

Instructions for creating the Oval Picture Frame

By Nancy Smith

Required Materials:

- 1 Fat Quarter (18 x 21 inches)
- Heat-N-Bond Lite or Steam-A-Seam (9 x 12 inch sheet)
- Magnetic Tape or Dots
- Temporary Adhesive Spray or tape (scotch or painters)
- Water-Soluble Stabilizer (enough for 1 5 x 7 hooping)
- Threads-Colors of choice to match selected fabric
- Fabric Glue (I use Aleene's Fast Grab Tacky Glue to secure magnetic strips or dots to back of the photo frame-sometimes the self-adhesive magnet strips/dots do not always stick well.)

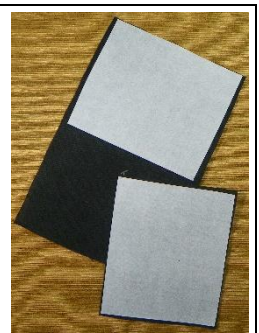


Color Sequence:



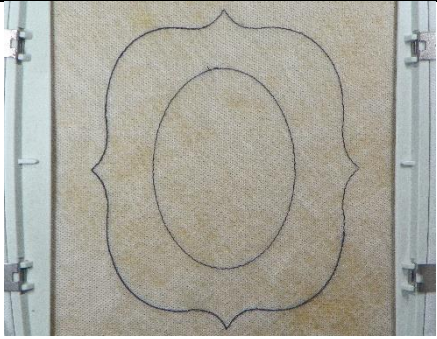



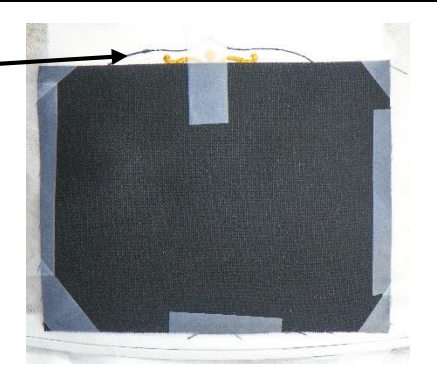
The Color Sequence Chart below will be referred to throughout these instructions.

- From Fabric cut:
 - 1 pieces each 10.5 x 6.5 inches
 - 2 pieces each 6.5 x 5.5 inches
- From Heat-N-Bond Lite or Steam-A-Seam cut:
 - 2 pieces each 6.5 x 5.5 inches
- Fold the 10.5 x 6.5 inch fabric piece in half and press one of the Heat-N-Bond pieces to the inside, remove paper back and fuse together as one piece.
- Press the other piece of Heat-N-Bond to the back of one of the 6.5 x 5.5 pieces. Remove paper backing, lay the second 6.5 x 5.5 piece over the back and fuse. The right side of fabric should be showing on both sides of the fused piece.

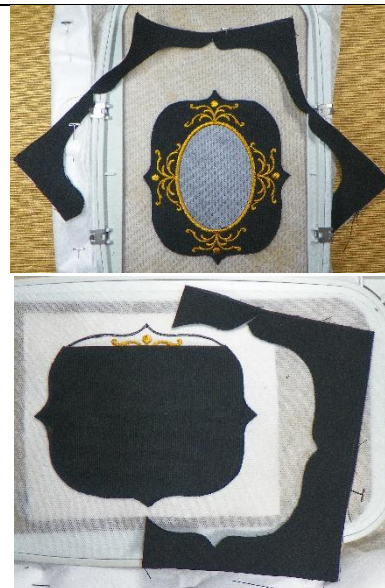


- Hoop Water-Soluble stabilizer and attach hoop to machine.



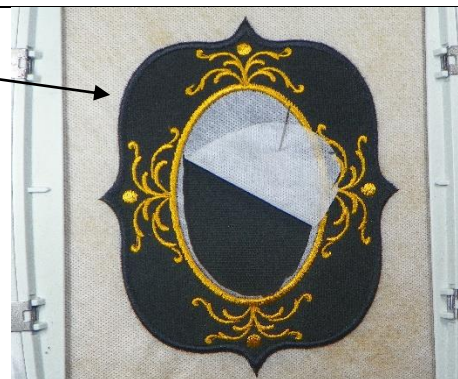
<p>6. Sew #1 in the Color Sequence Chart. These stitches will create the placement area.</p>	
<p>7. Place the piece fused together with Heat-N-Bond on top of the placement stitches-make sure all placement stitches are covered, and then sew #2 in the Color Sequence Chart. These stitches will attach the fabric to the stabilizer.</p>	
<p>8. Remove the hoop from the machine and carefully cut out the fabric from the photo frame holes. Remove only the fabric...not the stabilizer!</p>	
<p>9. Return the hoop to the machine and sew #3 in the Color Sequence Chart. This will create the frame design.</p>	
<p>10. Remove the hoop from the machine, turn hoop upside down, and place the "folded" and fused remaining piece over the back of the design. Make sure to drop the fold of the fabric ¼ inch below the top of the frame.</p> <p>11. Return hoop to machine and sew #4 in the Color Sequence Chart. These stitches will attach the back to the stabilizer and front.</p>	

12. Remove the hoop from the machine and **carefully** cut away excess fabric outside of the design on both **front** and **back** of the hoop-making sure not to cut through the stitches.



13. Return the hoop to the machine and sew #5 in the Color Sequence Chart. These stitches will create the satin border around the outside of the frame.

14. Cut away the stabilizer from the center of the frame-being careful not to cut into the satin stitches. Leave $\frac{1}{4}$ inch of stabilizer around the inside of the window.



15. Remove the hoop from the machine and the design from the hoop. Cut away stabilizer leaving $\frac{1}{4}$ inch around the design.



16. Use a wet paper towel or cloth to remove the remaining stabilizer from the design. Let design dry.



17. Attach magnetic strips or dots to the back of the photo frame.



18. Your frame is ready to receive a photo and a special place on your fridge.

