

Creatin' in the Sticks



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Romantic Ruffle Flower Pillow Cover

with Anna Griffin Fabric

The secret is fusible fleece!



Carla Henton
* therm·o·web
adhesives, interfacings and more...

*Size: 13" x 13" to cover a 12" pillow form
Instructions and yardage are for one pillow cover.*

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Ruffles and Florals are both romantic and relaxing. Adding fusible fleece to the ruffles in these flower pillows adds dimension and softness.



Supplies:

[SpraynBond® Basting Adhesive](#)

[Fabric Fuse Liquid Adhesive](#)

Heat N Bond Fusible Fleece

cutting:

5 – 2" x 36" strips

1 – 2" x 16" for flower center

1 – 3" x 3" for flower center

StitchNSew Fleece Sew-In Hi Loft

cutting:

1 - 14 ½" x 14 ½"

HeatnBond Craft Extra Firm Non-Woven Interfacing

cutting:

1 – 3" x 3"

Fabrics:

Anna Griffin Charlotte Collection

Background Fabric:

½ yard Flowerets White

cutting:

1 – 14" x 14" for pillow top

2 – 13 ½" x 9 ½" for pillow back

Flower Fabric:

1 yard Blossom Pink

cutting:

4 – 5" x WOF (Width of Fabric)

2 – 2 ½" x 16 ½" for flower center

1 3" x 3" for flower center

2 – 2 ¼" x WOF for binding

Other fabric:

1 - 15" x 15" Muslin (will not be seen in final project)

Other Supplies:

Aurifil thread: 50 wt. #6727

erasable marking pen, Iron (I love my Oliso Pro), sewing machine with a ¼" foot and walking foot, sharp scissors, other general sewing supplies, pattern templates, 12" pillow form

Instructions

*All seams are stitched at $\frac{1}{4}$ " unless otherwise stated

Step 1:

Prepare the quilted background by making a quilt sandwich with muslin, high loft sew-in fleece and Anna Griffin Charlotte Flowerets White fabric. Use SprayNBond spray to baste the layers together then quilt as desired with Aurifil thread and trim to $13\frac{1}{2}$ " x $13\frac{1}{2}$ ".

Step 2:



Mark circles on the quilted pillow top by finding the center of the quilt and tracing one $1\frac{1}{4}$ ", $2\frac{1}{2}$ ", $3\frac{1}{2}$ ", $4\frac{1}{2}$ ", and $5\frac{1}{2}$ " circle in the middle with an erasable marking pen. Set the quilted pillow top aside.

Step 3:



To prepare the ruffle for the flower, sew the four 5" strips of Blossom Pink fabric end to end with $\frac{1}{4}$ " seams to form a long strip and press seams open. On the short ends of the strip, hem the ends by folding $\frac{1}{4}$ " to wrong side, pressing, folding $\frac{1}{4}$ " again, and pressing again. Fold the long strip in half lengthwise, wrong sides together and press. Fuse the strips of fleece to the wrong side of the fabric by unfolding the long fabric strip and lining the fleece up with the inside fold and snugging each strip up against the last one. This leaves a $\frac{1}{2}$ " seam allowance on the edge. Continue to fuse the fleece and then refold the fabric over the fleece and press. Using a walking foot, zig-zag the edge of the strip by catching both raw edges of the seam allowance to form a finished long strip. Stitch both short ends by edge stitching and trim any loose threads.



Now it's time to make a flower.

Step 4:



In this step, the ruffle is made by simply pleating the fabric and sewing it to the pillow top at the same time.

Start on the outside 5 ½" circle and place one end of the ruffle strip on the line. Take a couple of stitches by using a ¼" foot and placing the edge of the foot on the line of the circle. Be sure to backstitch to secure.

After taking a couple of stitches, pleat the fabric in front of the pressure foot and stitch the pleat. When there are a couple of stitches in the pleat, repeat the process of making a pleat in front of the foot and proceed the stitching. Continue this process until the outside circle is covered with pleats. Diagonal up to the next circle, never cutting the strip and stitch around all the circles working to the last inner circle. Adjust the pleats on the last circle to make the finished edge of the strip the end of the last circle. Back stitch at the end.



Step 5:



The center of the flower is created by first taking the two 16 ½" pieces and centering one with the strip of 16" fusible fleece and bonding the fleece to the wrong side. Next fold one short end on each strip ¼" to wrong side. Pin the strips right sides together and stitch on the 3 sides that aren't folded to form a tube. Turn the tube right side out, press, and top stitch both short ends. Set this strip aside.

Trace a 2 ½" circle on the smooth side (non-adhesive) on the interfacing and the fleece and cut them out. Fuse the fleece circle to the back of the 3" center fabric and cut out the circle using the fleece as a pattern. Cut a slit in the middle of the craft interfacing circle and stitch it to the fabric circle with the adhesive side towards the right side of the fabric. Stitch completely around the circle with a ¼" seam, clip the seam allowances, and turn right side out using the pre-cut slit. Push out seams for a smooth circle.



Now make the ruffle on the edge of the circle just as done before with the quilted pillow top only this time the ruffle is stitched to the edge with the ruffle going towards the middle of the circle. This will be bulky, but going slow makes smooth work of it. Take care to not catch the ruffle in the seam as it is stitched.

Optional: stuff a little fiber fill in the slit in the back of the flower center.

Step 6:



Apply a thin line of Fabric Fuse around the base of the sewn center piece and the center of the flower on the pillow top and press the center into the flower. Let this dry for 4-6 hours.

Tip: Set something heavy (like a can of vegetables) in the center to hold the flower middle down while the Fabric Fuse dries.

Step 7:



The last steps to finishing the pillow cover are to make the back envelope and bind. The back is made by hemming one 13 ½" side on each of the pillow backing pieces. Place both hems in the middle of the back of the pillow, lining up the raw edges with the pillow top's muslin back. Baste around the pillow cover 1/8". Apply the binding with desired method, stuff with the 12" pillow form, and relax with your pretty ruffled flower pillow.



Circles for Flower Pillow Cover

