Instructions for Creating 3D-FSL Flower Designs-Set 2

By Nancy Smith











Instructions for Creating 3D-FSL-Flowers-2

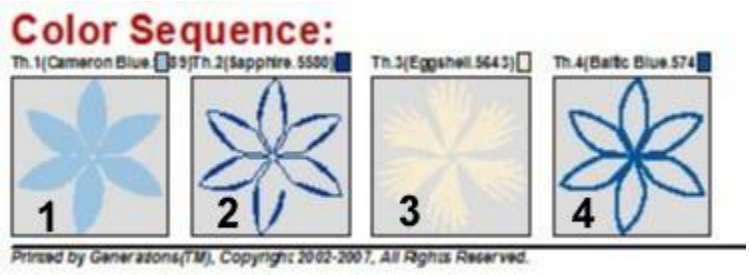
By Nancy Smith

(Designs require a 4 x 4 inch hoop unless otherwise indicated.)

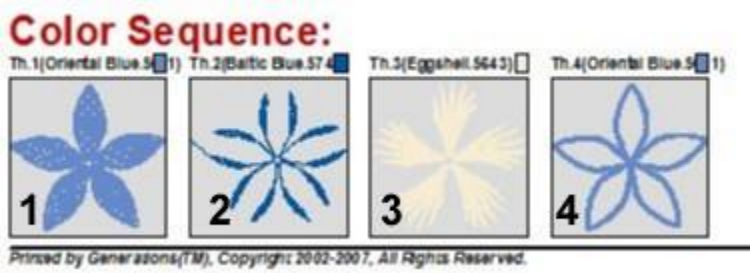
Creating the 3D-FSL Flowers

The Color Sequence Chart below will be referred to throughout these instructions

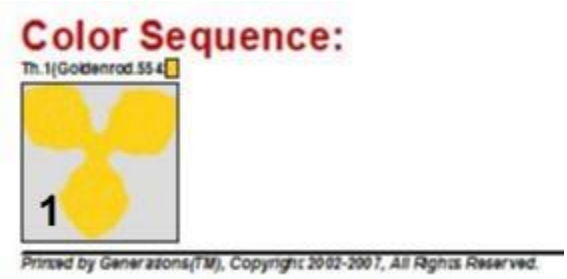
Lotus Flower-Back-ATWNLS0818



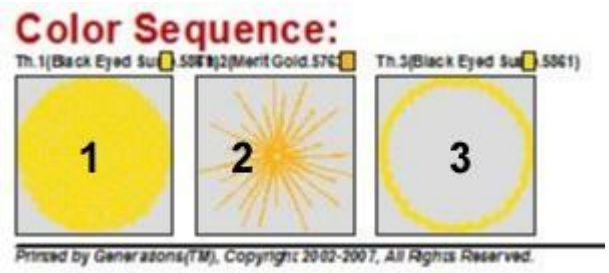
Lotus Flower-Front-ATWNLS0819



Daffodil Flower-Back- ATWNLS0820

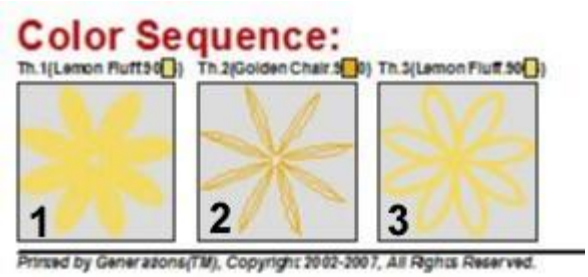


Daffodil Flower-Front-ATWNLS0821

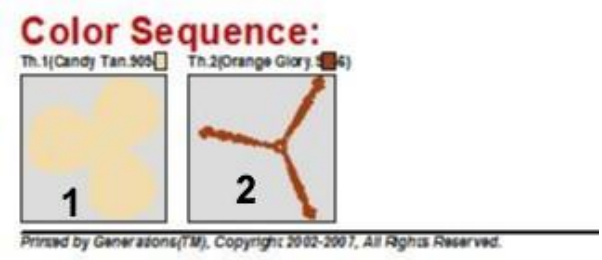


Daisy Flower-ATWNLS0822

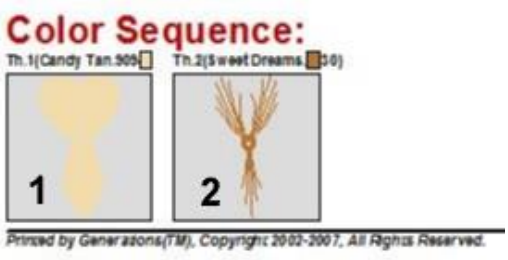
(Two of the flower parts are needed to create the Daisy flower)



Alstroemeria Flower-Back-ATWNLS0823

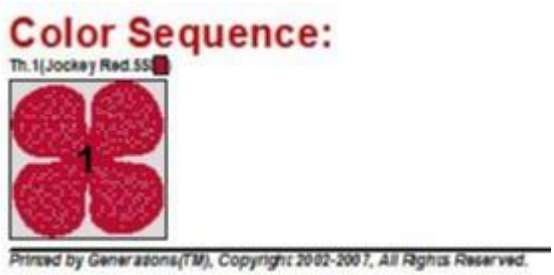


Alstroemeria Flower-Front-ATWNLS0824

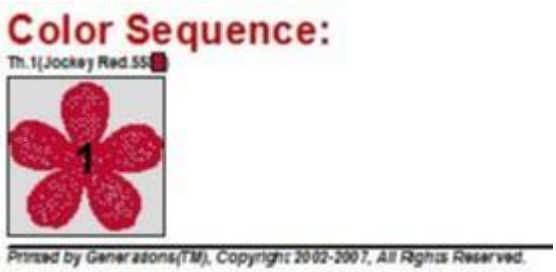


Rose Flower-Back-ATWNOS0825 (Sew 2)

Rose Flower-Middle-ATWNOS0826



Rose Flower-Front-ATWNLS0827



Required Materials for the Iris Flower:

- Thread-Colors of choice
- Water-soluble stabilizer
- Purchased flower parts for flower centers (These actually hold the flowers together)
- Floral tape
- Clothespins
- Chop stick or similar tool

To obtain the “hardware” (or plastic parts) of the various flower centers, I purchased silk flowers stems and removed parts for my FSL Flowers.

Procedure for creating the 3D-FSL Lotus Flower

1. Hoop water soluble stabilizer in a 4 x 4 inch hoop and sew out the parts for the Lotus Flower (ATWNLS0818 & ATWNLS0819) referring to the Color Sequence Charts.

2. Remove the Hoop from machine and project from hoop.

3. Cut around the flower parts to remove most of the stabilizer, leaving ¼-1/2 inch to make sure no stitches are cut accidently.

4. Hold designs under running water to remove stabilizer, blot with paper towels, and fold the outer petals upward. I use a plastic cup with a hole cut in the bottom to help shape the central part of the flower pieces.

5. Place the plastic piece in the flower top, pass it through the hole of the flower piece and add the flower back.

6. Add the bottom greenery piece (calyx) to the flower bottom and insert the floral stem.

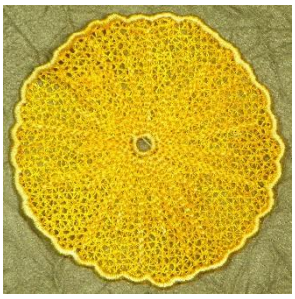
7. Once assembled, reshape the petals as desired and dry upside down. Clothespins are useful.

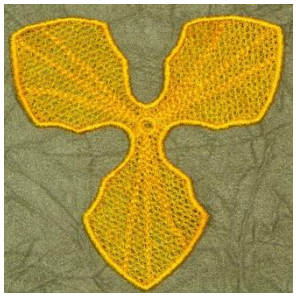
8. Wrap floral tape around the stem to finish the flower.

Flower parts from a purchased silk flower.

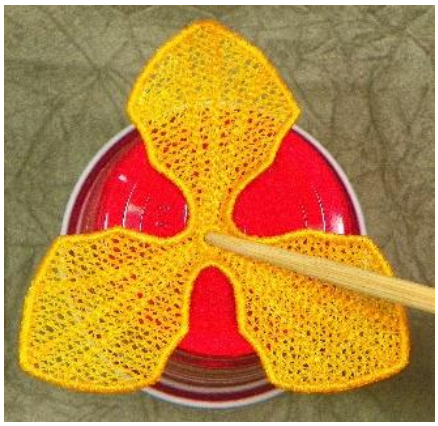
Procedure for creating the 3D-FSL Daffodil Flower

1. Hoop water soluble stabilizer in a 4 x 4 inch hoop and sew two of the flower backs (ATWNLS0819) and one flower front (ATWNLS0820) following the Color Sequence Charts given at the beginning of these instructions (Page 2).
2. Remove project pieces from hoop and cut around the various pieces to remove stabilizer-leave ¼-1/2 inch to prevent cutting satin stitches.
3. Hold designs under running water to remove stabilizer, blot with paper towels.

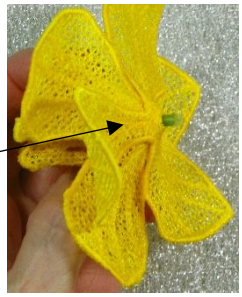




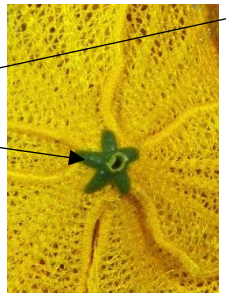
4. Working with the pieces while they are still wet, use a plastic cup with a hole cut in the bottom and a chopstick to help shape the parts of the flower.



5. Once shaped (and still wet) place the plastic center part inside the flower front.



6. Add the second section of the back to the center part and then the back part (calyx) of the flower.



7. Insert the floral wire stem, complete a final shaping of the flower and place in a cup or vase to dry.
8. Wrap floral tape around the stem to finish the flower.

Instructions for Creating the 3D-FSL Flower-Daisy (ATWNLS0822)

1. Hoop water soluble stabilizer in a 4 x 4 inch hoop and sew two of daisy flower parts (ATWNLS0822) following the Color Sequence Chart given at the beginning of these instructions (Page 2).
2. Remove project pieces from hoop and cut around the various pieces to remove stabilizer-leave ¼-1/2 inch to prevent cutting satin stitches.
3. Hold designs under running water to remove stabilizer, blot with paper towels.

4. Place flower pieces on cups to shape using a chopsticks to push center part slightly into the hole in the cup.

5. Place plastic center into one of the daisy flower parts .

6. Place second flower part on back of the first and push the plastic center through the hole.

7. Push the back greenery (calyx) over the center post and attach the floral stem.

8. While the flower is still damp, shape the petals to look more like a real daisy.

9. Set aside in cup or vase to dry.

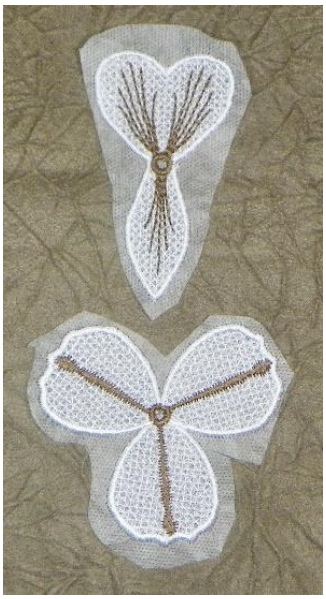
10. Wrap floral tape around the stem to finish the flower.

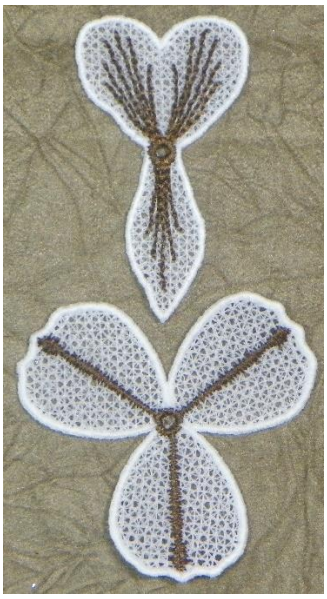
Instructions for Creating the 3D-FSL Flower-Alstroemeria (ATWNLS0823 & ATWNLS0824)

1. Hoop water soluble stabilizer in a 4 x 4 inch hoop and sew the two Alstroemeria flower parts (ATWNLS0823 and ATWNLS0824) following the Color Sequence Charts given at the beginning of these instructions (Page 3).

2. Remove project pieces from hoop and cut around the various pieces to remove stabilizer-leave ¼-1/2 inch to prevent cutting satin stitches.

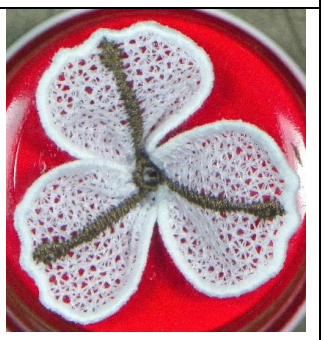
3. Hold designs under running water to remove stabilizer, blot with paper towels.





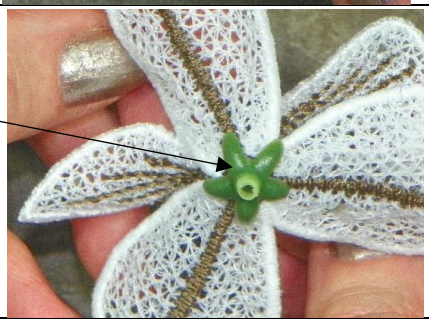
4. Place flower pieces on cups to shape using a chopstick to push center part slightly into the hole in the cup.

Flower Front

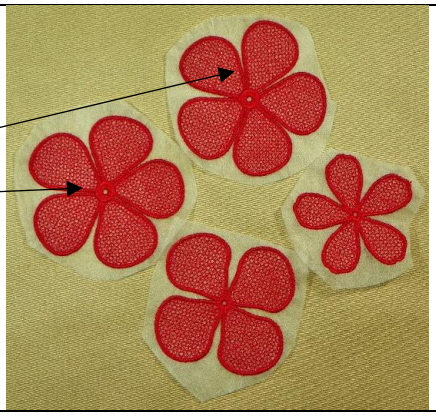


Flower Back

5. Gather the plastic parts, stem, and flower parts together.

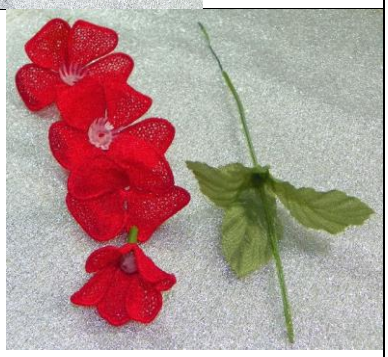
6. Insert the plastic center from the top through the first flower part (front).	
7. Add the flower back to the center plastic post.	
8. Add the greenery (flower calyx) and push firmly to secure the flower head.	
9. Insert the floral stem into the flower head and arrange petals as desired (flower is still somewhat damp.) 10. Wrap floral tape around the stem to finish the flower.	 

Instructions for Creating the 3D-FSL Flower-Rose (ATWNLS0825, ATWNLS0826, & ATWNLS0827)

1. Hoop water soluble stabilizer in a 4 x 4 inch hoop and sew the four flower parts (ATWNLS0825, ATWNLS0826, and ATWNLS0827) following the Color Sequence Charts given at the beginning of these instructions (Page 3). The rose requires two of ATWNLS0825 to be sewn. 2. Remove project pieces from hoop and cut around the various pieces to remove stabilizer-leave ¼-1/2 inch to prevent cutting satin stitches. 3. Hold designs under running water to remove stabilizer, blot with paper towels.	

4. While pieces are still wet, use cup with hole in bottom (or something similar) to shape the various parts.

5. Gather all parts of the flower and begin putting them together.
6. Push the flower center through the top flower piece, then add the next piece.
7. Use the plastic separator to the flower back.
8. Add the one of the flower backs.
9. Add the plastic separator to the flower back.
10. Add the final piece (back) and then add the greenery (flower calyx).



1.

2.

3.

4

11. Add the floral wire (stem) to the flower and again shape the petals so they resemble a rose. Fold the petal tips and let dry upside down.
12. Once your flower is dry, wrap floral tape around the stem to finish the flower.

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