

Hand Embroidery Project and Instructions for December 2003/January 2004

Heart Sachet

(Finishes 5-1/2 inches square)

by Martha Demere

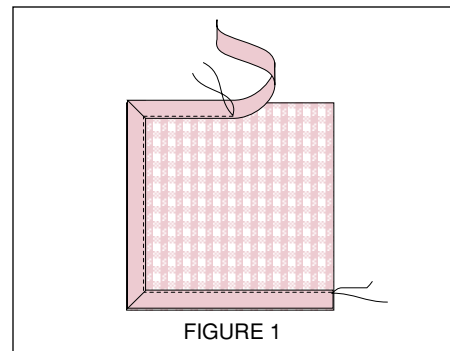


MATERIALS

- One 6-inch and one 8-inch square of silk organza
- Two 6-inch squares of pink gingham check (cotton or silk)
- 1 yd of 1/2-inch med to dk pink satin, silk, or ombre ribbon for edge
- Pink or iridescent sequins 5mm (optional)
- Eight 1/2- or 5/8-inch mother of pearl two hole buttons
- Pink sewing thread
- DMC Embroidery Floss
 - #501 dk green (Celtic heart)
 - #3023 putty (vine)
 - #3064 sage (vine leaves)
 - #333 purple (flowers)
 - #3731 dk pink (rose centers)
 - #957 med pink (rose petals)
- 5-inch embroidery hoop
- #9 Crewel needle for shadow-work and embroidery
- #9 Milliner's or #10-12 Sharp needle for bullions

ASSEMBLY

1. Cut two 6-inch squares of gingham and one of silk organza.
2. Place 1/2-inch-ribbon edge to right side of gingham square edge, miter corners and straight stitch along inside edge of ribbon (*fig. 1*).



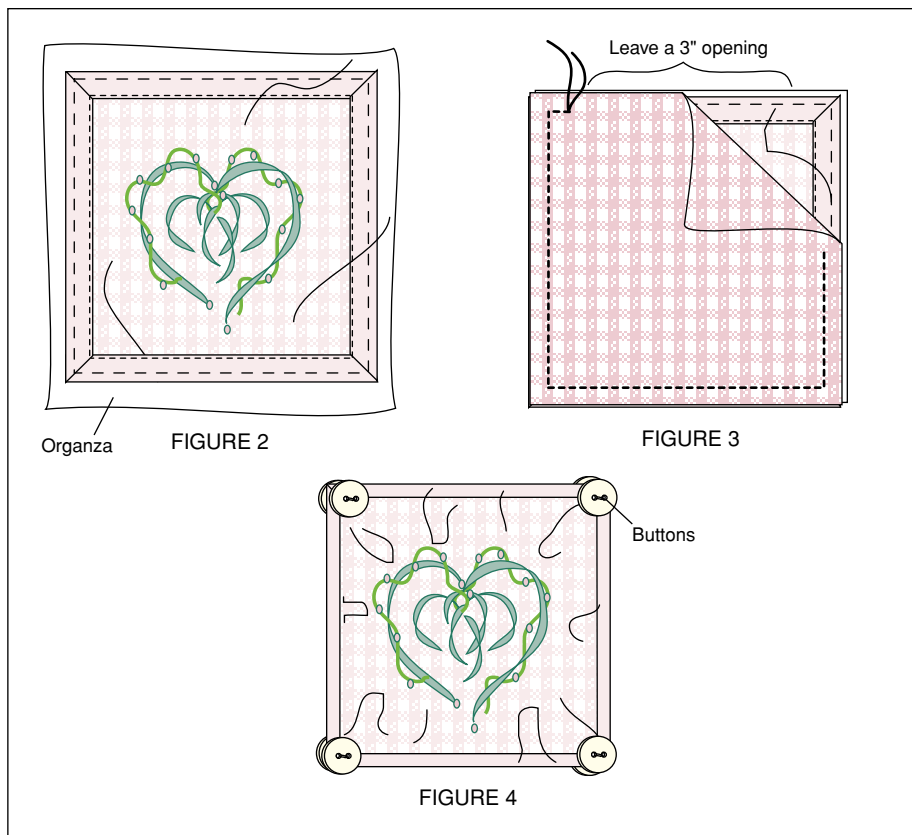
EMBROIDERY

Use a single strand of floss for each.

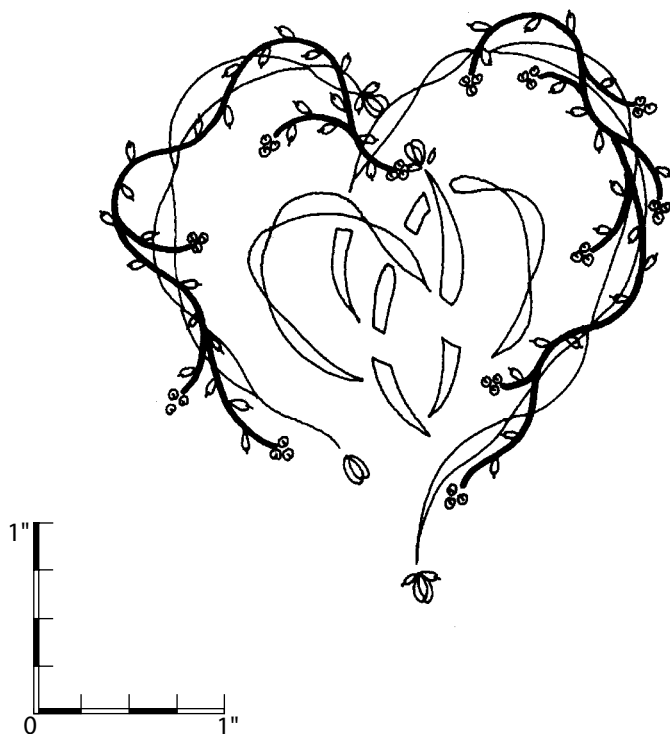
1. Trace embroidery template to 8-inch square of organza using a fine-tipped mechanical pencil.
2. Hoop silk organza and shadow stitch Celtic heart ribbon with #501 in a #9 crewel needle.
3. Stem stitch vines with #3023 in a #9 crewel needle.
4. Stitch lazy daisy leaves to vine with #3064, and single-wrap French knot flowers with #333 using a milliner's or sharp needle.
5. Stitch an eight- to nine-wrap bullion in #3731 for center roses. Stitch a 10- to 12-wrap bullion on each side of center using #957.
6. Stitch sequins randomly over surface using about six buttonhole stitches (stay inside seam lines).

3. Center embroidered organza over ribbon edged gingham and baste around square 1/8 inch from gingham edge. Trim organza to equal gingham square (fig. 2).
4. Place second square of organza to right side of embroidery, then remaining square of gingham right side down on top of organza. Straight stitch all around with a 1/4-inch seam allowance leaving a 3-inch opening on one edge for turning (fig. 3).
5. Turn sachet right side out and press seams. Fill with scented potpourri or scented pellets, and hand whipstitch opening closed.
6. Sandwich each corner with two pearl buttons and stitch buttons together through layers (fig. 4).

Martha Demere is a fine needlework enthusiast and has studied embroidery in France and England. Her work is often featured in *Sew Beautiful* magazine. She will share embroideries on a baby layette in the coming 2004, May issue of *Sew Beautiful*, and an advanced embroidered monogram pillow in November, 2004.



FULL-SIZE HAND EMBROIDERY TEMPLATE



Please use this scale to verify that you are printing at 100%

Hand Stitch Key	
	Shadowwork
	Stem Stitch
	Lazy Daisy leaves
	French Knot flowers
	Bullion Rose

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