

Gingerbread Man Project

By Nancy Smith

This design is presented in two different sizes, the larger one is 13.5 inches tall and the smaller one is 12 inches tall. The smaller one can be completed in the 5 x 7 inch hoop. The larger version requires 9 x 6 inch hoop. These instructions are for the larger version, but should be the same for the smaller version, except for hoop sizes and fabric sizes.

Materials Needed for Project:

- ½ yard fabric of choice for Gingerbread Man front sections
- ½ yard felt for backing of Gingerbread Man sections
- Heat & Bond Lite (2- 5 x 12 inch squares)
- Temporary Adhesive Spray
- Thread-Brown, Red, Pink, Green, and White
- 5 small buttons - ½ inch (13 mm)
- Water-soluble stabilizer (Enough for four hooping----1 for 4 x 4 inch hoop for head; 3 for 9 x 6 hoop for body and two sets of appendages)



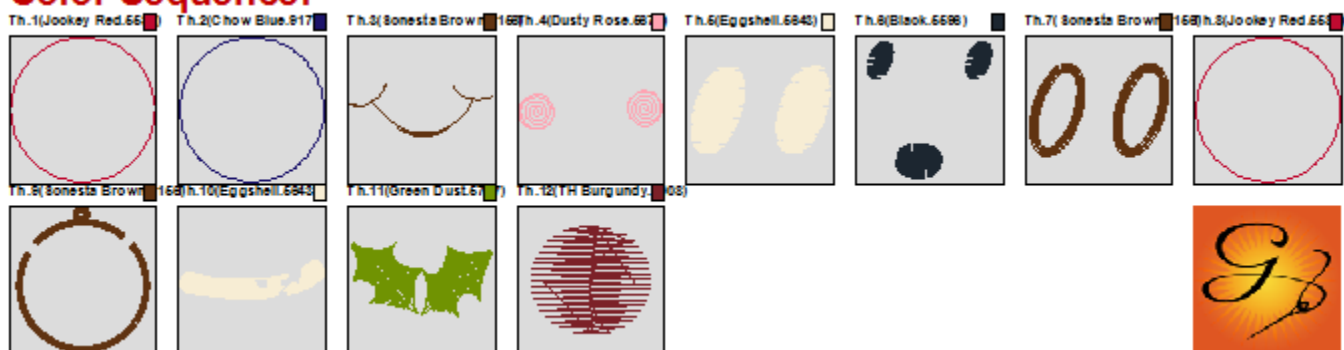
There are six embroidery files included in this set. The first three files (158-160) are for the larger version. The second three files (161-163) are for the smaller version. The arms and legs will need to be sewn out twice-one set for the arms and one set for the legs, regardless of the size you choose.

ATWNLS0158 	ATWNLS0159 	ATWNLS0160
ATWNLS0163 	ATWNLS0162 	ATWNLS0161

The Color Sequence Chart for the first file (head) is shown below. This will be for your reference as you create the Gingerbread Man. The color sequences for the body and appendages have also been included.

Head

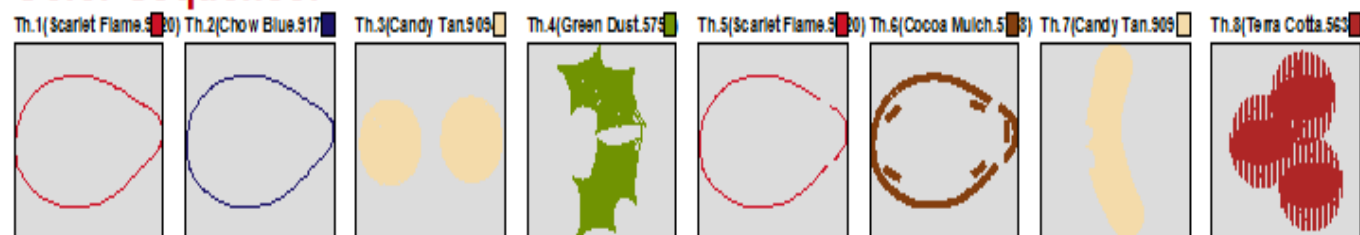
Color Sequence:



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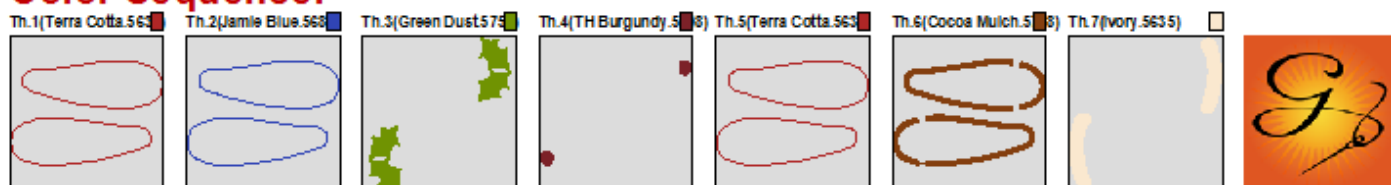
Body

Color Sequence:



Arms/Legs

Color Sequence:



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Procedures:

To Create the Gingerbread Man's Head

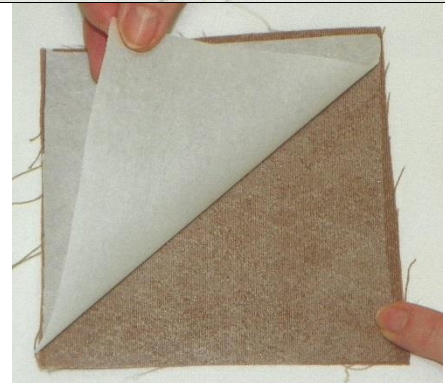
1. Hoop water soluble stabilizer in the 4 x 4 inch hoop (or larger).



2. Cut three pieces (**5 x 5 inches each**) for the head as indicated below:
 - a. One from the **front fabric**
 - b. One from **Heat-n-Bond Lite**
 - c. One from **brown felt**



3. To prepare the fabric for applique, press the Heat & Bond Lite to the back of the head fabric, let cool, and remove paper backing as shown in the picture to the left.



4. Transfer head file (ATWNLS0158-larger size) to your sewing machine and attach the hoop that contains the water-soluble stabilizer.
5. Sew the first set of stitches (shown in red-placement stitches) in the color chart sequence.



6. Place the fabric (Heat-n-Bond backed) right side up over the placement stitches-making sure it is completely covered.



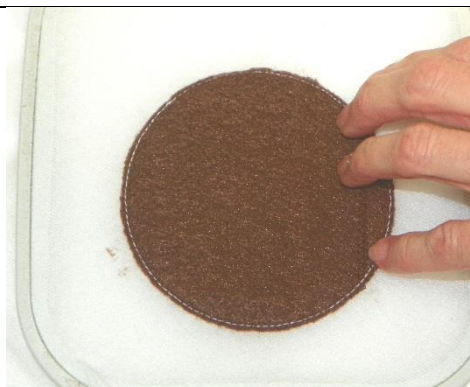
7. Sew 3-7 on the color chart.



8. Remove hoop from machine and use temporary spray adhesive to place the felt on the back of the design. Lay on a flat surface and hand press the design from the front of the hoop.

9. Sew #8 on the color sequence chart.

10. Remove hoop from machine (*Don't remove fabric from hoop*) and cut away all excess fabric from the **front and back** of the hoop, then return the hoop to the machine.



Trimming of excess fabric has been completed as shown here. (Front & Back)

11. Change bobbin thread to dark brown, the same color you are using as top thread and sew #9 in the Color Sequence Chart.

12. Sew the last three colors in the Color Sequence Chart (#10-White, #11-green, & #12-Red). Make sure the bobbin is the same color as the top thread, as these will be seen on the back.



13. Remove hoop from machine and fabric from hoop. Carefully cut around the water-soluble stabilizer. Remove any remaining stabilizer with a wet cloth or sponge.



Attach a ribbon to the loop on top of the head and the Gingerbread Man's head is now completed.



The other body parts are completed in the same way, just remember to locate the red (placement) stitches and the blue (tack-down) stitches-That is where the color sequence charts are useful. Begin with step 2 for each body part. **Reminder:** The Body and Arms/Legs will require the 9 x 6 inch (225 x 140 mm) hoop.

Sizes to cut **fabric, felt, and Heat-n-Bond** for each of the remaining gingerbread man body parts is as follows:

- **Body** - 6 x 8 inches
- **Arms/Legs** - 5 x 5 inches. . . .(Remember to sew two sets)

Once all parts have been completed:

- Cut button holes
- Place parts together and mark where to sew buttons
- Sew on buttons
- Put together the Gingerbread Man by buttoning the buttons through the buttonholes-notice the button connecting the head to the body is to be sewn on back of the head.

