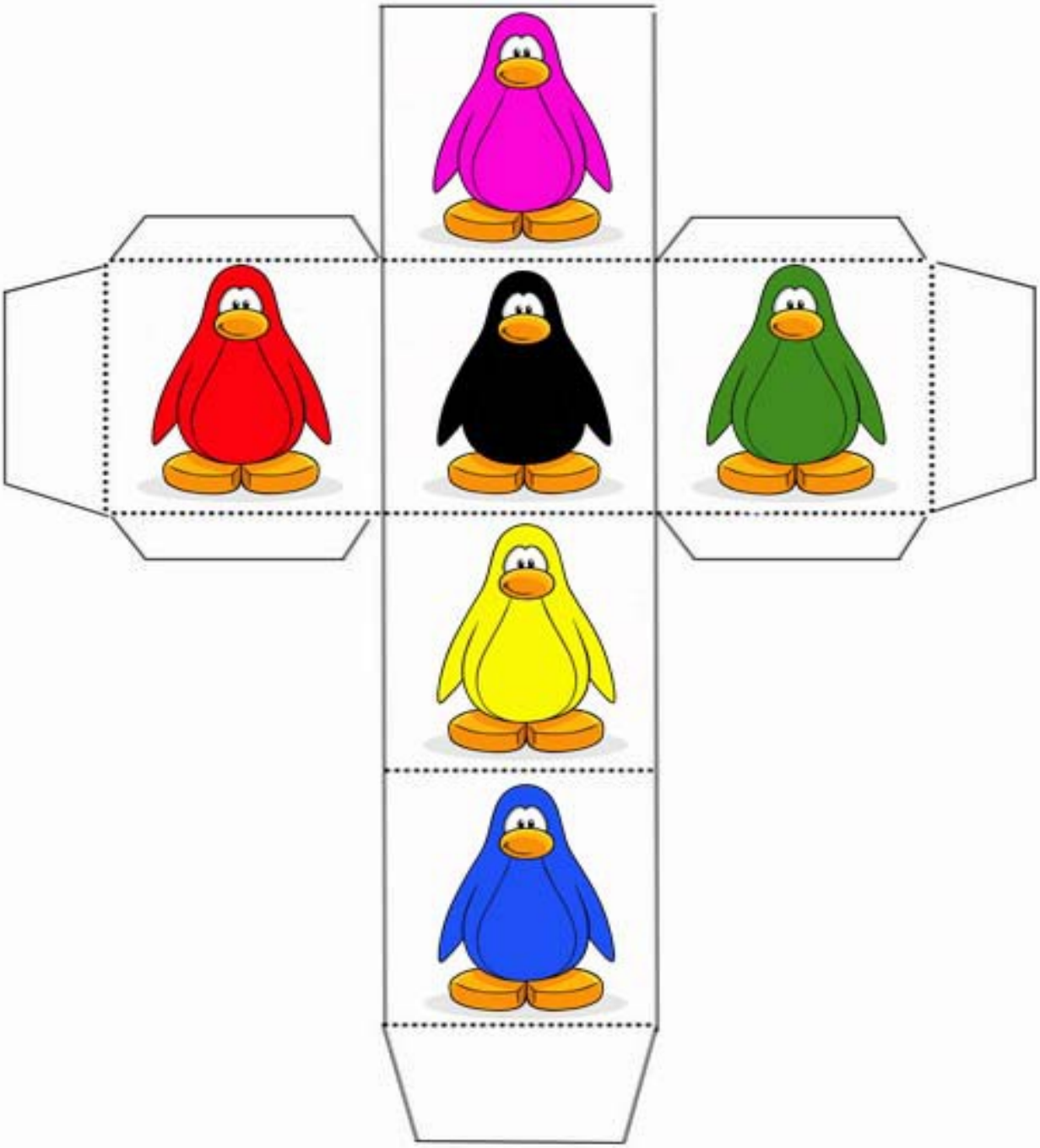Un an d'école