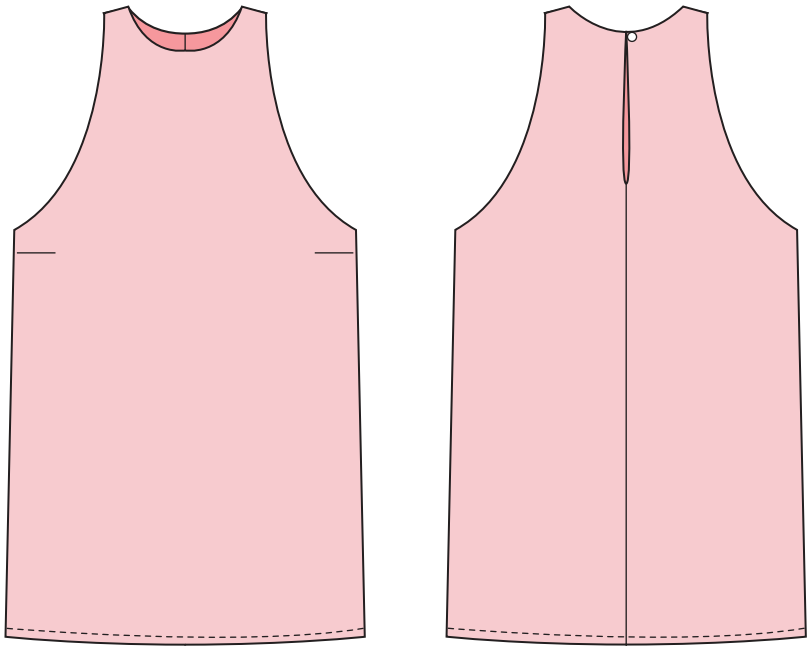
spit up & stilettos



ISABELLA TANK

Level: Easy | Time: 2-3 Hour | Pages: 23

This woven tank features a partial facing, button back closure and a loose fit. Great basic piece.

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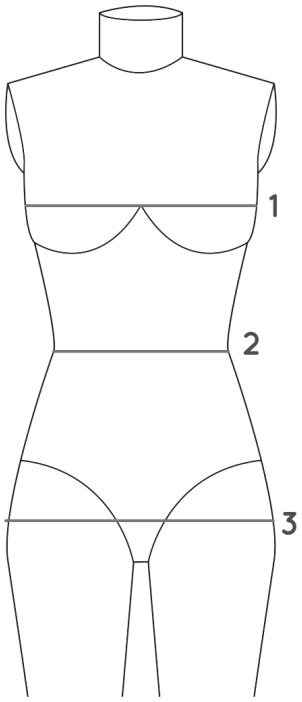
Size Chart



Size	Numeric Size	Bust	Waist	Hips
XS	0	33"	25"	35"
XS	2	34"	26"	36"
S	4	35"	27"	37"
S	6	36"	28"	38"
M	8	37"	29"	39"
M	10	38"	30"	40"
L	12	39.5"	31.5"	41.5"
L	14	41"	33"	43"
XL	16	43"	35"	45"
XL	18	45"	37"	47"

(1) BUST: Measure around the fullest part of your bust and keep the measuring tape parallel to the floor.

(2) WAIST: Measure around the smallest part of your waist.

(3) HIP: Measure around the fullest part of your hip and keep the measuring tape parallel to the floor.

Supplies

- Fabric
- Polyester thread
- 1 Button any size

Tools

- Fabric scissors
- Pins
- Bodkin
- Chalk or marking pen
- Tape (for piecing pattern)
- Paper scissors (to cut pattern)

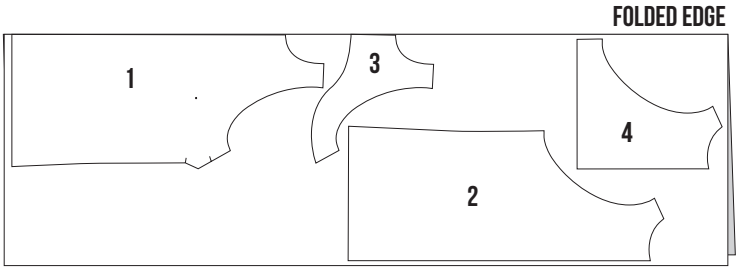
Fabric

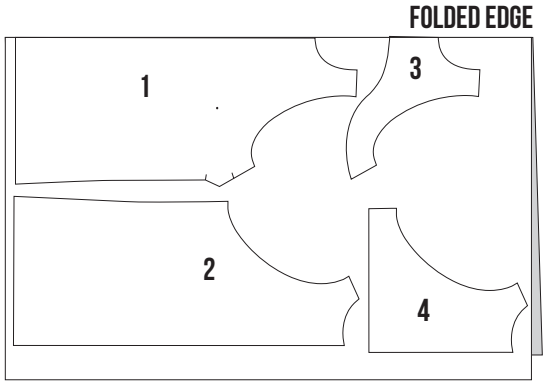
This tank can be made from a variety of woven fabric, from lightweight silk chiffon to more stable cotton.

Fabric Usage

45" or 60" WIDE

For 45" wide fabric, you will need 2 yards. For 60" wide fabric, you will need 1 1/4 yards. If using a stripe or plaid fabric, you will need an extra 1/2 to 1 yard of fabric. Below is the layout guide, the left image is 45" and the right 60".





INTERFACING

You will need 1 yard of interfacing. To have the most accurate fit, cut out the main pieces then lay them on top of the interfacing and cut from there. By cutting out your interfacing pieces this way, you guarantee they are the same size. Attach the interfacing to it's corresponding piece.

Pattern Key

GRAIN-LINE

This red arrow indicates your grain-line, which you should align with the grain of your fabric. Don't know what grain-line or grain is? Let us explain. When fabric is made it is woven with threads that go in two different directions. Lengthwise, which spans the cut edges and crosswise, which spans the selvage edges (the selvage is the band of tightly woven fabric that runs up either side). The lengthwise direction is the grain of your fabric and what you use to line up your grain-line.

FOLD LINE

This means you line up the edge with the folded edge of your fabric before you cut.

First Things First

FIND YOUR SIZE

Using the size chart on the previous page, find your size. If you are in between, you can draw a new pattern line between the two sizes or simply choose the larger size.

PIECE TOGETHER YOUR PATTERN

At the end of these instructions, you will find your PDF pattern. On the first page, there is a 2" x 2" test square. Measure this square with a ruler to verify that the pattern is the correct size and then cut out each 7" x 9.5" rectangle. Tape the pieces together matching the colors/letters/numbers, then cut out your pattern size.

LAY OUT YOUR PATTERN

Using the fabric layout in the Fabric Usage section as a guide, lay out your pattern pieces. Use either pins or pattern weights (we like the latter option) to keep your pattern in place. Pay attention to the fabric grain-line and, if using a plaid or stripe fabric, make sure to line up the stripes.

TRACE THE PATTERN

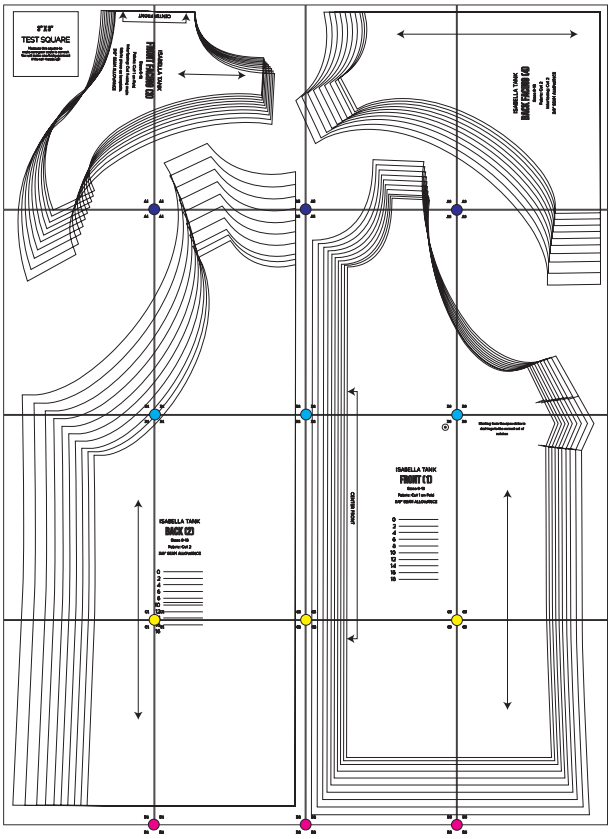
Trace your pattern edges onto your fabric by using chalk, pencil, or carbon paper. Transfer all markings, notches, darts and center front and back lines. Trust us. It's really no fun to have to come back and mark them later.

CUT IT OUT

You know that pattern tracing you just did? Well, cut along your marking lines.

SEAM ALLOWANCE

This pattern includes 3/8" seam allowances unless otherwise stated. Don't worry, we will let you know in the instructions when you're sewing a piece with a different seam allowance.



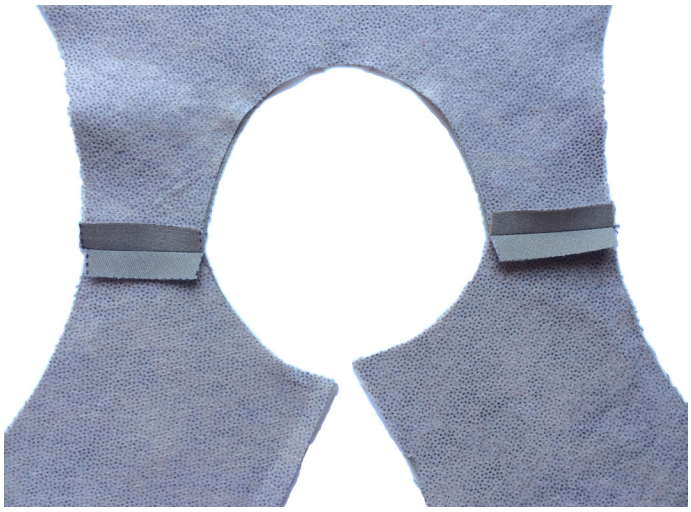
If this is your first time making this pattern, it's always a good idea to make a muslin to test the fit and make sure it flatters your body type. A muslin also lets you know what areas need to be altered. For a quick alteration guide or if you have any fit questions, go to Spitupandstilettos.com

Darts

1. Stitch closed the FRONT darts by folding the dart in half and stitching along the dart leg starting from the side seam.

2. Sew off at the apex and knot together the thread ends, then clip. Press the dart downward.

Shoulder Seams

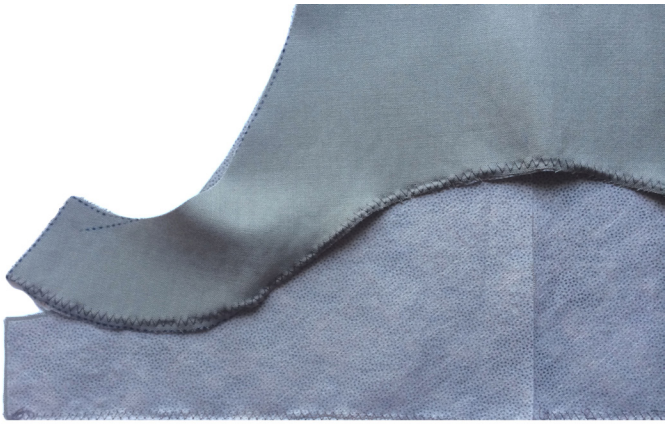


1. With FRONT and BACK pieces right sides together sew your shoulder seams using a 3/8" seam allowance.

2. With FRONT FACING and BACK FACING pieces right sides together sew your shoulder seams using 3/8" seam allowance.

3. Press open and finish your seams if you'd like.

4. Finish the bottom edge of your facing pieces by using either a zig-zag stitch, serger or bias binding.



Facing

1. Place the facing pieces on top of the FRONT and BACK pieces, right sides together. Make sure everything is lined up.

2. Take your button loop (see how to make at bottom of page) and place it in between the facing and collar layers on the left side at the top of the center back seam. The loop should extend into the body.

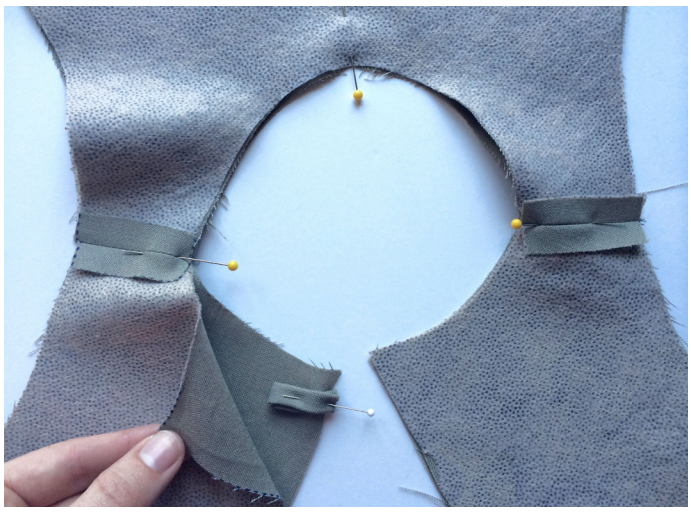
3. Stitch the necklines together using a 3/8" seam allowance. Start and end 2 3/8" from the bottom of the facing.

4. Stitch the armholes together using a 3/8" seam allowance.

5. Trim down the seam allowance to 1/4" or less along the curved areas then press to the facing side.

6. Turn the piece right side out by pulling through the shoulder seams. Take your time if needed, this can be tricky.

7. Flip up your facing pieces and under stitch the seam allowance to your facings. You will not be able to do this along the shoulders, corners, or center back opening just try to get as close as you can. The under stitching should not be visible on the right side of the garment.



MAKING A BUTTON LOOP: *Start by taking a 4" x 1" piece of fabric and folding it lengthwise. Sew a 1/4" seam down the middle and trim a the seam allowance down to 1/8". Next turn the piece right side out using a bodkin and voile you have a button loop. Trim to fit.*

Side Seams

1. With FRONT and BACK pieces right sides together, flip up the facing at the side seams and stitch the side seams together along the facing and main body pieces.

2. Line up the BACK pieces right sides together, flip up the facing and sew your back seam. Next flip up the back facing and finish sewing your back seam. Clip into the corner if needed.

3. Press open and finish your seams if you'd like.

4. Press the neckline and armholes flat and once everything is the correct shape, pin the side seams of the facing and body pieces together.

5. Stitch in the ditch along the side and center back seams on the right side of the garment to attach the facing and body pieces. You should stitch the length of the facing.

TIDBIT: Stitching in the ditch is when you sew in a seam, which then makes your new stitching line less visible.

Hem

1. You have a 1/2" hem allowance. Fold the hem up by 1/4" then again another 1/4" and pin.

2. Stitch your hem down and press.

3. Sew your button to the right back opening.

Guess who has a brand new tank? Hopefully you but if you find anything wrong with this pattern, please let me know at lauren@spitupandstilettos.com

FRONT

Sizes 0-18

Fabric: Cut 1 on Fold

Interfacing: Cut 1 using main fabric piece as a guide. Do NOT cut on fold.

3/8" SEAM ALLOWANCE

2" x 2"

TEST SQUARE

Measure this square to make sure your scale is correct. You will make one funky garment if its not- heads up!

A1

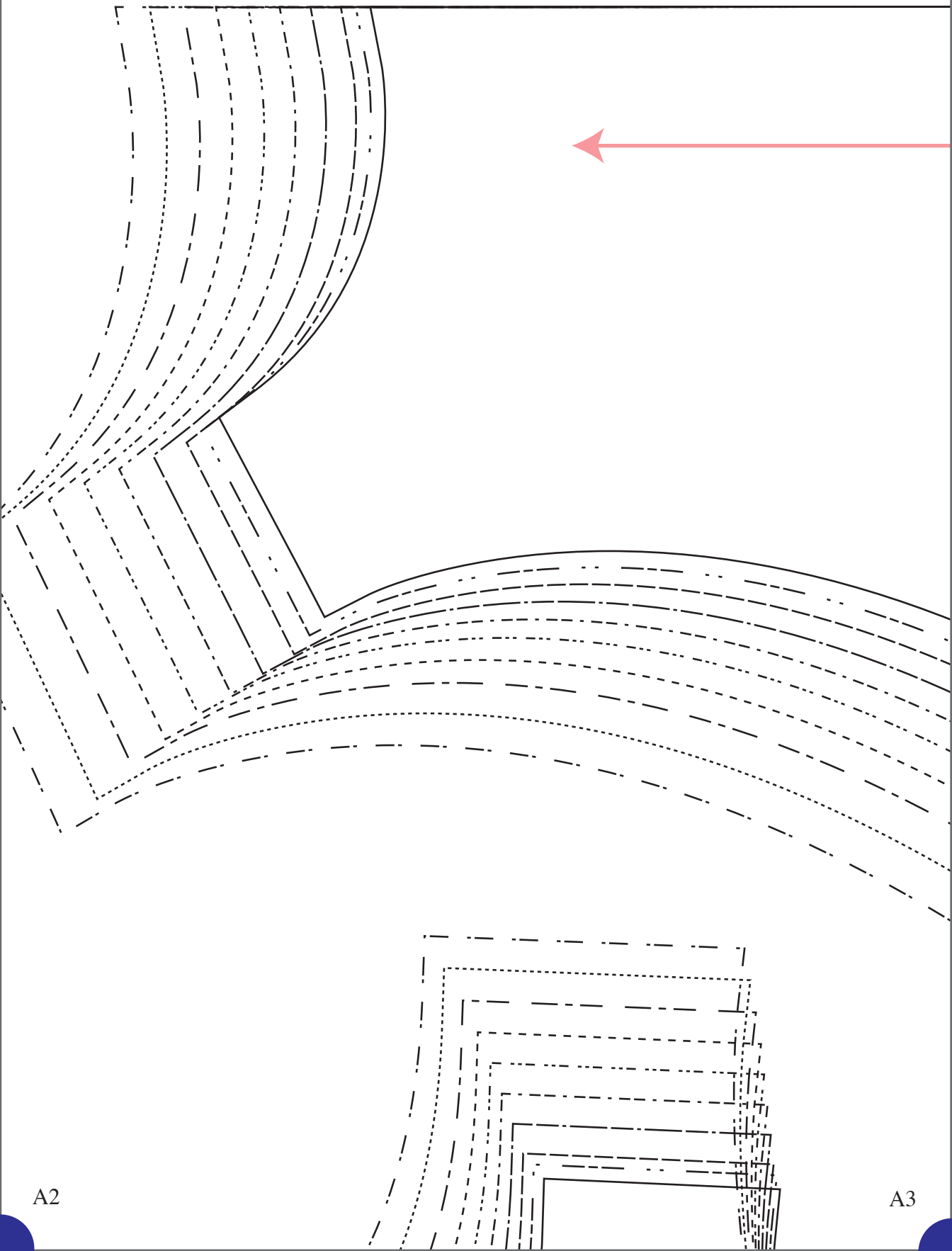
CENTER

ISABELLA TANK

Front Facing (3)

A1

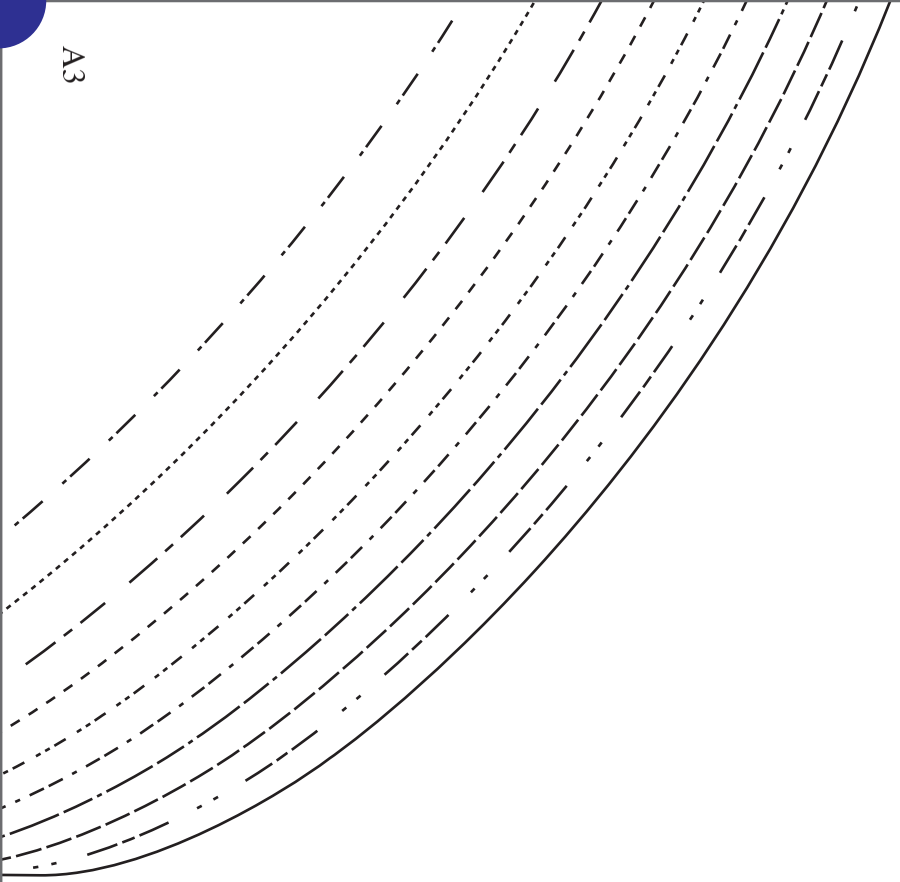
A2



A2

A3

A3



ISABELLA TANK

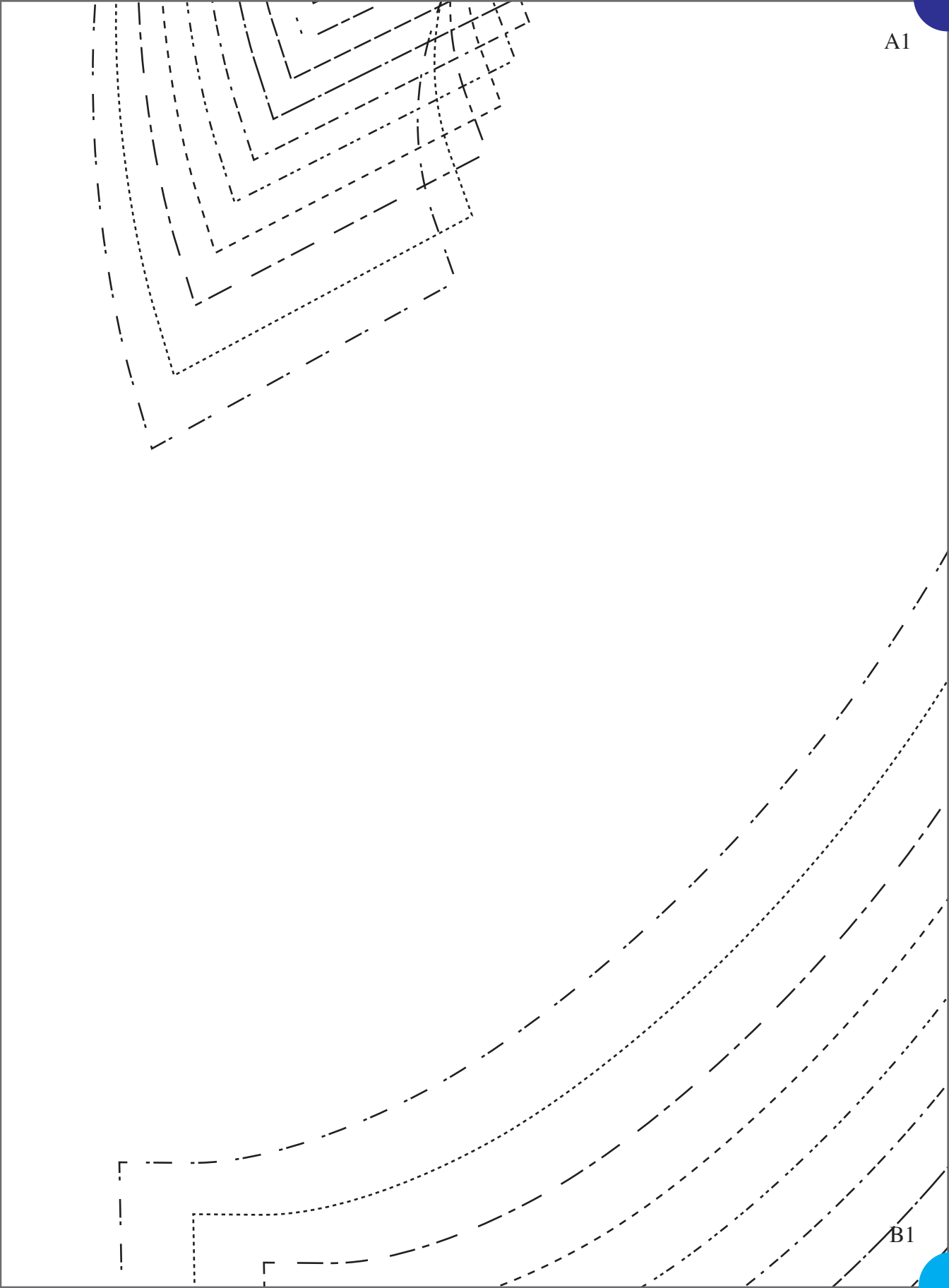
Back Facing (4)

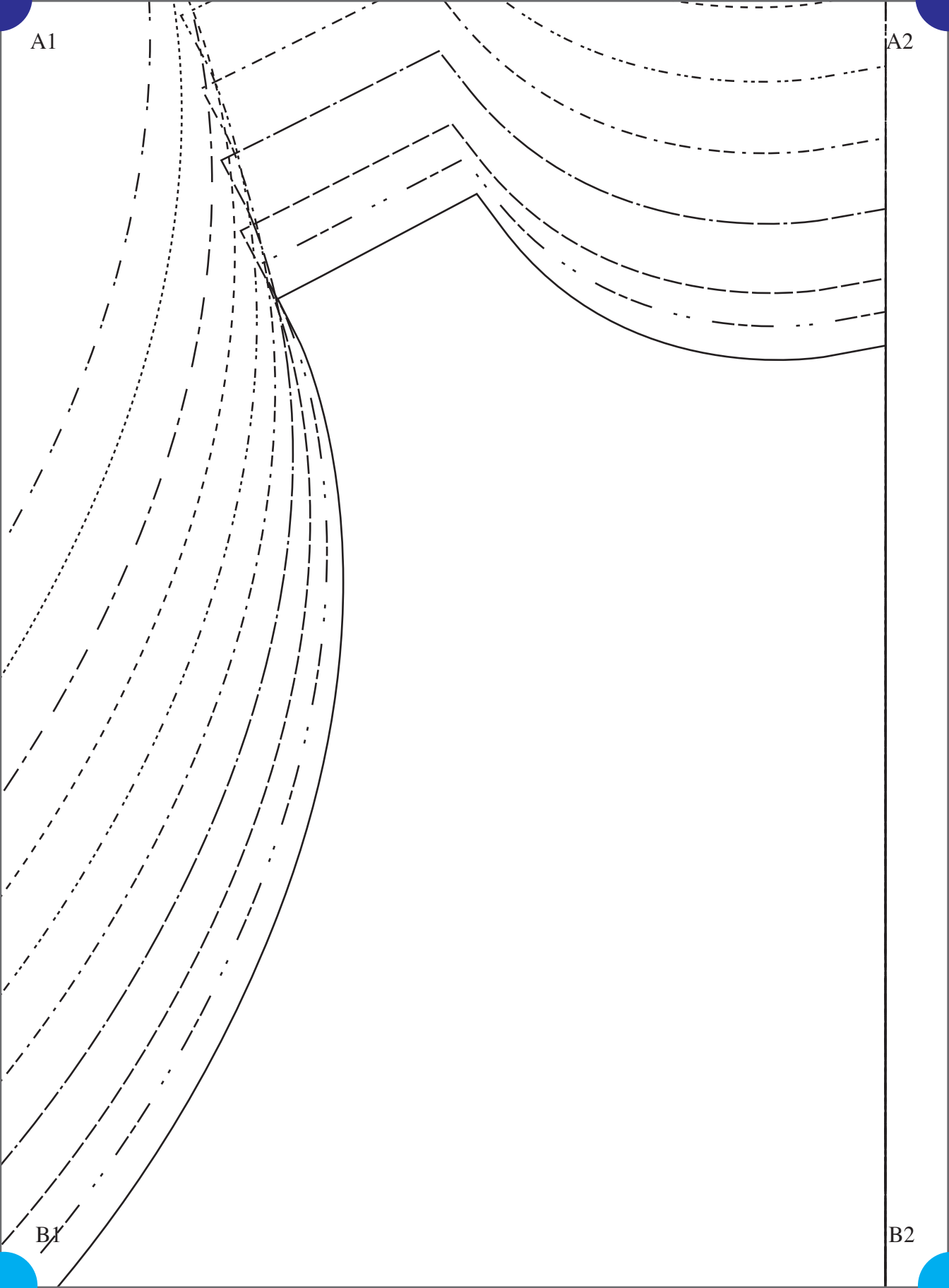
Sizes 0-18

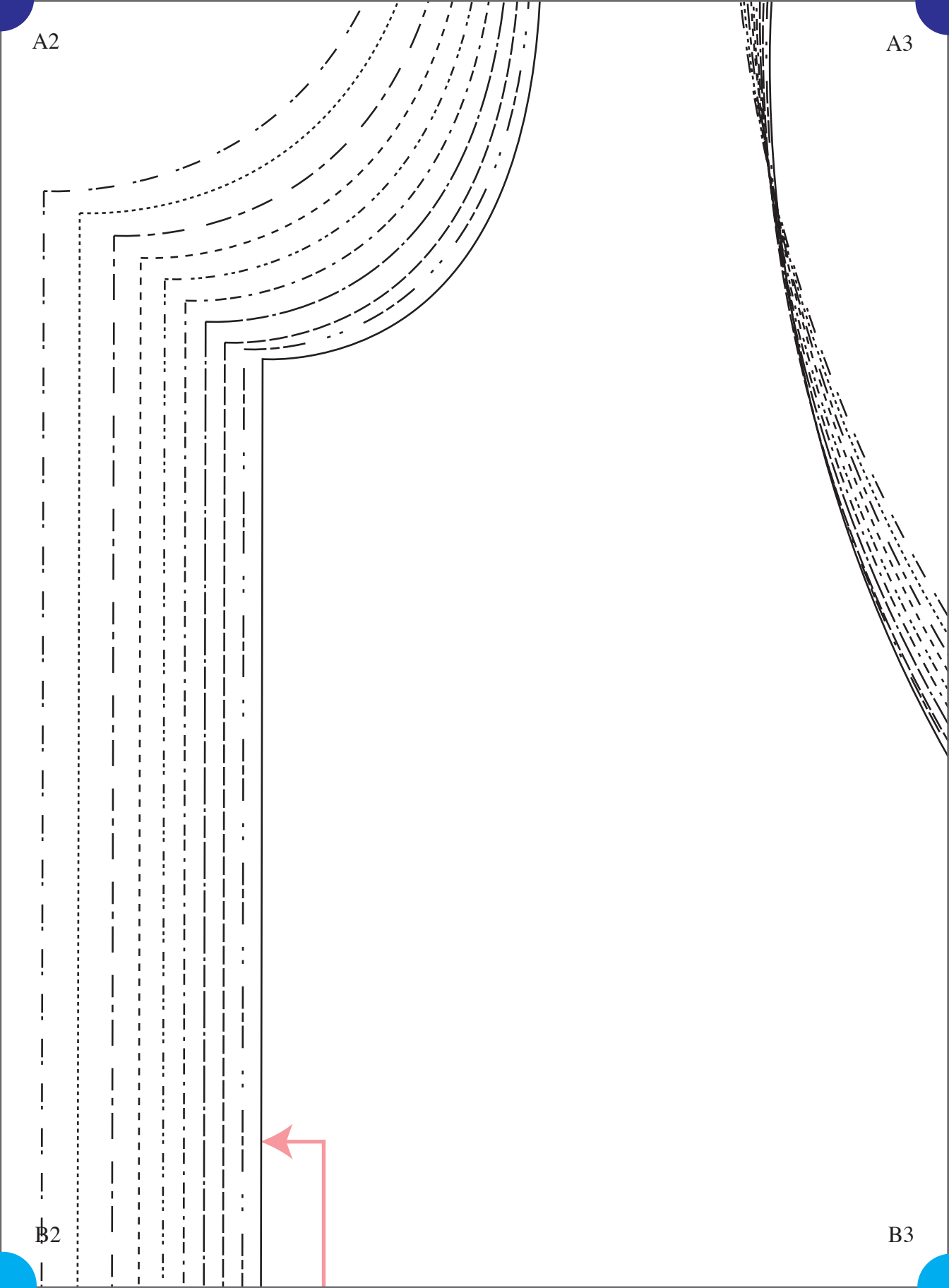
Fabric: Cut 2

Interfacing: Cut 2

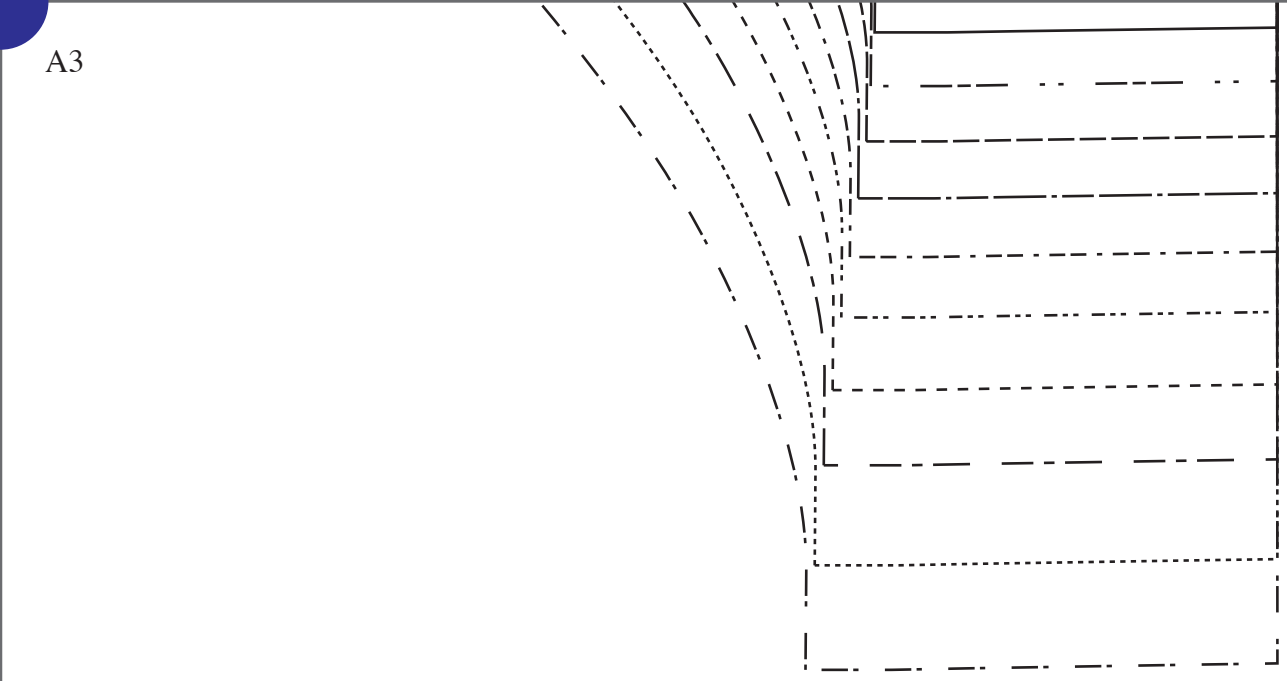
3/8" SEAM ALLOWANCE

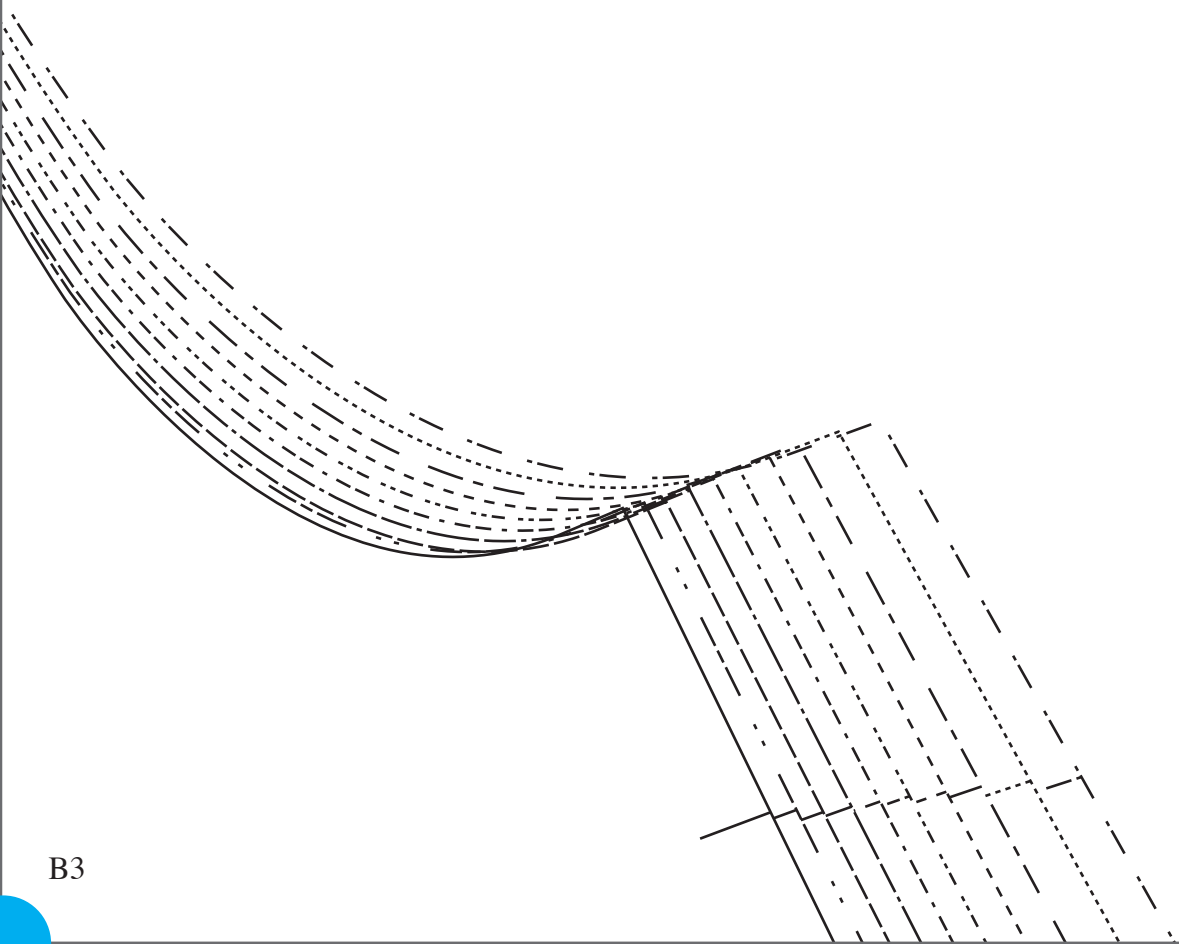

A1
B1


A1
A2
B1
B2

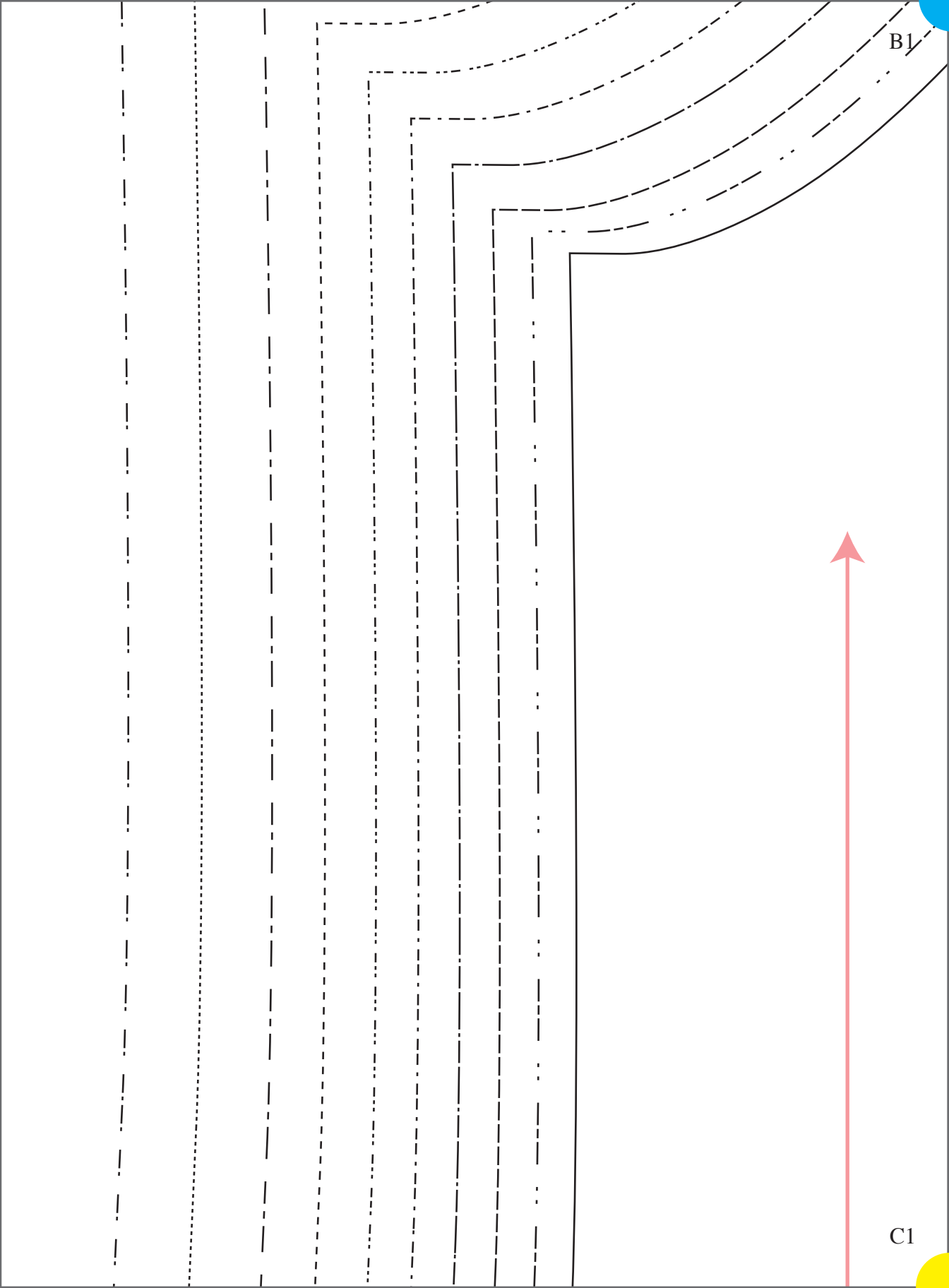

A2
A3
B2
B3

A3





B3


B1
C1

ISABELLA TANK

Back (2)

Sizes 0-18

Fabric: Cut 2

3/8" SEAM ALLOWANCE

1/2" HEM ALLOWANCE

0

2

4

6

8

10

12

14

16

18

B2

B3

CENTER FRONT

ISABELLA TANK

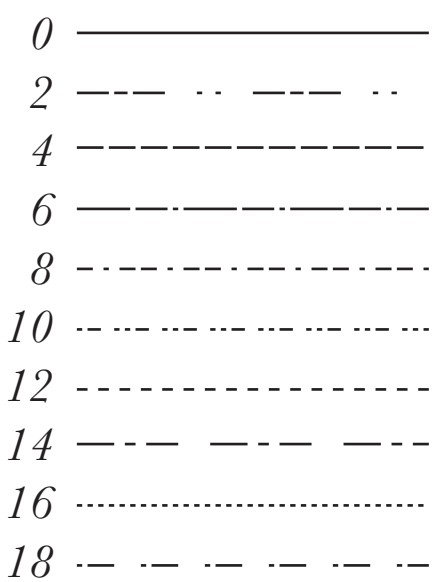
Front (1)

Sizes 0-18

Fabric: Cut 1 on Fold

3/8" SEAM ALLOWANCE

1/2" HEM ALLOWANCE



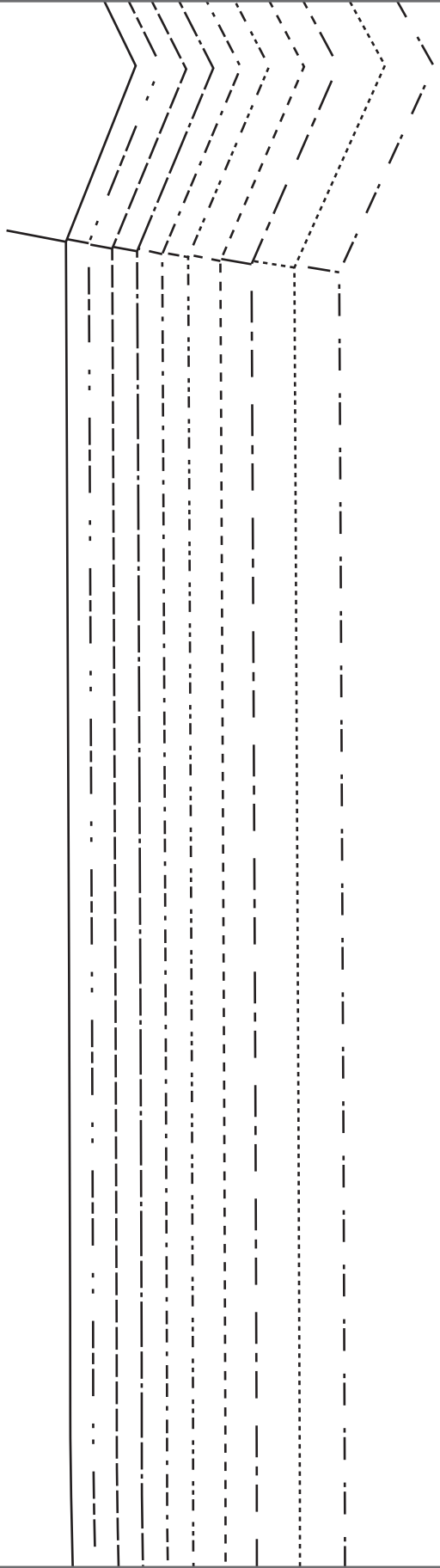
C2

C3

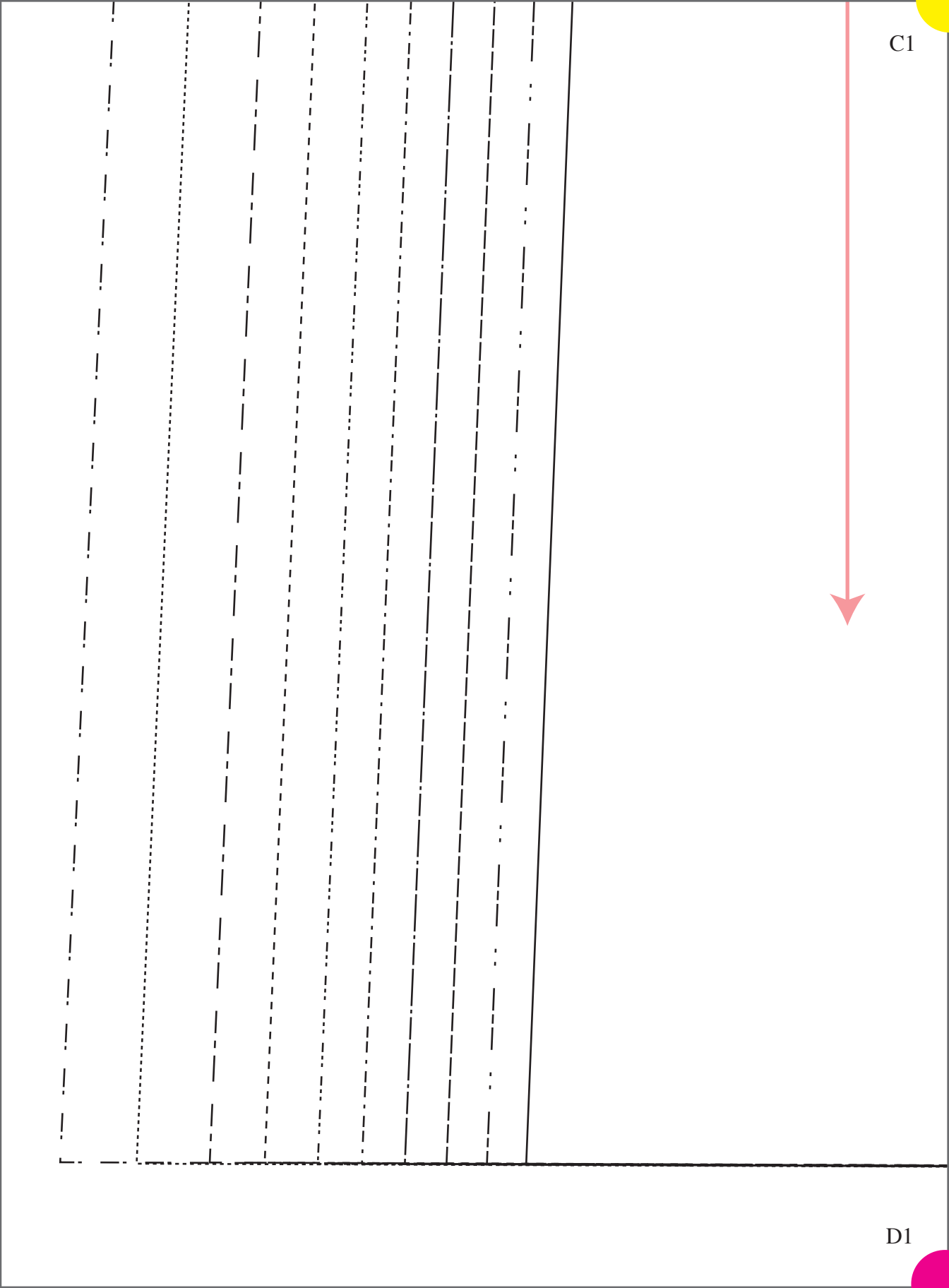
B3

Starting from the apex strike in

dart legs to the correct set of notches



C3


C1
D1

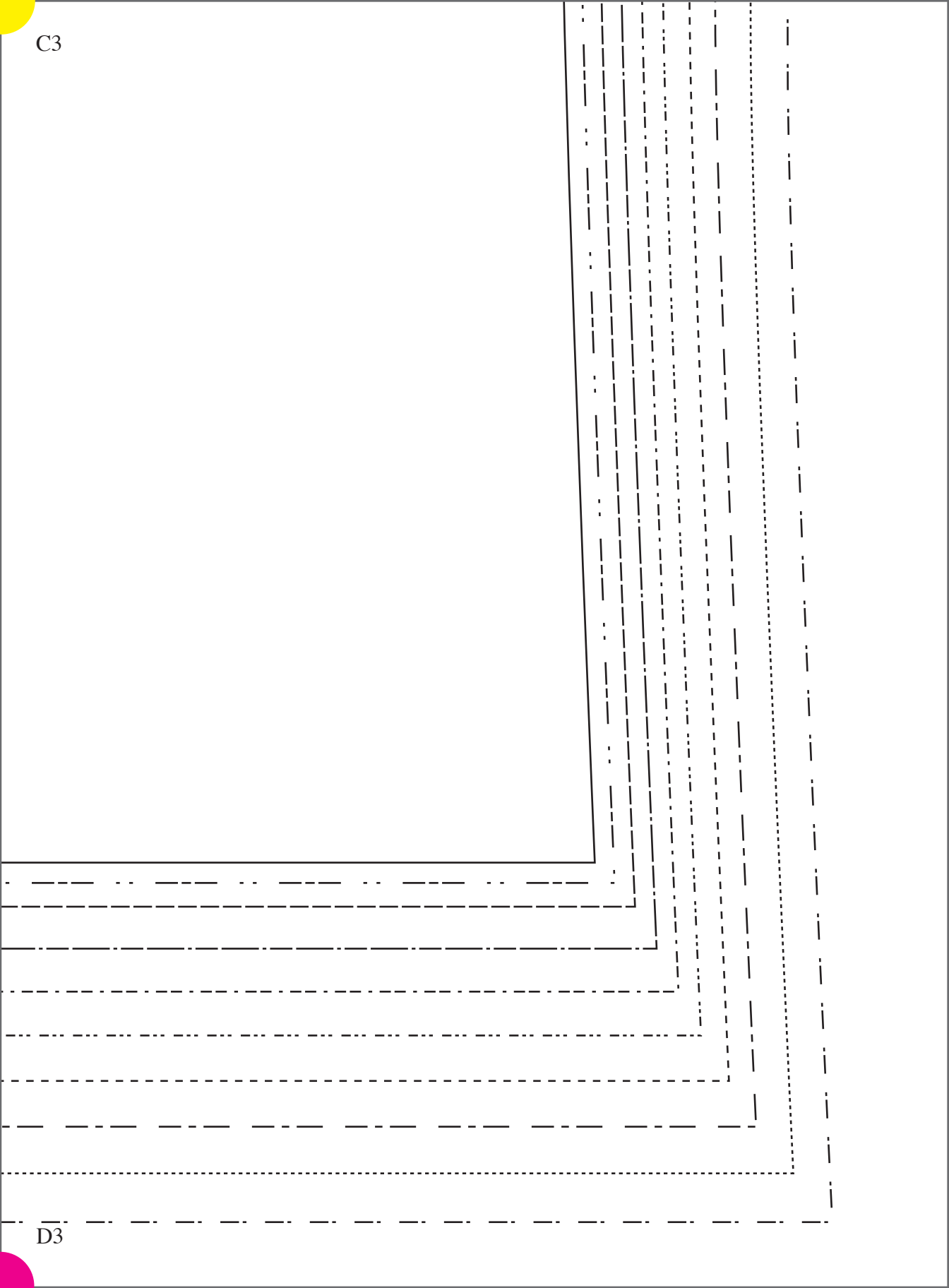
C1

C2

D1

D2

C2
C3
D2
D3


C3
D3