

Project and Instructions for December 2003/January 2004

Silk Keepsake Pouch

by Sue Pennington Stewart



POUCH PATTERN

Pouch finishes 5-3/4 x 7-1/2 inches folded. If you have a special Valentine card, make your pouch to fit the card.

1. Cut a paper rectangle 17-1/2 x 8 inches.
2. Fold in half lengthwise. Make a mark 1-5/8 inch from top edge on side edges. Draw a straight line using a ruler or straight edge from tip of fold to side mark (*fig. 1*). Cut to create center point on flap. Set aside to use after embroidery.

EMBROIDERY and LACE HEART

1. Cut a piece of fabric large enough to fit in embroidery hoop and enough for cutting out pouch pattern.

MATERIALS

- Dimensions are given for pouch pattern.
- Pink Victorian Vine silk dupioni (MPC)
- Lining fabric (batiste, broadcloth, or silk)
- 1/2-inch lace insertion for heart (L-2/778) (MPC)
- Size 100 needle for pinstitch (optional)
- Wash-away or tear-away stabilizer
- Mettler 60wt or 80wt white thread

- Sulky® Rayon Machine Embroidery Thread
 - #1148 coral (heart, flowers and pouch edge)
 - #1236 silver (leaves)
 - #77 avocado (vines)
 - #1033 dk orchid (purple flower petals)
 - #1124 yellow (flower centers)

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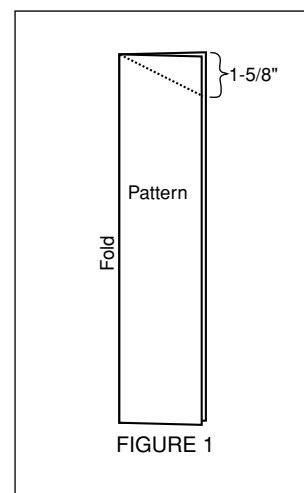


FIGURE 1

2. Press in half lengthwise to find center. Hoop fabric with two layers of stabilizer beneath. Align crease with vertical marks on embroidery hoop.
3. Center heart design and stitch out. Change thread colors in the following stitch order:
 - 1 – #1148 coral (heart, and pouch edge)
 - 2 – #1236 silver (leaves)
 - 3 – #1177 avocado (vines)
 - 4 – #1148 coral (flower petals)
 - 5 – #1033 dk orchid (purple flower petals)
 - 6 – #1124 yellow (flower centers)
4. Remove from hoop and remove, or wash out stabilizer.
5. Before cutting out pouch, shape lace heart using template provided. Trace heart design provided around embroidered heart. Pin to a pinning board or piece of cardboard. Start end of lace at top center point of heart and pin outer edge of lace along design line. Miter lace at bottom point. Fold back lace end at top point and let tails lay flat for now (*fig. 2*). With tip of a needle, pull one thread on inside header edge of lace to draw up lace and shape it to a curve (*fig. 3*). Lightly starch and press curves with pins still sticking out of board.
6. Remove pins from board and pin lace flat to fabric. Take fabric to sewing machine and straight stitch or zigzag along each edge with 80wt thread. Do not worry about tails, just stitch over them (*fig. 4*).
7. Clip tails to stitching. Turn lace heart over and make a clip in silk between stitching to cut down center of silk behind lace, clip curves, and spread silk open to expose lace, and press (*fig. 5*).
8. Zigzag along miter folds and trim little triangular miter fold from back side.
9. Set machine for a pinstitch (L=2.5; W=2.0) using size 100 needle and the 80wt thread; stitch around both edges of lace on right side.
10. Trim excess silk fabric to stitching on back side to neaten up.

ASSEMBLY

1. Place rectangle pouch pattern over lace and embroidered heart. Center pattern so that end of heart is 3/8 inch from seam line at point. Cut out.
2. Cut out one lining piece.
3. Place lining to silk with right sides together and stitch a 1/4-inch seam all the way around leaving a 3-inch hole for turning (*fig. 6*).
4. Turn inside out and press edge seams well. Press under 3 inch opening and edge stitch or zigzag closed.
5. Thread machine with coral embroidery thread in top and bobbin and set for a tight satin stitch (W=4.0) about 1/8 inch wide and stitch off edge of fabric (if tunneling occurs, use strips of stabilizer under work while stitching). Satin stitch entire edge of pouch.
6. Fold bottom third of pouch up 5-1/2 inches and pin. Machine zigzag (L=1.0; W=2.5) edges together using same thread. Tack well at each end to secure (*fig. 7*).
7. Fold embroidered flap down and press.

Sue Pennington Stewart is the "Sue Says" columnist for *Sew Beautiful* magazine. She is also a teacher and project designer for Martha Pullen Company. She has her own pattern and design business called Fit for a Princess (www.fitforaprincess.com).

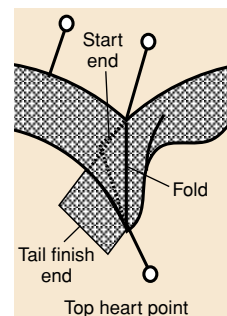


FIGURE 2

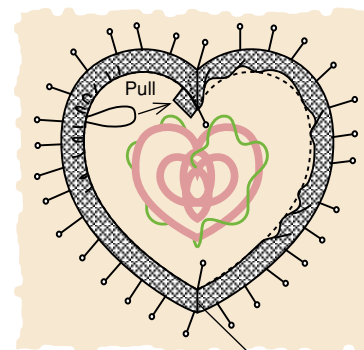


FIGURE 3 Miter

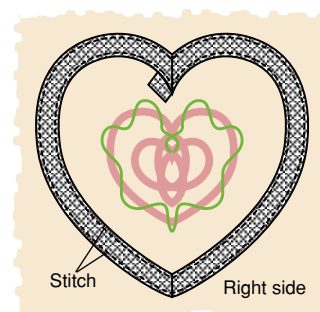


FIGURE 4

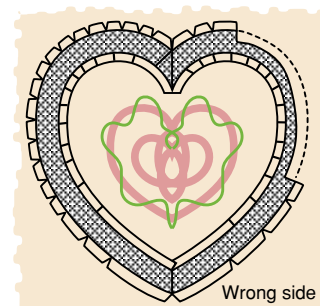


FIGURE 5

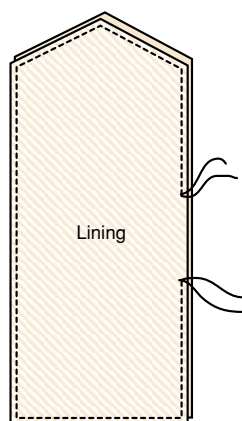


FIGURE 6

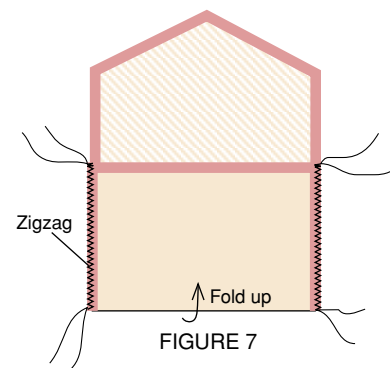
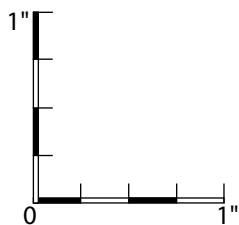
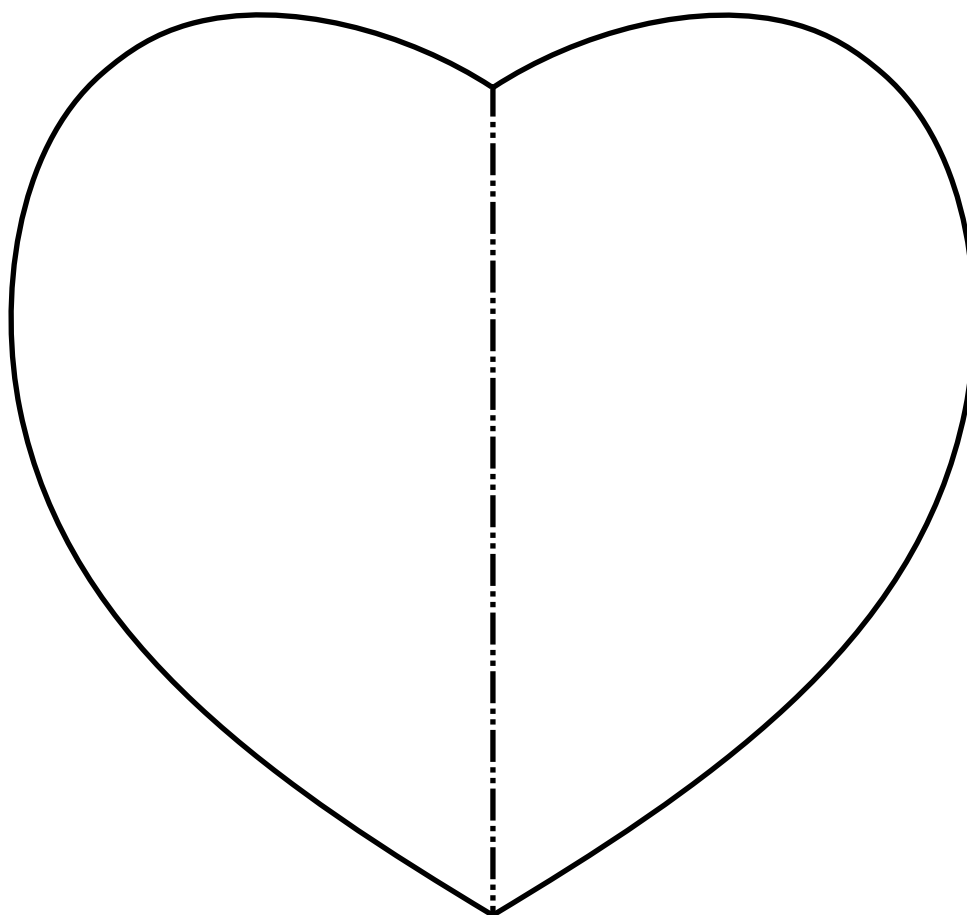


FIGURE 7

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