

Bianca Blouse with Embroidery



The Bianca Blouse is a relaxed fit women's top with set-in sleeves, gathers at the bicep, and open loose around the wrist. The front has a deep V-neck with facing on the front and back neckline. There are angled darts on the side front and waist darts on the back to define a fitted shape. To allow for more comfort and movement there are side slits. The top portion of the sleeves are the perfect canvas for machine embroidery along with the front neckline. Be comfortable while remaining stylish with the Bianca Blouse. Read through all of the instructions before starting, grab your machine and let's get stitching!



Supplies and Fabric Requirements

- ❑ Fabric Suggestions: Cotton, Rayon, Voile, linen, and other light to medium weight woven materials. Extra fabric recommended to match one-way prints, plaids, or stripes
 - 44/45" (112 cm) wide - 2-1/3 yards (2.13 meters)
 - 60" (153 cm) wide - 1-1/2 yards (1.37 meters)
- ❑ 1/3 yard (0.3 meters) Fusible Interfacing
- ❑ Iron on Tear-Away stabilizer
- ❑ BERNINA sewing, embroidery machine (with Maxi hoop), and serger
- ❑ Threads:
 - ❑ Sewing thread with matching bobbin "Metrosene" (Mettler)
 - ❑ Serger thread 4 cones "SeraFLEX" (Mettler)
 - ❑ Embroidery thread "Polysheen" (Mettler) in 13 colors
- ❑ Needles:
 - ❑ Universal 80/12
 - ❑ Embroidery 75/11
- ❑ Marking pen or transfer paper/tracing wheel combo
- ❑ Fabric Shears
- ❑ Clips or Pins
- ❑ Iron with steam and pressing surface
- ❑ Tailors ham
- ❑ Bianca blouse pattern
- ❑ Printer and paper
- ❑ Tape or glue stick
- ❑ Embroidery file for sleeve design and front design

Women's Size Chart

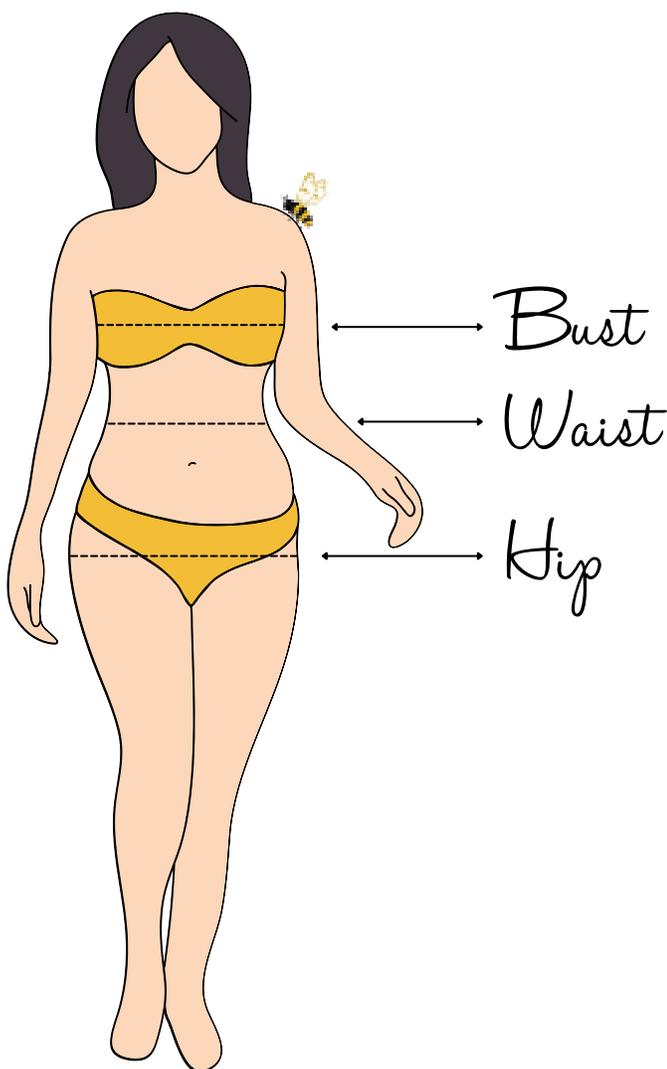
How to measure:

Measure with same undergarments you plan to wear when the garment is finished, i.e. bra, pantyhose, etc.

Bust: Measure around the body, under the arms, and across the fullest part of the bust. Make sure the tape measure is straight across the back. Take a deep breath in expanding the chest. Use the fullest measurement for maximum comfort.

Waist: Use a string or small piece of elastic and tie around where the natural waistline is. Move from side to side to ensure the placement continues to land on the waist. Measure around the body at waist level.

Hips: Measure around the body at the maximum part of the hips/thighs, whichever is largest. If the largest part is the thighs, keep measuring tape on and measure in the seated position. This will provide the true largest hip and will provide maximum comfort.



Inches

SIZE	BUST	WAIST	HIP
S	37"	27"	40"
M	39"	29"	42"
L	42.5"	32"	45.5"
XL	46"	36"	49.5"
2XL	50.5"	39.5"	53.5"
3XL	52.5"	41.5"	55.5"

CM

SIZE	BUST	WAIST	HIP
S	94	68	101
M	99	74	106
L	107	81	115
XL	116	91	126
2XL	128	100	136
3XL	133	105	141

Sewing Instructions: Seam Allowance ½" (1.27 cm), Sleeve hem and bottom hem 1" (2.54cm)

1. Cut pattern pieces accordingly. Transfer front and back darts to fabric with marking pen or transfer paper and tracing wheel.
2. Serge with 4-Thread overlock around the outside of the **Front, Back, Top Sleeve, and Bottom Sleeve**.
3. Add embroidery: Depending on the material, use appropriate stabilizer and hooping methods for the materials. Reference Sue O'Very-Pruitt's book, **Pocket Guide to Stabilizers**, for additional stabilizer selection assistance. If using a woven material, fuse the Iron on Tear-Away stabilizer to the wrong side of the fabric, hoop and embroider the two sleeves and the front neck area.
4. Fold darts right sides together and stitch with regular sewing machine, back stitch at the beginning and end of each dart. Press darts flat. Press front darts towards the bottom hem. Press back darts towards center.
5. Press the scratchy side of the **Fusible Woven Interfacing Front and Back Facings** to the wrong side of the **Front and Back Facings**, follow manufacturers pressing instruction. These are now the **Front and Back Facing** pieces. Serge each shoulder seam of the **Front and Back Facings** flat with 4-Thread overlock. Place the **Front and Back Facing** pieces right side together and sew the shoulder seams. This is now the **Facing**. Press the **Facing** seams flat and then press seams open. Serge around the outside of the **Facing**. Do not serge the neckline of the **Facing** as this will be stitched and cut down in the next step.
6. Place the **Front and Back** blouse right sides together and sew shoulder seams. Press seams flat and then press seams open. Place **Facing** right sides together with the **Front/Back neckline**. Pin in place. Sew **Facing** to the **Front/Back neckline**. Trim seam to ¼" (.63 cm) and clip center "V". Press neckline seam towards the **Facing** side. Stay stitch **Facing** to **neckline** seam allowance. Press **Facing** open. Fold wrong side of **Facing** to touch wrong side of **Front/Back** neckline, press flat. With "stitch-in-ditch" method, tack **Facing** at shoulder seams. Give neckline final press. Neckline is finished.
7. With **Front and Back** blouse right sides together, pin the side seams. Sew side seam from under the armhole to the top "T" notch on side seam pieces. This is the top of the side slit. Press side seams flat. Press side seams open from under the armhole to the bottom hem. Top stitch each side slit using 3/8" (.95 cm) stitching from the hem to the top of the slit, across, and down to the other side. Press hem up 1" (2.54 cm) towards the wrong side. Hem bottom of blouse on the front and back with ¾" (1.90 cm) top stitch. When top stitch is finished, press the hem, side seams, and slits flat.

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Sewing Instructions: Seam Allowance $\frac{1}{2}$ " (1.27 cm),
Sleeve hem and bottom hem 1" (2.54cm)

8. With favorite gathering method, gather the top portion of the **Bottom Sleeve** at $\frac{1}{4}$ " (.63 cm) to fit into the bottom portion of the **Top Sleeve**. Place right sides together, pin and stitch the two sleeve pieces right side together. Repeat second sleeve. Press each sleeve seam towards the **Top Sleeve** and top stitch securing the sleeve pieces together so the gathers lay nicely. Press sleeve flat. Fold each sleeve right sides together aligning the sleeve inseam. Pin together and sew, notice the notched out portion of the **Bottom Sleeve** for the hem and follow the seam when stitching. Press each sleeve inseam flat and then open, clip into the 1" hem notch as needed. Press up the 1" (2.54 cm) hem and stitch with $\frac{3}{4}$ " (1.90 cm) top stitch. Sleeves are finished and ready to be set into armhole.
9. Slightly gather the top portion of the sleeve cap from front "T" notches to back "T" notches to help ease the sleeve cap into the armhole. Pin in place right sides together. Sew sleeves into armholes. Press sleeve seams with a tailors ham towards the blouse.
10. Give final press to the blouse and wear!

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