

Résultats

[Cotation FFN]

Séries : 400 Nage Libre Dames - (Jeunes 1 : 11 ans)

[J1 : Sa 30/11/2019 - R1]

1. JONVILLE Jeanne	2009	FRA	CN COMMERCY	9:20.05	1 pt
50 m : 57.78 (57.78)	100 m : 2:07.77 (1:09.99)	[2:07.77]	150 m : 3:21.58 (1:13.81)	200 m : 4:36.85 (1:15.27)	[2:29.08]
250 m : 5:53.78 (1:16.93)	300 m : 7:05.13 (1:11.35)	[2:28.28]	350 m : 8:16.84 (1:11.71)	400 m : 9:20.05 (1:03.21)	[2:14.92]

Séries : 400 Nage Libre Dames - (Jeunes 2 : 12 ans)

[J1 : Sa 30/11/2019 - R1]

1. THOMAS Elodie	2008	FRA	SA VERDUN	6:14.17	487 pts
50 m : 39.00 (39.00)	100 m : 1:25.51 (46.51)	[1:25.51]	150 m : 2:14.68 (49.17)	200 m : 3:04.65 (49.97)	[1:39.14]
250 m : 3:53.90 (49.25)	300 m : 4:43.39 (49.49)	[1:38.74]	350 m : 5:30.64 (47.25)	400 m : 6:14.17 (43.53)	[1:30.78]
2. VIGNERON Laly	2008	FRA	SA VERDUN	6:47.46	334 pts
50 m : 42.86 (42.86)	100 m : 1:33.09 (50.23)	[1:33.09]	150 m : 2:25.26 (52.17)	200 m : 3:17.61 (52.35)	[1:44.52]
250 m : 1h 34:09.60 (1h 30:51.99)	300 m : 5:03.05 (-5:346.55)	[1:45.44]	350 m : 5:57.00 (53.95)	400 m : 6:47.46 (50.46)	[1:44.41]
3. CHILLOU Ninon	2008	FRA	SA VERDUN	7:20.23	212 pts
50 m : 46.42 (46.42)	100 m : 1:41.63 (55.21)	[1:41.63]	150 m : 2:37.58 (55.95)	200 m : 3:34.43 (56.85)	[1:52.80]
250 m : 4:32.38 (57.95)	300 m : 5:29.01 (56.63)	[1:54.58]	350 m : 6:26.30 (57.29)	400 m : 7:20.23 (53.93)	[1:51.22]

Séries : 400 Nage Libre Dames - (Jeunes 3 : 13 ans)

[J1 : Sa 30/11/2019 - R1]

1. LESIRE Faustine	2007	FRA	SA VERDUN	6:56.12	299 pts
50 m : 44.19 (44.19)	100 m : 1:33.72 (49.53)	[1:33.72]	150 m : 2:25.35 (51.63)	200 m : 3:21.16 (55.81)	[1:47.44]
250 m : 4:15.51 (54.35)	300 m : 5:11.54 (56.03)	[1:50.38]	350 m : 6:05.79 (54.25)	400 m : 6:56.12 (50.33)	[1:44.58]
2. CERF Elia	2007	FRA	CN COMMERCY	7:13.32	235 pts
50 m : 46.00 (46.00)	100 m : 1:40.25 (54.25)	[1:40.25]	150 m : 2:38.36 (58.11)	200 m : 3:36.61 (58.25)	[1:56.36]
250 m : 4:33.86 (57.25)	300 m : 5:29.68 (55.82)	[1:53.07]	350 m : 6:24.50 (54.82)	400 m : 7:13.32 (48.82)	[1:43.64]

Séries : 400 Nage Libre Dames - (Juniors 1 et 2 : 14 - 15 ans)

[J1 : Sa 30/11/2019 - R1]

1. DUMONT Alice	2006	FRA	SA VERDUN	5:22.60	781 pts
50 m : 34.48 (34.48)	100 m : 1:14.01 (39.53)	[1:14.01]	150 m : 1:55.20 (41.19)	200 m : 2:37.15 (41.95)	[1:23.14]
250 m : 3:19.29 (42.14)	300 m : 4:01.01 (41.72)	[1:23.86]	350 m : 4:41.82 (40.81)	400 m : 5:22.60 (40.78)	[1:21.59]
2. CHAOMLEFFEL Marion	2006	FRA	BAR NATATION TRIATHLON CLUB	6:18.84	464 pts
50 m : 42.72 (42.72)	100 m : 1:29.75 (47.03)	[1:29.75]	150 m : 2:19.47 (49.72)	200 m : 3:08.75 (49.28)	[1:39.00]
250 m : 3:57.79 (49.04)	300 m : 4:46.08 (48.29)	[1:37.33]	350 m : 5:33.05 (46.97)	400 m : 6:18.84 (45.79)	[1:32.76]
3. BOUCHTA Eva	2005	FRA	SA VERDUN	6:53.77	308 pts
50 m : 41.88 (41.88)	100 m : 1:32.53 (50.65)	[1:32.53]	150 m : 2:25.44 (52.91)	200 m : 3:20.61 (55.17)	[1:48.08]
250 m : 4:14.88 (54.27)	300 m : 5:10.79 (55.91)	[1:50.18]	350 m : 6:04.16 (53.37)	400 m : 6:53.77 (49.61)	[1:42.98]

Séries : 400 Nage Libre Dames - (Juniors 3 et 4 : 16 - 17 ans)

[J1 : Sa 30/11/2019 - R1]

1. NOEL Lison	2003	FRA	BAR NATATION TRIATHLON CLUB	5:21.03	791 pts
50 m : 36.44 (36.44)	100 m : 1:16.44 (40.00)	[1:16.44]	150 m : 1:57.69 (41.25)	200 m : 2:39.47 (41.78)	[1:23.03]
250 m : 3:20.47 (41.00)	300 m : 4:01.30 (40.83)	[1:21.83]	350 m : 4:42.19 (40.89)	400 m : 5:21.03 (38.84)	[1:19.73]

Séries : 400 Nage Libre Dames - (Séniors : 18 ans et plus)

[J1 : Sa 30/11/2019 - R1]

1. POITEL Marjorie	2002	FRA	BAR NATATION TRIATHLON CLUB	5:17.15	816 pts
50 m : 34.68 (34.68)	100 m : 1:14.01 (39.33)	[1:14.01]	150 m : 1:54.48 (40.47)	200 m : 2:35.55 (41.07)	[1:21.54]
250 m : 3:13.60 (38.05)	300 m : 3:57.33 (43.73)	[1:21.78]	350 m : 4:38.36 (41.03)	400 m : 5:17.15 (38.79)	[1:19.82]
2. PECHE Aurore	1987	FRA	CN COMMERCY	5:38.31	684 pts
50 m : 38.38 (38.38)	100 m : 1:18.78 (40.40)	[1:18.78]	150 m : 2:00.48 (41.70)	200 m : 2:43.98 (43.50)	[1:25.20]
250 m : 3:27.53 (43.55)	300 m : 4:11.45 (43.92)	[1:27.47]	350 m : 4:56.03 (44.58)	400 m : 5:38.31 (42.28)	[1:26.86]

Séries : 400 Nage Libre Dames - (Avenirs : 10 ans et plus)

[J1 : Sa 30/11/2019 - R1]

1. POITEL Marjorie	2002	FRA	BAR NATATION TRIATHLON CLUB	5:17.15	816 pts
50 m : 34.68 (34.68)	100 m : 1:14.01 (39.33)	[1:14.01]	150 m : 1:54.48 (40.47)	200 m : 2:35.55 (41.07)	[1:21.54]
250 m : 3:13.60 (38.05)	300 m : 3:57.33 (43.73)	[1:21.78]	350 m : 4:38.36 (41.03)	400 m : 5:17.15 (38.79)	[1:19.82]

Résultats

(Suite) Séries : 400 Nage Libre Dames - (Avenirs : 10 ans et plus)

[J1 : Sa 30/11/2019 - R1]

2. NOEL Lison		2003	FRA	BAR NATATION TRIATHLON CLUB	5:21.03	791 pts	
50 m :	36.44 (36.44)	100 m :	1:16.44 (40.00) [1:16.44]	150 m :	1:57.69 (41.25)	200 m :	2:39.47 (41.78) [1:23.03]
250 m :	3:20.47 (41.00)	300 m :	4:01.30 (40.83) [1:21.83]	350 m :	4:42.19 (40.89)	400 m :	5:21.03 (38.84) [1:19.73]
3. DUMONT Alice		2006	FRA	SA VERDUN	5:22.60	781 pts	
50 m :	34.48 (34.48)	100 m :	1:14.01 (39.53) [1:14.01]	150 m :	1:55.20 (41.19)	200 m :	2:37.15 (41.95) [1:23.14]
250 m :	3:19.29 (42.14)	300 m :	4:01.01 (41.72) [1:23.86]	350 m :	4:41.82 (40.81)	400 m :	5:22.60 (40.78) [1:21.59]
4. PECHE Aurore		1987	FRA	CN COMMERCY	5:38.31	684 pts	
50 m :	38.38 (38.38)	100 m :	1:18.78 (40.40) [1:18.78]	150 m :	2:00.48 (41.70)	200 m :	2:43.98 (43.50) [1:25.20]
250 m :	3:27.53 (43.55)	300 m :	4:11.45 (43.92) [1:27.47]	350 m :	4:56.03 (44.58)	400 m :	5:38.31 (42.28) [1:26.86]
5. THOMAS Elodie		2008	FRA	SA VERDUN	6:14.17	487 pts	
50 m :	39.00 (39.00)	100 m :	1:25.51 (46.51) [1:25.51]	150 m :	2:14.68 (49.17)	200 m :	3:04.65 (49.97) [1:39.14]
250 m :	3:53.90 (49.25)	300 m :	4:43.39 (49.49) [1:38.74]	350 m :	5:30.64 (47.25)	400 m :	6:14.17 (43.53) [1:30.78]
6. CHAOMLEFFEL Marion		2006	FRA	BAR NATATION TRIATHLON CLUB	6:18.84	464 pts	
50 m :	42.72 (42.72)	100 m :	1:29.75 (47.03) [1:29.75]	150 m :	2:19.47 (49.72)	200 m :	3:08.75 (49.28) [1:39.00]
250 m :	3:57.79 (49.04)	300 m :	4:46.08 (48.29) [1:37.33]	350 m :	5:33.05 (46.97)	400 m :	6:18.84 (45.79) [1:32.76]
7. VIGNERON Laly		2008	FRA	SA VERDUN	6:47.46	334 pts	
50 m :	42.86 (42.86)	100 m :	1:33.09 (50.23) [1:33.09]	150 m :	2:25.26 (52.17)	200 m :	3:17.61 (52.35) [1:44.52]
250 m :	1h 34:09.60 (1h 30:51.99)	300 m :	5:03.05 (-5:346.55) [1:45.44]	350 m :	5:57.00 (53.95)	400 m :	6:47.46 (50.46) [1:44.41]
8. BOUCHTA Eva		2005	FRA	SA VERDUN	6:53.77	308 pts	
50 m :	41.88 (41.88)	100 m :	1:32.53 (50.65) [1:32.53]	150 m :	2:25.44 (52.91)	200 m :	3:20.61 (55.17) [1:48.08]
250 m :	4:14.88 (54.27)	300 m :	5:10.79 (55.91) [1:50.18]	350 m :	6:04.16 (53.37)	400 m :	6:53.77 (49.61) [1:42.98]
9. LESIRE Faustine		2007	FRA	SA VERDUN	6:56.12	299 pts	
50 m :	44.19 (44.19)	100 m :	1:33.72 (49.53) [1:33.72]	150 m :	2:25.35 (51.63)	200 m :	3:21.16 (55.81) [1:47.44]
250 m :	4:15.51 (54.35)	300 m :	5:11.54 (56.03) [1:50.38]	350 m :	6:05.79 (54.25)	400 m :	6:56.12 (50.33) [1:44.58]
10. CERF Elia		2007	FRA	CN COMMERCY	7:13.32	235 pts	
50 m :	46.00 (46.00)	100 m :	1:40.25 (54.25) [1:40.25]	150 m :	2:38.36 (58.11)	200 m :	3:36.61 (58.25) [1:56.36]
250 m :	4:33.86 (57.25)	300 m :	5:29.68 (55.82) [1:53.07]	350 m :	6:24.50 (54.82)	400 m :	7:13.32 (48.82) [1:43.64]
11. CHILLOU Ninon		2008	FRA	SA VERDUN	7:20.23	212 pts	
50 m :	46.42 (46.42)	100 m :	1:41.63 (55.21) [1:41.63]	150 m :	2:37.58 (55.95)	200 m :	3:34.43 (56.85) [1:52.80]
250 m :	4:32.38 (57.95)	300 m :	5:29.01 (56.63) [1:54.58]	350 m :	6:26.30 (57.29)	400 m :	7:20.23 (53.93) [1:51.22]
12. JONVILLE Jeanne		2009	FRA	CN COMMERCY	9:20.05	1 pt	
50 m :	57.78 (57.78)	100 m :	2:07.77 (1:09.99) [2:07.77]	150 m :	3:21.58 (1:13.81)	200 m :	4:36.85 (1:15.27) [2:29.08]
250 m :	5:53.78 (1:16.93)	300 m :	7:05.13 (1:11.35) [2:28.28]	350 m :	8:16.84 (1:11.71)	400 m :	9:20.05 (1:03.21) [2:14.92]

Séries : 1500 Nage Libre Messieurs - (Jeunes 3 : 14 ans)

[J1 : Sa 30/11/2019 - R1]

1. SASIEK Antoine		2006	FRA	CN COMMERCY	20:26.61	695 pts	
50 m :	37.38 (37.38)	100 m :	1:17.85 (40.47) [1:17.85]	150 m :	1:58.02 (40.17)	200 m :	2:38.81 (40.79) [1:20.96]
250 m :	3:19.60 (40.79)	300 m :	4:00.57 (40.97) [1:21.76]	350 m :	4:42.12 (41.55)	400 m :	5:23.33 (41.21) [1:22.76]
450 m :	6:04.34 (41.01)	500 m :	6:45.15 (40.81) [1:21.82]	550 m :	7:26.18 (41.03)	600 m :	8:07.01 (40.83) [1:21.86]
650 m :	8:48.28 (41.27)	700 m :	9:23.59 (35.31) [1:16.58]	750 m :	10:10.16 (46.57)	800 m :	10:50.85 (40.69) [1:27.26]
850 m :	11:31.66 (40.81)	900 m :	12:13.09 (41.43) [1:22.24]	950 m :	12:54.40 (41.31)	1000 m :	13:35.15 (40.75) [1:22.06]
1050 m :	14:16.74 (41.59)	1100 m :	14:58.09 (41.35) [1:22.94]	1150 m :	15:39.68 (41.59)	1200 m :	16:21.51 (41.83) [1:23.42]
1250 m :	17:02.90 (41.39)	1300 m :	17:44.01 (41.11) [1:22.50]	1350 m :	18:25.82 (41.81)	1400 m :	19:07.69 (41.87) [1:23.68]
1450 m :	19:48.38 (40.69)	1500 m :	20:26.61 (38.23) [1:18.92]				

Séries : 1500 Nage Libre Messieurs - (Juniors 1 et 2 : 15 - 16 ans)

[J1 : Sa 30/11/2019 - R1]

1. MEYER Robin		2005	FRA	SA VERDUN	19:04.74	836 pts	
50 m :	34.00 (34.00)	100 m :	1:11.25 (37.25) [1:11.25]	150 m :	1:49.32 (38.07)	200 m :	2:27.82 (38.50) [1:16.57]
250 m :	3:06.07 (38.25)	300 m :	3:44.25 (38.18) [1:16.43]	350 m :	4:22.47 (38.22)	400 m :	5:00.72 (38.25) [1:16.47]
450 m :	5:40.03 (39.31)	500 m :	6:18.68 (38.65) [1:17.96]	550 m :	6:57.32 (38.64)	600 m :	7:36.11 (38.79) [1:17.43]
650 m :	8:14.75 (38.64)	700 m :	8:53.75 (39.00) [1:17.64]	750 m :	9:32.50 (38.75)	800 m :	10:11.00 (38.50) [1:17.25]
850 m :	10:49.50 (38.50)	900 m :	11:28.22 (38.72) [1:17.22]	950 m :	12:06.57 (38.35)	1000 m :	12:44.78 (38.21) [1:16.56]
1050 m :	13:23.32 (38.54)	1100 m :	14:01.65 (38.33) [1:16.87]	1150 m :	14:39.93 (38.28)	1200 m :	15:18.22 (38.29) [1:16.57]
1250 m :	15:57.07 (38.85)	1300 m :	16:35.65 (38.58) [1:17.43]	1350 m :	17:14.18 (38.53)	1400 m :	17:52.72 (38.54) [1:17.07]
1450 m :	18:30.93 (38.21)	1500 m :	19:04.74 (33.81) [1:12.02]				

Résultats

(Suite) Séries : 1500 Nage Libre Messieurs - (Juniors 1 et 2 : 15 - 16 ans)

[J1 : Sa 30/11/2019 - R1]

2. STEINBACH Antoine		2005	FRA	CN COMMERCY	19:54.99	748 pts			
50 m :	33.58 (33.58)	100 m :	1:11.41 (37.83)	[1:11.41]	150 m :	1:50.48 (39.07)	200 m :	2:30.35 (39.87)	[1:18.94]
250 m :	3:09.50 (39.15)	300 m :	3:49.49 (39.99)	[1:19.14]	350 m :	4:29.30 (39.81)	400 m :	5:09.69 (40.39)	[1:20.20]
450 m :	5:49.24 (39.55)	500 m :	6:29.49 (40.25)	[1:19.80]	550 m :	7:09.44 (39.95)	600 m :	7:49.67 (40.23)	[1:20.18]
650 m :	8:30.04 (40.37)	700 m :	9:10.57 (40.53)	[1:20.90]	750 m :	9:51.14 (40.57)	800 m :	10:31.75 (40.61)	[1:21.18]
850 m :	11:12.02 (40.27)	900 m :	11:52.29 (40.27)	[1:20.54]	950 m :	12:32.88 (40.59)	1000 m :	13:13.33 (40.45)	[1:21.04]
1050 m :	13:53.90 (40.57)	1100 m :	14:34.15 (40.25)	[1:20.82]	1150 m :	15:14.72 (40.57)	1200 m :	15:55.65 (40.93)	[1:21.50]
1250 m :	16:36.32 (40.67)	1300 m :	17:17.21 (40.89)	[1:21.56]	1350 m :	17:58.18 (40.97)	1400 m :	18:39.09 (40.91)	[1:21.88]
1450 m :	18:19.68 (-19.41)	1500 m :	19:54.99 (1:35.31)	[1:15.90]					
3. THIRION Matheo		2004	FRA	CN COMMERCY	21:05.74	633 pts			
50 m :	38.77 (38.77)	100 m :	1:19.98 (41.21)	[1:19.98]	150 m :	2:01.56 (41.58)	200 m :	2:44.64 (43.08)	[1:24.66]
250 m :	3:27.97 (43.33)	300 m :	4:10.09 (42.12)	[1:25.45]	350 m :	4:53.22 (43.13)	400 m :	5:35.96 (42.74)	[1:25.87]
450 m :	6:20.61 (44.65)	500 m :	7:04.04 (43.43)	[1:28.08]	550 m :	7:46.75 (42.71)	600 m :	8:29.19 (42.44)	[1:25.15]
650 m :	9:12.00 (42.81)	700 m :	9:55.19 (43.19)	[1:26.00]	750 m :	10:37.92 (42.73)	800 m :	11:21.65 (43.73)	[1:26.46]
850 m :	12:05.04 (43.39)	900 m :	12:47.10 (42.06)	[1:25.45]	950 m :	13:29.89 (42.79)	1000 m :	14:12.14 (42.25)	[1:25.04]
1050 m :	14:54.79 (42.65)	1100 m :	15:36.95 (42.16)	[1:24.81]	1150 m :	16:19.20 (42.25)	1200 m :	17:01.85 (42.65)	[1:24.90]
1250 m :	17:44.38 (42.53)	1300 m :	18:25.58 (41.20)	[1:23.73]	1350 m :	19:07.13 (41.55)	1400 m :	19:49.04 (41.91)	[1:23.46]
1450 m :	20:29.11 (40.07)	1500 m :	21:05.74 (36.63)	[1:16.70]					
4. WENSKE Romain		2004	FRA	CN COMMERCY	21:19.17	612 pts			
50 m :	38.04 (38.04)	100 m :	1:19.83 (41.79)	[1:19.83]	150 m :	2:01.92 (42.09)	200 m :	2:44.61 (42.69)	[1:24.78]
250 m :	3:26.86 (42.25)	300 m :	4:08.49 (41.63)	[1:23.88]	350 m :	4:50.12 (41.63)	400 m :	5:32.63 (42.51)	[1:24.14]
450 m :	6:15.76 (43.13)	500 m :	6:58.01 (42.25)	[1:25.38]	550 m :	7:41.12 (43.11)	600 m :	8:23.99 (42.87)	[1:25.98]
650 m :	9:06.46 (42.47)	700 m :	9:49.33 (42.87)	[1:25.34]	750 m :	10:33.10 (43.77)	800 m :	11:16.49 (43.39)	[1:27.16]
850 m :	11:59.58 (43.09)	900 m :	12:43.25 (43.67)	[1:26.76]	950 m :	13:26.50 (43.25)	1000 m :	14:09.87 (43.37)	[1:26.62]
1050 m :	14:52.18 (42.31)	1100 m :	15:35.77 (43.59)	[1:25.90]	1150 m :	16:18.68 (42.91)	1200 m :	17:01.43 (42.75)	[1:25.66]
1250 m :	17:44.50 (43.07)	1300 m :	18:27.45 (42.95)	[1:26.02]	1350 m :	19:11.60 (44.15)	1400 m :	19:55.69 (44.09)	[1:28.24]
1450 m :	20:39.12 (43.43)	1500 m :	21:19.17 (40.05)	[1:23.48]					
5. VUILLAUME Charles		2005	FRA	SA VERDUN	24:15.53	371 pts			
50 m :	38.03 (38.03)	100 m :	1:21.28 (43.25)	[1:21.28]	150 m :	2:06.28 (45.00)	200 m :	2:52.75 (46.47)	[1:31.47]
250 m :	3:41.18 (48.43)	300 m :	4:31.28 (50.10)	[1:38.53]	350 m :	5:20.65 (49.37)	400 m :	6:11.50 (50.85)	[1:40.22]
450 m :	7:02.72 (51.22)	500 m :	7:53.43 (50.71)	[1:41.93]	550 m :	8:43.58 (50.15)	600 m :	9:34.11 (50.53)	[1:40.68]
650 m :	10:24.50 (50.39)	700 m :	11:14.25 (49.75)	[1:40.14]	750 m :	12:04.72 (50.47)	800 m :	12:54.18 (49.46)	[1:39.93]
850 m :	13:44.22 (50.04)	900 m :	14:34.08 (49.86)	[1:39.90]	950 m :	15:23.50 (49.42)	1000 m :	16:13.75 (50.25)	[1:39.67]
1050 m :	17:02.33 (48.58)	1100 m :	17:52.36 (50.03)	[1:38.61]	1150 m :	18:41.58 (49.22)	1200 m :	19:30.72 (49.14)	[1:38.36]
1250 m :	20:20.75 (50.03)	1300 m :	21:08.02 (47.27)	[1:37.30]	1350 m :	21:57.15 (49.13)	1400 m :	22:45.08 (47.93)	[1:37.06]
1450 m :	23:32.03 (46.95)	1500 m :	24:15.53 (43.50)	[1:30.45]					

Séries : 1500 Nage Libre Messieurs - (Juniors 3 et 4 : 17 - 18 ans)

[J1 : Sa 30/11/2019 - R1]

1. LEGRANDJACQUES Renan		2002	FRA	SA VERDUN	18:30.44	899 pts			
50 m :	29.88 (29.88)	100 m :	1:04.53 (34.65)	[1:04.53]	150 m :	1:40.90 (36.37)	200 m :	2:18.01 (37.11)	[1:13.48]
250 m :	2:52.54 (34.53)	300 m :	3:29.29 (36.75)	[1:11.28]	350 m :	4:05.90 (36.61)	400 m :	4:43.03 (37.13)	[1:13.74]
450 m :	5:20.40 (37.37)	500 m :	5:58.29 (37.89)	[1:15.26]	550 m :	6:34.84 (36.55)	600 m :	7:13.47 (38.63)	[1:15.18]
650 m :	7:52.32 (38.85)	700 m :	8:30.31 (37.99)	[1:16.84]	750 m :	9:07.08 (36.77)	800 m :	9:44.87 (37.79)	[1:14.56]
850 m :	10:23.28 (38.41)	900 m :	11:01.39 (38.11)	[1:16.52]	950 m :	11:39.44 (38.05)	1000 m :	12:18.13 (38.69)	[1:16.74]
1050 m :	12:56.86 (38.73)	1100 m :	13:34.13 (37.27)	[1:16.00]	1150 m :	14:12.92 (38.79)	1200 m :	14:50.03 (37.11)	[1:15.90]
1250 m :	15:29.36 (39.33)	1300 m :	16:07.31 (37.95)	[1:17.28]	1350 m :	16:45.04 (37.73)	1400 m :	17:23.05 (38.01)	[1:15.74]
1450 m :	17:58.24 (35.19)	1500 m :	18:30.44 (32.20)	[1:07.39]					
2. BARRUEL Matteo		2003	FRA	SA VERDUN	20:14.64	715 pts			
50 m :	31.75 (31.75)	100 m :	1:08.03 (36.28)	[1:08.03]	150 m :	1:45.97 (37.94)	200 m :	2:24.96 (38.99)	[1:16.93]
250 m :	3:03.94 (38.98)	300 m :	3:43.66 (39.72)	[1:18.70]	350 m :	4:23.45 (39.79)	400 m :	5:03.44 (39.99)	[1:19.78]
450 m :	5:43.47 (40.03)	500 m :	6:24.34 (40.87)	[1:20.90]	550 m :	7:05.31 (40.97)	600 m :	7:46.56 (41.25)	[1:22.22]
650 m :	8:27.60 (41.04)	700 m :	9:07.98 (40.38)	[1:21.42]	750 m :	9:49.11 (41.13)	800 m :	10:30.48 (41.37)	[1:22.50]
850 m :	11:11.96 (41.48)	900 m :	11:53.84 (41.88)	[1:23.36]	950 m :	12:35.39 (41.55)	1000 m :	13:17.18 (41.79)	[1:23.34]
1050 m :	13:59.38 (42.20)	1100 m :	14:41.20 (41.82)	[1:24.02]	1150 m :	15:23.03 (41.83)	1200 m :	16:05.52 (42.49)	[1:24.32]
1250 m :	16:47.79 (42.27)	1300 m :	17:30.38 (42.59)	[1:24.86]	1350 m :	18:12.75 (42.37)	1400 m :	18:53.53 (40.78)	[1:23.15]
1450 m :	19:34.34 (40.81)	1500 m :	20:14.64 (40.30)	[1:21.11]					

Résultats

(Suite) Séries : 1500 Nage Libre Messieurs - (Juniors 3 et 4 : 17 - 18 ans)

[J1 : Sa 30/11/2019 - R1]

3. MUTZENHARDT Nathan		2003	FRA	CN COMMERCY	21:03.64		636 pts		
50 m :	34.38 (34.38)	100 m :	1:12.53 (38.15)	[1:12.53]	150 m :	1:52.36 (39.83)	200 m :	2:32.99 (40.63)	[1:20.46]
250 m :	3:14.60 (41.61)	300 m :	3:57.65 (43.05)	[1:24.66]	350 m :	4:40.74 (43.09)	400 m :	5:23.69 (42.95)	[1:26.04]
450 m :	6:06.02 (42.33)	500 m :	6:47.91 (41.89)	[1:24.22]	550 m :	7:30.20 (42.29)	600 m :	8:12.97 (42.77)	[1:25.06]
650 m :	8:55.70 (42.73)	700 m :	9:39.29 (43.59)	[1:26.32]	750 m :	10:22.34 (43.05)	800 m :	11:05.09 (42.75)	[1:25.80]
850 m :	11:48.34 (43.25)	900 m :	12:31.43 (43.09)	[1:26.34]	950 m :	13:14.08 (42.65)	1000 m :	13:56.31 (42.23)	[1:24.88]
1050 m :	14:38.98 (42.67)	1100 m :	15:21.33 (42.35)	[1:25.02]	1150 m :	16:02.70 (41.37)	1200 m :	16:46.09 (43.39)	[1:24.76]
1250 m :	17:28.38 (42.29)	1300 m :	18:10.17 (41.79)	[1:24.08]	1350 m :	18:53.38 (43.21)	1400 m :	19:36.05 (42.67)	[1:25.88]
1450 m :	20:20.24 (44.19)	1500 m :	21:03.64 (43.40)	[1:27.59]					

Séries : 1500 Nage Libre Messieurs - (Séniors : 19 ans et plus)

[J1 : Sa 30/11/2019 - R1]

1. BRUNCHER Quentin		2001	FRA	CN COMMERCY	19:52.45		753 pts		
50 m :	33.35 (33.35)	100 m :	1:11.42 (38.07)	[1:11.42]	150 m :	1:50.87 (39.45)	200 m :	2:30.60 (39.73)	[1:19.18]
250 m :	3:11.40 (40.80)	300 m :	3:51.52 (40.12)	[1:20.92]	350 m :	4:32.37 (40.85)	400 m :	5:12.45 (40.08)	[1:20.93]
450 m :	5:52.67 (40.22)	500 m :	6:33.45 (40.78)	[1:21.00]	550 m :	7:13.56 (40.11)	600 m :	7:53.13 (39.57)	[1:19.68]
650 m :	8:33.31 (40.18)	700 m :	9:13.81 (40.50)	[1:20.68]	750 m :	9:53.92 (40.11)	800 m :	10:34.13 (40.21)	[1:20.32]
850 m :	11:14.10 (39.97)	900 m :	11:54.03 (39.93)	[1:19.90]	950 m :	12:33.35 (39.32)	1000 m :	13:13.84 (40.49)	[1:19.81]
1050 m :	13:53.60 (39.76)	1100 m :	14:32.67 (39.07)	[1:18.83]	1150 m :	15:13.10 (40.43)	1200 m :	15:53.49 (40.39)	[1:20.82]
1250 m :	16:34.10 (40.61)	1300 m :	17:14.45 (40.35)	[1:20.96]	1350 m :	17:54.85 (40.40)	1400 m :	18:35.37 (40.52)	[1:20.92]
1450 m :	---	1500 m :	19:52.45 (1:17.08)	[1:17.08]					

2. BURKEL Emilien		1999	FRA	CN COMMERCY	20:40.46		673 pts		
50 m :	33.64 (33.64)	100 m :	1:10.56 (36.92)	[1:10.56]	150 m :	1:49.46 (38.90)	200 m :	2:29.93 (40.47)	[1:19.37]
250 m :	3:11.75 (41.82)	300 m :	3:53.14 (41.39)	[1:23.21]	350 m :	4:34.64 (41.50)	400 m :	5:17.75 (43.11)	[1:24.61]
450 m :	6:00.96 (43.21)	500 m :	6:43.71 (42.75)	[1:25.96]	550 m :	7:25.43 (41.72)	600 m :	8:06.78 (41.35)	[1:23.07]
650 m :	8:48.53 (41.75)	700 m :	9:30.78 (42.25)	[1:24.00]	750 m :	10:12.21 (41.43)	800 m :	10:54.28 (42.07)	[1:23.50]
850 m :	11:36.00 (41.72)	900 m :	12:17.81 (41.81)	[1:23.53]	950 m :	13:00.78 (42.97)	1000 m :	13:43.14 (42.36)	[1:25.33]
1050 m :	14:25.61 (42.47)	1100 m :	15:07.46 (41.85)	[1:24.32]	1150 m :	15:50.00 (42.54)	1200 m :	16:33.03 (43.03)	[1:25.57]
1250 m :	17:14.86 (41.83)	1300 m :	17:56.18 (41.32)	[1:23.15]	1350 m :	18:38.68 (42.50)	1400 m :	19:20.43 (41.75)	[1:24.25]
1450 m :	20:01.31 (40.88)	1500 m :	20:40.46 (39.15)	[1:20.03]					

3. MULLER Robin		1997	FRA	CN COMMERCY	21:53.20		561 pts		
50 m :	34.98 (34.98)	100 m :	1:12.69 (37.71)	[1:12.69]	150 m :	1:52.16 (39.47)	200 m :	2:32.71 (40.55)	[1:20.02]
250 m :	3:14.34 (41.63)	300 m :	3:56.67 (42.33)	[1:23.96]	350 m :	4:39.90 (43.23)	400 m :	5:23.71 (43.81)	[1:27.04]
450 m :	6:07.34 (43.63)	500 m :	6:51.33 (43.99)	[1:27.62]	550 m :	7:35.84 (44.51)	600 m :	8:20.77 (44.93)	[1:29.44]
650 m :	8:56.10 (45.33)	700 m :	9:50.59 (44.49)	[1:29.82]	750 m :	10:35.70 (45.11)	800 m :	11:20.95 (45.25)	[1:30.36]
850 m :	12:06.96 (46.01)	900 m :	12:51.99 (45.03)	[1:31.04]	950 m :	13:37.22 (45.23)	1000 m :	14:22.55 (45.33)	[1:30.56]
1050 m :	15:08.20 (45.65)	1100 m :	15:53.59 (45.39)	[1:31.04]	1150 m :	16:39.78 (46.19)	1200 m :	17:25.39 (45.61)	[1:31.80]
1250 m :	18:11.08 (45.69)	1300 m :	18:55.69 (44.61)	[1:30.30]	1350 m :	19:40.14 (44.45)	1400 m :	20:25.41 (45.27)	[1:29.72]
1450 m :	---	1500 m :	21:53.20 (1:27.79)	[1:27.79]					

Séries : 1500 Nage Libre Messieurs - (Avenirs : 11 ans et plus)

[J1 : Sa 30/11/2019 - R1]

1. LEGRANDJACQUES Renan		2002	FRA	SA VERDUN	18:30.44		899 pts		
50 m :	29.88 (29.88)	100 m :	1:04.53 (34.65)	[1:04.53]	150 m :	1:40.90 (36.37)	200 m :	2:18.01 (37.11)	[1:13.48]
250 m :	2:52.54 (34.53)	300 m :	3:29.29 (36.75)	[1:11.28]	350 m :	4:05.90 (36.61)	400 m :	4:43.03 (37.13)	[1:13.74]
450 m :	5:20.40 (37.37)	500 m :	5:58.29 (37.89)	[1:15.26]	550 m :	6:34.84 (36.55)	600 m :	7:13.47 (38.63)	[1:15.18]
650 m :	7:52.32 (38.85)	700 m :	8:30.31 (37.99)	[1:16.84]	750 m :	9:07.08 (36.77)	800 m :	9:44.87 (37.79)	[1:14.56]
850 m :	10:23.28 (38.41)	900 m :	11:01.39 (38.11)	[1:16.52]	950 m :	11:39.44 (38.05)	1000 m :	12:18.13 (38.69)	[1:16.74]
1050 m :	12:56.86 (38.73)	1100 m :	13:34.13 (37.27)	[1:16.00]	1150 m :	14:12.92 (38.79)	1200 m :	14:50.03 (37.11)	[1:15.90]
1250 m :	15:29.36 (39.33)	1300 m :	16:07.31 (37.95)	[1:17.28]	1350 m :	16:45.04 (37.73)	1400 m :	17:23.05 (38.01)	[1:15.74]
1450 m :	17:58.24 (35.19)	1500 m :	18:30.44 (32.20)	[1:07.39]					

2. MEYER Robin		2005	FRA	SA VERDUN	19:04.74		836 pts		
50 m :	34.00 (34.00)	100 m :	1:11.25 (37.25)	[1:11.25]	150 m :	1:49.32 (38.07)	200 m :	2:27.82 (38.50)	[1:16.57]
250 m :	3:06.07 (38.25)	300 m :	3:44.25 (38.18)	[1:16.43]	350 m :	4:22.47 (38.22)	400 m :	5:00.72 (38.25)	[1:16.47]
450 m :	5:40.03 (39.31)	500 m :	6:18.68 (38.65)	[1:17.96]	550 m :	6:57.32 (38.64)	600 m :	7:36.11 (38.79)	[1:17.43]
650 m :	8:14.75 (38.64)	700 m :	8:53.75 (39.00)	[1:17.64]	750 m :	9:32.50 (38.75)	800 m :	10:11.00 (38.50)	[1:17.25]
850 m :	10:49.50 (38.50)	900 m :	11:28.22 (38.72)	[1:17.22]	950 m :	12:06.57 (38.35)	1000 m :	12:44.78 (38.21)	[1:16.56]
1050 m :	13:23.32 (38.54)	1100 m :	14:01.65 (38.33)	[1:16.87]	1150 m :	14:39.93 (38.28)	1200 m :	15:18.22 (38.29)	[1:16.57]
1250 m :	15:57.07 (38.85)	1300 m :	16:35.65 (38.58)	[1:17.43]	1350 m :	17:14.18 (38.53)	1400 m :	17:52.72 (38.54)	[1:17.07]
1450 m :	18:30.93 (38.21)	1500 m :	19:04.74 (33.81)	[1:12.02]					

Résultats

(Suite) Séries : 1500 Nage Libre Messieurs - (Avenirs : 11 ans et plus)

[J1 : Sa 30/11/2019 - R1]

3. BRUNCHER Quentin				2001	FRA	CN COMMERCY		19:52.45	753 pts
50 m :	33.35	(33.35)	100 m :	1:11.42	(38.07)	[1:11.42]	150 m :	1:50.87	(39.45)
250 m :	3:11.40	(40.80)	300 m :	3:51.52	(40.12)	[1:20.92]	200 m :	2:30.60	(39.73)
450 m :	5:52.67	(40.22)	500 m :	6:33.45	(40.78)	[1:21.00]	350 m :	4:32.37	(40.85)
650 m :	8:33.31	(40.18)	700 m :	9:13.81	(40.50)	[1:20.68]	400 m :	5:12.45	(40.08)
850 m :	11:14.10	(39.97)	900 m :	11:54.03	(39.93)	[1:19.90]	550 m :	7:13.56	(40.11)
1050 m :	13:53.60	(39.76)	1100 m :	14:32.67	(39.07)	[1:18.83]	750 m :	9:53.92	(40.11)
1250 m :	16:34.10	(40.61)	1300 m :	17:14.45	(40.35)	[1:20.96]	950 m :	12:33.35	(39.32)
1450 m :	---		1500 m :	19:52.45	(1:17.08)	[1:17.08]	1150 m :	15:13.10	(40.43)
							1350 m :	17:54.85	(40.40)
							1400 m :	18:35.37	(40.52)
4. STEINBACH Antoine				2005	FRA	CN COMMERCY		19:54.99	748 pts
50 m :	33.58	(33.58)	100 m :	1:11.41	(37.83)	[1:11.41]	150 m :	1:50.48	(39.07)
250 m :	3:09.50	(39.15)	300 m :	3:49.49	(39.99)	[1:19.14]	200 m :	2:30.35	(39.87)
450 m :	5:49.24	(39.55)	500 m :	6:29.49	(40.25)	[1:19.80]	350 m :	4:29.30	(39.81)
650 m :	8:30.04	(40.37)	700 m :	9:10.57	(40.53)	[1:20.90]	550 m :	7:09.44	(39.95)
850 m :	11:12.02	(40.27)	900 m :	11:52.29	(40.27)	[1:20.54]	750 m :	9:51.14	(40.57)
1050 m :	13:53.90	(40.57)	1100 m :	14:34.15	(40.25)	[1:20.82]	950 m :	12:32.88	(40.59)
1250 m :	16:36.32	(40.67)	1300 m :	17:17.21	(40.89)	[1:21.56]	1150 m :	15:14.72	(40.57)
1450 m :	18:19.68	(-19.41)	1500 m :	19:54.99	(1:35.31)	[1:15.90]	1350 m :	17:58.18	(40.97)
							1400 m :	18:39.09	(40.91)
5. BARRUEL Matteo				2003	FRA	SA VERDUN		20:14.64	715 pts
50 m :	31.75	(31.75)	100 m :	1:08.03	(36.28)	[1:08.03]	150 m :	1:45.97	(37.94)
250 m :	3:03.94	(38.98)	300 m :	3:43.66	(39.72)	[1:18.70]	200 m :	2:24.96	(38.99)
450 m :	5:43.47	(40.03)	500 m :	6:24.34	(40.87)	[1:20.90]	350 m :	4:23.45	(39.79)
650 m :	8:27.60	(41.04)	700 m :	9:07.98	(40.38)	[1:21.42]	550 m :	7:05.31	(40.97)
850 m :	11:11.96	(41.48)	900 m :	11:53.84	(41.88)	[1:23.36]	750 m :	9:49.11	(41.13)
1050 m :	13:59.38	(42.20)	1100 m :	14:41.20	(41.82)	[1:24.02]	950 m :	12:35.39	(41.55)
1250 m :	16:47.79	(42.27)	1300 m :	17:30.38	(42.59)	[1:24.86]	1150 m :	15:23.03	(41.83)
1450 m :	19:34.34	(40.81)	1500 m :	20:14.64	(40.30)	[1:21.11]	1350 m :	18:12.75	(42.37)
							1400 m :	18:53.53	(40.78)
6. SASIEK Antoine				2006	FRA	CN COMMERCY		20:26.61	695 pts
50 m :	37.38	(37.38)	100 m :	1:17.85	(40.47)	[1:17.85]	150 m :	1:58.02	(40.17)
250 m :	3:19.60	(40.79)	300 m :	4:00.57	(40.97)	[1:21.76]	200 m :	2:38.81	(40.79)
450 m :	6:04.34	(41.01)	500 m :	6:45.15	(40.81)	[1:21.82]	350 m :	4:42.12	(41.55)
650 m :	8:48.28	(41.27)	700 m :	9:23.59	(35.31)	[1:16.58]	550 m :	7:26.18	(41.03)
850 m :	11:31.66	(40.81)	900 m :	12:13.09	(41.43)	[1:22.24]	750 m :	10:10.16	(46.57)
1050 m :	14:16.74	(41.59)	1100 m :	14:58.09	(41.35)	[1:23.94]	950 m :	12:54.40	(41.31)
1250 m :	17:02.90	(41.39)	1300 m :	17:44.01	(41.11)	[1:22.50]	1150 m :	15:39.68	(41.59)
1450 m :	19:48.38	(40.69)	1500 m :	20:26.61	(38.23)	[1:18.92]	1350 m :	18:25.82	(41.81)
							1400 m :	19:07.69	(41.87)
7. BURKEL Emilien				1999	FRA	CN COMMERCY		20:40.46	673 pts
50 m :	33.64	(33.64)	100 m :	1:10.56	(36.92)	[1:10.56]	150 m :	1:49.46	(38.90)
250 m :	3:11.75	(41.82)	300 m :	3:53.14	(41.39)	[1:23.21]	200 m :	2:29.93	(40.47)
450 m :	6:00.96	(43.21)	500 m :	6:43.71	(42.75)	[1:25.96]	350 m :	4:34.64	(41.50)
650 m :	8:48.53	(41.75)	700 m :	9:30.78	(42.25)	[1:24.00]	550 m :	7:25.43	(41.72)
850 m :	11:36.00	(41.72)	900 m :	12:17.81	(41.81)	[1:23.53]	750 m :	10:12.21	(41.43)
1050 m :	14:25.61	(42.47)	1100 m :	15:07.46	(41.85)	[1:24.32]	950 m :	13:00.78	(42.97)
1250 m :	17:14.86	(41.83)	1300 m :	17:56.18	(41.32)	[1:23.15]	1150 m :	15:50.00	(42.54)
1450 m :	20:01.31	(40.88)	1500 m :	20:40.46	(39.15)	[1:20.03]	1350 m :	18:38.68	(42.50)
							1400 m :	19:20.43	(41.75)
8. MUTZENHARDT Nathan				2003	FRA	CN COMMERCY		21:03.64	636 pts
50 m :	34.38	(34.38)	100 m :	1:12.53	(38.15)	[1:12.53]	150 m :	1:52.36	(39.83)
250 m :	3:14.60	(41.61)	300 m :	3:57.65	(43.05)	[1:24.66]	200 m :	2:32.99	(40.63)
450 m :	6:06.02	(42.33)	500 m :	6:47.91	(41.89)	[1:24.22]	350 m :	4:40.74	(43.09)
650 m :	8:55.70	(42.73)	700 m :	9:39.29	(43.59)	[1:26.32]	550 m :	7:30.20	(42.29)
850 m :	11:48.34	(43.25)	900 m :	12:31.43	(43.09)	[1:26.34]	750 m :	10:22.34	(43.05)
1050 m :	14:38.98	(42.67)	1100 m :	15:21.33	(42.35)	[1:25.02]	950 m :	13:14.08	(42.65)
1250 m :	17:28.38	(42.29)	1300 m :	18:10.17	(41.79)	[1:24.08]	1150 m :	16:02.70	(41.37)
1450 m :	20:20.24	(44.19)	1500 m :	21:03.64	(43.40)	[1:27.59]	1350 m :	18:53.38	(43.21)
							1400 m :	19:36.05	(42.67)
9. THIRION Matheo				2004	FRA	CN COMMERCY		21:05.74	633 pts
50 m :	38.77	(38.77)	100 m :	1:19.98	(41.21)	[1:19.98]	150 m :	2:01.56	(41.58)
250 m :	3:27.97	(43.33)	300 m :	4:10.09	(42.12)	[1:25.45]	200 m :	2:44.64	(43.08)
450 m :	6:20.61	(44.65)	500 m :	7:04.04	(43.43)	[1:28.08]	350 m :	4:53.22	(43.13)
650 m :	9:12.00	(42.81)	700 m :	9:55.19	(43.19)	[1:26.00]	550 m :	7:46.75	(42.71)
850 m :	12:05.04	(43.39)	900 m :	12:47.10	(42.06)	[1:25.45]	750 m :	10:37.92	(42.73)
1050 m :	14:54.79	(42.65)	1100 m :	15:36.95	(42.16)	[1:24.81]	950 m :	13:29.89	(42.79)
1250 m :	17:44.38	(42.53)	1300 m :	18:25.58	(41.20)	[1:23.73]	1150 m :	16:19.20	(42.25)
1450 m :	20:29.11	(40.07)	1500 m :	21:05.74	(36.63)	[1:16.70]	1350 m :	19:07.13	(41.55)
							1400 m :	19:49.04	(41.91)

Résultats

(Suite) Séries : 1500 Nage Libre Messieurs - (Avenirs : 11 ans et plus)

[J1 : Sa 30/11/2019 - R1]

10. WENSKE Romain		2004	FRA	CN COMMERCY	21:19.17	612 pts		
50 m :	38.04 (38.04)	100 m :	1:19.83 (41.79)	150 m :	2:01.92 (42.09)	200 m :	2:44.61 (42.69)	[1:24.78]
250 m :	3:26.86 (42.25)	300 m :	4:08.49 (41.63)	350 m :	4:50.12 (41.63)	400 m :	5:32.63 (42.51)	[1:24.14]
450 m :	6:15.76 (43.13)	500 m :	6:58.01 (42.25)	550 m :	7:41.12 (43.11)	600 m :	8:23.99 (42.87)	[1:25.98]
650 m :	9:06.46 (42.47)	700 m :	9:49.33 (42.87)	750 m :	10:33.10 (43.77)	800 m :	11:16.49 (43.39)	[1:27.16]
850 m :	11:59.58 (43.09)	900 m :	12:43.25 (43.67)	950 m :	13:26.50 (43.25)	1000 m :	14:09.87 (43.37)	[1:26.62]
1050 m :	14:52.18 (42.31)	1100 m :	15:35.77 (43.59)	1150 m :	16:18.68 (42.91)	1200 m :	17:01.43 (42.75)	[1:25.66]
1250 m :	17:44.50 (43.07)	1300 m :	18:27.45 (42.95)	1350 m :	19:11.60 (44.15)	1400 m :	19:55.69 (44.09)	[1:28.24]
1450 m :	20:39.12 (43.43)	1500 m :	21:19.17 (40.05)					
11. MULLER Robin		1997	FRA	CN COMMERCY	21:53.20	561 pts		
50 m :	34.98 (34.98)	100 m :	1:12.69 (37.71)	150 m :	1:52.16 (39.47)	200 m :	2:32.71 (40.55)	[1:20.02]
250 m :	3:14.34 (41.63)	300 m :	3:56.67 (42.33)	350 m :	4:39.90 (43.23)	400 m :	5:23.71 (43.81)	[1:27.04]
450 m :	6:07.34 (43.63)	500 m :	6:51.33 (43.99)	550 m :	7:35.84 (44.51)	600 m :	8:20.77 (44.93)	[1:29.44]
650 m :	9:06.10 (45.33)	700 m :	9:50.59 (44.49)	750 m :	10:35.70 (45.11)	800 m :	11:20.95 (45.25)	[1:30.36]
850 m :	12:06.96 (46.01)	900 m :	12:51.99 (45.03)	950 m :	13:37.22 (45.23)	1000 m :	14:22.55 (45.33)	[1:30.56]
1050 m :	15:08.20 (45.65)	1100 m :	15:53.59 (45.39)	1150 m :	16:39.78 (46.19)	1200 m :	17:25.39 (45.61)	[1:31.80]
1250 m :	18:11.08 (45.69)	1300 m :	18:55.69 (44.61)	1350 m :	19:40.14 (44.45)	1400 m :	20:25.41 (45.27)	[1:29.72]
1450 m :	---	1500 m :	21:53.20 (1:27.79)					
12. VUILLAUME Charles		2005	FRA	SA VERDUN	24:15.53	371 pts		
50 m :	38.03 (38.03)	100 m :	1:21.28 (43.25)	150 m :	2:06.28 (45.00)	200 m :	2:52.75 (46.47)	[1:31.47]
250 m :	3:41.18 (48.43)	300 m :	4:31.28 (50.10)	350 m :	5:20.65 (49.37)	400 m :	6:11.50 (50.85)	[1:40.22]
450 m :	7:02.72 (51.22)	500 m :	7:53.43 (50.71)	550 m :	8:43.58 (50.15)	600 m :	9:34.11 (50.53)	[1:40.68]
650 m :	10:24.50 (50.39)	700 m :	11:14.25 (49.75)	750 m :	12:04.72 (50.47)	800 m :	12:54.18 (49.46)	[1:39.93]
850 m :	13:44.22 (50.04)	900 m :	14:34.08 (49.86)	950 m :	15:23.50 (49.42)	1000 m :	16:13.75 (50.25)	[1:39.67]
1050 m :	17:02.33 (48.58)	1100 m :	17:52.36 (50.03)	1150 m :	18:41.58 (49.22)	1200 m :	19:30.72 (49.14)	[1:38.36]
1250 m :	20:20.75 (50.03)	1300 m :	21:08.02 (47.27)	1350 m :	21:57.15 (49.13)	1400 m :	22:45.08 (47.93)	[1:37.06]
1450 m :	23:32.03 (46.95)	1500 m :	24:15.53 (43.50)					

Séries : 400 4 Nages Dames - (Jeunes 3 : 13 ans)

[J1 : Sa 30/11/2019 - R1]

1. NALLOT Salome		2007	FRA	CN COMMERCY	7:07.72	419 pts		
50 m :	44.56 (44.56)	100 m :	1:41.88 (57.32)	150 m :	2:38.20 (56.32)	200 m :	3:32.34 (54.14)	[1:50.46]
250 m :	4:33.03 (1:00.69)	300 m :	5:35.84 (1:02.81)	350 m :	6:26.45 (50.61)	400 m :	7:07.72 (41.27)	[1:31.88]

Séries : 400 4 Nages Dames - (Juniors 1 et 2 : 14 - 15 ans)

[J1 : Sa 30/11/2019 - R1]

1. DUPUIS Lison		2005	FRA	CN COMMERCY	5:53.16	799 pts		
50 m :	38.36 (38.36)	100 m :	1:24.67 (46.31)	150 m :	2:11.59 (46.92)	200 m :	2:57.08 (45.49)	[1:32.41]
250 m :	3:44.91 (47.83)	300 m :	4:34.84 (49.93)	350 m :	5:15.85 (41.01)	400 m :	5:53.16 (37.31)	[1:18.32]
2. BARRUEL Justine		2006	FRA	SA VERDUN	5:55.40	785 pts		
50 m :	39.43 (39.43)	100 m :	1:25.99 (46.56)	150 m :	2:14.90 (48.91)	200 m :	3:01.69 (46.79)	[1:35.70]
250 m :	3:48.43 (46.74)	300 m :	4:36.16 (47.73)	350 m :	5:16.74 (40.58)	400 m :	5:55.40 (38.66)	[1:19.24]

Séries : 400 4 Nages Dames - (Juniors 3 et 4 : 16 - 17 ans)

[J1 : Sa 30/11/2019 - R1]

1. NOEL Lison		2003	FRA	BAR NATATION TRIATHLON CLUB	6:03.22	740 pts		
50 m :	37.09 (37.09)	100 m :	1:21.71 (44.62)	150 m :	2:10.29 (48.58)	200 m :	2:57.34 (47.05)	[1:35.63]
250 m :	3:49.44 (52.10)	300 m :	4:43.15 (53.71)	350 m :	5:24.12 (40.97)	400 m :	6:03.22 (39.10)	[1:20.07]
2. SIATKA Manon		2004	FRA	CN COMMERCY	6:09.34	706 pts		
50 m :	37.68 (37.68)	100 m :	1:25.51 (47.83)	150 m :	2:11.92 (46.41)	200 m :	2:55.49 (43.57)	[1:29.98]
250 m :	3:51.24 (55.75)	300 m :	4:46.53 (55.29)	350 m :	5:27.60 (41.07)	400 m :	6:09.34 (41.74)	[1:22.81]
3. LEIDINGER Emilie		2003	FRA	CN COMMERCY	6:19.84	649 pts		
50 m :	38.60 (38.60)	100 m :	1:25.62 (47.02)	150 m :	2:15.42 (49.80)	200 m :	3:04.37 (48.95)	[1:38.75]
250 m :	3:58.77 (54.40)	300 m :	4:51.92 (53.15)	350 m :	5:36.20 (44.28)	400 m :	6:19.84 (43.64)	[1:27.92]
4. JONVILLE Margot		2004	FRA	CN COMMERCY	6:48.23	507 pts		
50 m :	45.99 (45.99)	100 m :	1:43.99 (58.00)	150 m :	2:26.58 (42.59)	200 m :	3:27.12 (1:00.54)	[1:43.13]
250 m :	4:24.08 (56.96)	300 m :	5:19.38 (55.30)	350 m :	6:04.94 (45.56)	400 m :	6:48.23 (43.29)	[1:28.85]
5. PAUL Josephine		2004	FRA	CN COMMERCY	6:51.85	490 pts		
50 m :	43.06 (43.06)	100 m :	1:35.49 (52.43)	150 m :	2:28.10 (52.61)	200 m :	3:21.06 (52.96)	[1:45.57]
250 m :	4:15.06 (54.00)	300 m :	5:12.06 (57.00)	350 m :	6:03.31 (51.25)	400 m :	6:51.85 (48.54)	[1:39.79]
--- THOMAS Emilie		2004	FRA	SA VERDUN	DNS	dec		

Résultats

Séries : 400 4 Nages Dames - (Séniors : 18 ans et plus)

[J1 : Sa 30/11/2019 - R1]

1. POITEL Marjorie	2002	FRA	BAR NATATION TRIATHLON CLUB	6:00.79	754 pts
50 m : 39.86 (39.86)	100 m : 1:28.56 (48.70)	[1:28.56]	150 m : 2:13.40 (44.84)	200 m : 2:57.25 (43.85)	[1:28.69]
250 m : 3:49.38 (52.13)	300 m : 4:41.06 (51.68)	[1:43.81]	350 m : 5:21.76 (40.70)	400 m : 6:00.79 (39.03)	[1:19.73]
--- DUPUIS Adele	2002	FRA	CN COMMERCY	DSQ	

Séries : 400 4 Nages Dames - (Avenirs : 10 ans et plus)

[J1 : Sa 30/11/2019 - R1]

1. DUPUIS Lison	2005	FRA	CN COMMERCY	5:53.16	799 pts
50 m : 38.36 (38.36)	100 m : 1:24.67 (46.31)	[1:24.67]	150 m : 2:11.59 (46.92)	200 m : 2:57.08 (45.49)	[1:35.70]
250 m : 3:44.91 (47.83)	300 m : 4:34.84 (49.93)	[1:37.76]	350 m : 5:15.85 (41.01)	400 m : 5:53.16 (37.31)	[1:18.32]
2. BARRUEL Justine	2006	FRA	SA VERDUN	5:55.40	785 pts
50 m : 39.43 (39.43)	100 m : 1:25.99 (46.56)	[1:25.99]	150 m : 2:14.90 (48.91)	200 m : 3:01.69 (46.79)	[1:35.70]
250 m : 3:48.43 (46.74)	300 m : 4:36.16 (47.73)	[1:34.47]	350 m : 5:16.74 (40.58)	400 m : 5:55.40 (38.66)	[1:19.24]
3. POITEL Marjorie	2002	FRA	BAR NATATION TRIATHLON CLUB	6:00.79	754 pts
50 m : 39.86 (39.86)	100 m : 1:28.56 (48.70)	[1:28.56]	150 m : 2:13.40 (44.84)	200 m : 2:57.25 (43.85)	[1:28.69]
250 m : 3:49.38 (52.13)	300 m : 4:41.06 (51.68)	[1:43.81]	350 m : 5:21.76 (40.70)	400 m : 6:00.79 (39.03)	[1:19.73]
4. NOEL Lison	2003	FRA	BAR NATATION TRIATHLON CLUB	6:03.22	740 pts
50 m : 37.09 (37.09)	100 m : 1:21.71 (44.62)	[1:21.71]	150 m : 2:10.29 (48.58)	200 m : 2:57.34 (47.05)	[1:35.63]
250 m : 3:49.44 (52.10)	300 m : 4:43.15 (53.71)	[1:45.81]	350 m : 5:24.12 (40.97)	400 m : 6:03.22 (39.10)	[1:20.07]
5. SIATKA Manon	2004	FRA	CN COMMERCY	6:09.34	706 pts
50 m : 37.68 (37.68)	100 m : 1:25.51 (47.83)	[1:25.51]	150 m : 2:11.92 (46.41)	200 m : 2:55.49 (43.57)	[1:29.98]
250 m : 3:51.24 (55.75)	300 m : 4:46.53 (55.29)	[1:51.04]	350 m : 5:27.60 (41.07)	400 m : 6:09.34 (41.74)	[1:22.81]
6. LEIDINGER Emilie	2003	FRA	CN COMMERCY	6:19.84	649 pts
50 m : 38.60 (38.60)	100 m : 1:25.62 (47.02)	[1:25.62]	150 m : 2:15.42 (49.80)	200 m : 3:04.37 (48.95)	[1:38.75]
250 m : 3:58.77 (54.40)	300 m : 4:51.92 (53.15)	[1:47.55]	350 m : 5:36.20 (44.28)	400 m : 6:19.84 (43.64)	[1:27.92]
7. JONVILLE Margot	2004	FRA	CN COMMERCY	6:48.23	507 pts
50 m : 45.99 (45.99)	100 m : 1:43.99 (58.00)	[1:43.99]	150 m : 2:26.58 (42.59)	200 m : 3:27.12 (1:00.54)	[1:43.13]
250 m : 4:24.08 (56.96)	300 m : 5:19.38 (55.30)	[1:52.26]	350 m : 6:04.94 (45.56)	400 m : 6:48.23 (43.29)	[1:28.85]
8. PAUL Josephine	2004	FRA	CN COMMERCY	6:51.85	490 pts
50 m : 43.06 (43.06)	100 m : 1:35.49 (52.43)	[1:35.49]	150 m : 2:28.10 (52.61)	200 m : 3:21.06 (52.96)	[1:45.57]
250 m : 4:15.06 (54.00)	300 m : 5:12.06 (57.00)	[1:51.00]	350 m : 6:03.31 (51.25)	400 m : 6:51.85 (48.54)	[1:39.79]
9. NALLOT Salome	2007	FRA	CN COMMERCY	7:07.72	419 pts
50 m : 44.56 (44.56)	100 m : 1:41.88 (57.32)	[1:41.88]	150 m : 2:38.20 (56.32)	200 m : 3:32.34 (54.14)	[1:50.46]
250 m : 4:33.03 (1:00.69)	300 m : 5:35.84 (1:02.81)	[2:03.50]	350 m : 6:26.45 (50.61)	400 m : 7:07.72 (41.27)	[1:31.88]
--- DUPUIS Adele	2002	FRA	CN COMMERCY	DSQ	
--- THOMAS Emilie	2004	FRA	SA VERDUN	DNS dec	

Séries : 200 4 Nages Messieurs - (Jeunes 1 : 12 ans)

[J1 : Sa 30/11/2019 - R1]

1. EMBARECK Lucas	2008	FRA	CN COMMERCY	3:32.59	237 pts
50 m : 51.14 (51.14)	100 m : 1:46.78 (55.64)	[1:46.78]	150 m : 2:46.64 (59.86)	200 m : 3:32.59 (45.95)	[1:45.81]

Séries : 200 4 Nages Messieurs - (Jeunes 2 : 13 ans)

[J1 : Sa 30/11/2019 - R1]

1. PIERRE Lucas	2007	FRA	SA VERDUN	3:36.15	213 pts
50 m : 45.56 (45.56)	100 m : 1:45.46 (59.90)	[1:45.46]	150 m : 2:46.76 (1:01.30)	200 m : 3:36.15 (49.39)	[1:50.69]
2. VIGNERON Lilian	2007	FRA	SA VERDUN	3:43.64	167 pts
50 m : 47.14 (47.14)	100 m : 1:46.34 (59.20)	[1:46.34]	150 m : 2:51.74 (1:05.40)	200 m : 3:43.64 (51.90)	[1:57.30]
--- PAUL Ferdinand	2007	FRA	CN COMMERCY	DSQ	

Séries : 200 4 Nages Messieurs - (Juniors 3 et 4 : 17 - 18 ans)

[J1 : Sa 30/11/2019 - R1]

1. MARCHAND Logan	2003	FRA	SA VERDUN	2:53.46	579 pts
50 m : 36.96 (36.96)	100 m : 1:23.89 (46.93)	[1:23.89]	150 m : 2:14.40 (50.51)	200 m : 2:53.46 (39.06)	[1:29.57]

Séries : 200 4 Nages Messieurs - (Séniors : 19 ans et plus)

[J1 : Sa 30/11/2019 - R1]

1. MENY Jordan	2000	FRA	SA VERDUN	2:44.33	680 pts
50 m : 34.20 (34.20)	100 m : 1:19.53 (45.33)	[1:19.53]	150 m : ---	200 m : 2:44.33 (1:24.80)	[1:24.80]

Résultats

Séries : 200 4 Nages Messieurs - (Avenirs : 11 ans et plus)

[J1 : Sa 30/11/2019 - R1]

1. MENY Jordan	2000	FRA	SA VERDUN	2:44.33	680 pts
50 m : 34.20 (34.20)	100 m : 1:19.53 (45.33)	[1:19.53]	150 m : ---	200 m : 2:44.33 (1:24.80)	[1:24.80]
2. MARCHAND Logan	2003	FRA	SA VERDUN	2:53.46	579 pts
50 m : 36.96 (36.96)	100 m : 1:23.89 (46.93)	[1:23.89]	150 m : 2:14.40 (50.51)	200 m : 2:53.46 (39.06)	[1:29.57]
3. EMBARECK Lucas	2008	FRA	CN COMMERCY	3:32.59	237 pts
50 m : 51.14 (51.14)	100 m : 1:46.78 (55.64)	[1:46.78]	150 m : 2:46.64 (59.86)	200 m : 3:32.59 (45.95)	[1:45.81]
4. STEINBACH Maxime	2009	FRA	CN COMMERCY	3:32.81	235 pts
50 m : 48.98 (48.98)	100 m : 1:42.60 (53.62)	[1:42.60]	150 m : 2:48.77 (1:06.17)	200 m : 3:32.81 (44.04)	[1:50.21]
5. ARNOULD Maxence	2009	FRA	CN COMMERCY	3:34.66	223 pts
50 m : 52.12 (52.12)	100 m : 1:52.26 (1:00.14)	[1:52.26]	150 m : 2:48.70 (56.44)	200 m : 3:34.66 (45.96)	[1:42.40]
6. PIERRE Lucas	2007	FRA	SA VERDUN	3:36.15	213 pts
50 m : 45.56 (45.56)	100 m : 1:45.46 (59.90)	[1:45.46]	150 m : 2:46.76 (1:01.30)	200 m : 3:36.15 (49.39)	[1:50.69]
7. VIGNERON Lilian	2007	FRA	SA VERDUN	3:43.64	167 pts
50 m : 47.14 (47.14)	100 m : 1:46.34 (59.20)	[1:46.34]	150 m : 2:51.74 (1:05.40)	200 m : 3:43.64 (51.90)	[1:57.30]
8. THIRION Lucas	2009	FRA	CN COMMERCY	3:58.90	91 pts
50 m : 1:03.54 (1:03.54)	100 m : 1:59.75 (56.21)	[1:59.75]	150 m : 3:09.08 (1:09.33)	200 m : 3:58.90 (49.82)	[1:59.15]
--- PAUL Ferdinand	2007	FRA	CN COMMERCY	DSQ	

Séries : 800 Nage Libre Dames - (Jeunes 3 : 13 ans)

[J1 : Sa 30/11/2019 - R1]

1. NALLOT Salome	2007	FRA	CN COMMERCY	13:37.34	355 pts
50 m : 43.14 (43.14)	100 m : 1:33.49 (50.35)	[1:33.49]	150 m : 2:25.12 (51.63)	200 m : 3:17.45 (52.33)	[1:43.96]
250 m : 4:08.12 (50.67)	300 m : 5:01.83 (53.71)	[1:44.38]	350 m : 5:53.22 (51.39)	400 m : 6:44.65 (51.43)	[1:42.82]
450 m : 7:35.12 (50.47)	500 m : 8:28.07 (52.95)	[1:43.42]	550 m : 9:20.74 (52.67)	600 m : 10:14.83 (54.09)	[1:46.76]
650 m : 11:08.14 (53.31)	700 m : 12:01.59 (53.45)	[1:46.76]	750 m : ---	800 m : 13:37.34 (1:35.75)	[1:35.75]

Séries : 800 Nage Libre Dames - (Juniors 1 et 2 : 14 - 15 ans)

[J1 : Sa 30/11/2019 - R1]

1. DUPUIS Lison	2005	FRA	CN COMMERCY	10:38.99	842 pts
50 m : 37.32 (37.32)	100 m : 1:17.49 (40.17)	[1:17.49]	150 m : 1:56.90 (39.41)	200 m : 2:36.03 (39.13)	[1:18.54]
250 m : 3:15.72 (39.69)	300 m : 3:56.27 (40.55)	[1:20.24]	350 m : 4:46.52 (50.25)	400 m : 5:17.47 (30.95)	[1:21.20]
450 m : 5:58.02 (40.55)	500 m : 6:39.23 (41.21)	[1:21.76]	550 m : 7:19.64 (40.41)	600 m : 7:59.91 (40.27)	[1:20.68]
650 m : 8:40.52 (40.61)	700 m : 9:21.03 (40.51)	[1:21.12]	750 m : 10:01.92 (40.89)	800 m : 10:38.99 (37.07)	[1:17.96]
2. BARRUEL Justine	2006	FRA	SA VERDUN	11:05.21	757 pts
50 m : 36.77 (36.77)	100 m : 1:17.36 (40.59)	[1:17.36]	150 m : 1:59.79 (42.43)	200 m : 2:41.79 (42.00)	[1:24.43]
250 m : 3:24.26 (42.47)	300 m : 4:06.58 (42.32)	[1:24.79]	350 m : 4:49.05 (42.47)	400 m : 5:32.71 (43.66)	[1:26.13]
450 m : 6:15.87 (43.16)	500 m : 6:57.55 (41.68)	[1:24.84]	550 m : 7:39.62 (42.07)	600 m : 8:21.37 (41.75)	[1:23.82]
650 m : 9:02.68 (41.31)	700 m : 9:44.58 (41.90)	[1:23.21]	750 m : 10:25.86 (41.28)	800 m : 11:05.21 (39.35)	[1:20.63]
3. DUMONT Alice	2006	FRA	SA VERDUN	11:14.38	729 pts
50 m : 35.90 (35.90)	100 m : 1:17.37 (41.47)	[1:17.37]	150 m : 2:00.10 (42.73)	200 m : 2:43.67 (43.57)	[1:26.30]
250 m : 3:27.00 (43.33)	300 m : 4:11.33 (44.33)	[1:27.66]	350 m : 4:54.90 (43.57)	400 m : 5:38.35 (43.45)	[1:27.02]
450 m : 6:22.20 (43.85)	500 m : 7:06.59 (44.39)	[1:28.24]	550 m : 7:49.62 (43.03)	600 m : 8:31.45 (41.83)	[1:24.86]
650 m : 9:13.44 (41.99)	700 m : 9:56.07 (42.63)	[1:24.62]	750 m : 10:40.37 (44.30)	800 m : 11:14.38 (34.01)	[1:18.31]
4. CHAOMLEFFEL Marion	2006	FRA	BAR NATATION TRIATHLON CLUB	12:49.64	465 pts
50 m : 42.60 (42.60)	100 m : 1:30.31 (47.71)	[1:30.31]	150 m : 2:20.66 (50.35)	200 m : 3:10.49 (49.83)	[1:40.18]
250 m : 3:59.24 (48.75)	300 m : 4:47.73 (48.49)	[1:37.24]	350 m : 5:36.78 (49.05)	400 m : 6:25.91 (49.13)	[1:38.18]
450 m : 7:14.30 (48.39)	500 m : 8:03.27 (48.97)	[1:37.36]	550 m : 8:52.48 (49.21)	600 m : 9:40.97 (48.49)	[1:37.70]
650 m : 10:30.00 (49.03)	700 m : 11:18.81 (48.81)	[1:37.84]	750 m : 12:07.34 (48.53)	800 m : 12:49.64 (42.30)	[1:30.83]
5. PERU Margaux	2005	FRA	BAR NATATION TRIATHLON CLUB	13:21.97	389 pts
50 m : 44.48 (44.48)	100 m : 1:33.95 (49.47)	[1:33.95]	150 m : 2:25.86 (51.91)	200 m : 3:17.85 (51.99)	[1:43.90]
250 m : 4:09.46 (51.61)	300 m : 5:00.87 (51.41)	[1:43.02]	350 m : 5:51.00 (50.13)	400 m : 6:42.05 (51.05)	[1:41.18]
450 m : 7:32.24 (50.19)	500 m : 8:22.41 (50.17)	[1:40.36]	550 m : 9:12.86 (50.45)	600 m : 10:03.71 (50.85)	[1:41.30]
650 m : 10:54.10 (50.39)	700 m : 11:44.97 (50.87)	[1:41.26]	750 m : 12:35.22 (50.25)	800 m : 13:21.97 (46.75)	[1:37.00]
6. RENAUD Chloe	2006	FRA	CN COMMERCY	13:52.20	324 pts
50 m : 43.27 (43.27)	100 m : 1:33.85 (50.58)	[1:33.85]	150 m : 2:26.35 (52.50)	200 m : 3:19.41 (53.06)	[1:45.56]
250 m : 4:10.78 (51.37)	300 m : 5:02.36 (51.58)	[1:42.95]	350 m : 5:55.08 (52.72)	400 m : 6:49.44 (54.36)	[1:47.08]
450 m : 7:44.26 (54.82)	500 m : 8:36.80 (52.54)	[1:47.36]	550 m : 9:30.16 (53.36)	600 m : 10:24.67 (54.51)	[1:47.87]
650 m : 11:19.00 (54.33)	700 m : 12:11.53 (52.53)	[1:46.86]	750 m : 13:05.80 (54.27)	800 m : 13:52.20 (46.40)	[1:40.67]

Résultats

Séries : 800 Nage Libre Dames - (Juniors 3 et 4 : 16 - 17 ans)

[J1 : Sa 30/11/2019 - R1]

1. NOEL Lison		2003	FRA	BAR NATATION TRIATHLON CLUB	11:20.29	711 pts	
50 m :	37.44 (37.44)	100 m :	1:19.61 (42.17) [1:19.61]	150 m :	2:02.74 (43.13)	200 m :	2:46.47 (43.73) [1:26.86]
250 m :	3:29.84 (43.37)	300 m :	4:12.69 (42.85) [1:26.22]	350 m :	4:55.30 (42.61)	400 m :	5:38.45 (43.15) [1:25.76]
450 m :	6:21.10 (42.65)	500 m :	7:04.15 (43.05) [1:25.70]	550 m :	7:47.36 (43.21)	600 m :	8:29.57 (42.21) [1:25.42]
650 m :	9:12.48 (42.91)	700 m :	9:55.83 (43.35) [1:26.26]	750 m :	10:37.38 (41.55)	800 m :	11:20.29 (42.91) [1:24.46]
2. LEIDINGER Emilie		2003	FRA	CN COMMERCY	11:57.59	602 pts	
50 m :	39.34 (39.34)	100 m :	1:22.25 (42.91) [1:22.25]	150 m :	2:07.00 (44.75)	200 m :	2:52.55 (45.55) [1:30.30]
250 m :	3:37.84 (45.29)	300 m :	4:22.27 (44.43) [1:29.72]	350 m :	5:07.54 (45.27)	400 m :	5:53.41 (45.87) [1:31.14]
450 m :	6:39.44 (46.03)	500 m :	7:25.59 (46.15) [1:32.18]	550 m :	8:11.28 (45.69)	600 m :	8:57.57 (46.29) [1:31.98]
650 m :	9:43.46 (45.89)	700 m :	10:29.07 (45.61) [1:31.50]	750 m :	11:15.38 (46.31)	800 m :	11:57.59 (42.21) [1:28.52]
3. JONVILLE Margot		2004	FRA	CN COMMERCY	12:10.57	566 pts	
50 m :	42.02 (42.02)	100 m :	1:29.57 (47.55) [1:29.57]	150 m :	2:17.21 (47.64)	200 m :	3:04.39 (47.18) [1:34.82]
250 m :	3:51.71 (47.32)	300 m :	4:37.01 (45.30) [1:32.62]	350 m :	5:22.99 (45.98)	400 m :	6:09.57 (46.58) [1:32.56]
450 m :	6:55.39 (45.82)	500 m :	7:41.03 (45.64) [1:31.46]	550 m :	8:26.53 (45.50)	600 m :	9:12.31 (45.78) [1:31.28]
650 m :	9:58.53 (46.22)	700 m :	10:44.03 (45.50) [1:31.72]	750 m :	---	800 m :	12:10.57 (1:26.54) [1:26.54]
4. PAUL Josephine		2004	FRA	CN COMMERCY	13:01.45	437 pts	
50 m :	41.60 (41.60)	100 m :	1:28.62 (47.02) [1:28.62]	150 m :	2:16.74 (48.12)	200 m :	3:05.06 (48.32) [1:36.44]
250 m :	3:53.49 (48.43)	300 m :	4:42.35 (48.86) [1:32.29]	350 m :	5:31.35 (49.00)	400 m :	6:21.95 (50.60) [1:39.60]
450 m :	7:12.06 (50.11)	500 m :	8:03.10 (51.04) [1:41.15]	550 m :	8:53.52 (50.42)	600 m :	9:44.70 (51.18) [1:41.60]
650 m :	10:35.13 (50.43)	700 m :	11:25.60 (50.47) [1:40.90]	750 m :	12:15.60 (50.00)	800 m :	13:01.45 (45.85) [1:35.85]
--- THOMAS Emilie		2004	FRA	SA VERDUN	DNS dec		

Séries : 800 Nage Libre Dames - (Séniors : 18 ans et plus)

[J1 : Sa 30/11/2019 - R1]

1. POITEL Marjorie		2002	FRA	BAR NATATION TRIATHLON CLUB	11:15.81	725 pts	
50 m :	37.50 (37.50)	100 m :	1:19.19 (41.69) [1:19.19]	150 m :	2:03.39 (44.20)	200 m :	2:46.39 (43.00) [1:27.20]
250 m :	3:29.78 (43.39)	300 m :	4:12.96 (43.18) [1:26.57]	350 m :	4:55.53 (42.57)	400 m :	5:38.85 (43.32) [1:25.89]
450 m :	6:21.53 (42.68)	500 m :	7:04.64 (43.11) [1:25.79]	550 m :	7:46.96 (42.32)	600 m :	8:29.50 (42.54) [1:24.86]
650 m :	9:12.53 (43.03)	700 m :	9:55.25 (42.72) [1:25.75]	750 m :	10:37.03 (41.78)	800 m :	11:15.81 (38.78) [1:20.56]
2. DUPUIS Adele		2002	FRA	CN COMMERCY	12:23.91	531 pts	
50 m :	41.72 (41.72)	100 m :	1:28.53 (46.81) [1:28.53]	150 m :	2:16.60 (48.07)	200 m :	3:04.11 (47.51) [1:35.58]
250 m :	3:51.26 (47.15)	300 m :	4:37.87 (46.61) [1:33.76]	350 m :	5:26.66 (48.79)	400 m :	6:13.35 (46.69) [1:35.48]
450 m :	7:00.12 (46.77)	500 m :	7:48.05 (47.93) [1:34.70]	550 m :	8:36.16 (48.11)	600 m :	9:22.61 (46.45) [1:34.56]
650 m :	10:10.30 (47.69)	700 m :	10:57.25 (46.95) [1:34.64]	750 m :	11:43.34 (46.09)	800 m :	12:23.91 (40.57) [1:26.66]
3. FRANCOISE Nathalie		1965	FRA	SA VERDUN	12:32.15	509 pts	
50 m :	41.96 (41.96)	100 m :	1:27.21 (45.25) [1:27.21]	150 m :	2:14.22 (47.01)	200 m :	3:02.13 (47.91) [1:34.92]
250 m :	3:50.16 (48.03)	300 m :	4:37.53 (47.37) [1:35.40]	350 m :	5:25.00 (47.47)	400 m :	6:12.71 (47.71) [1:35.18]
450 m :	7:00.54 (47.83)	500 m :	7:48.15 (47.61) [1:35.44]	550 m :	8:35.72 (47.57)	600 m :	9:23.49 (47.77) [1:35.34]
650 m :	10:11.20 (47.71)	700 m :	10:58.95 (47.75) [1:35.46]	750 m :	11:45.52 (46.57)	800 m :	12:32.15 (46.63) [1:33.20]
4. MILLIERE Léa		2002	FRA	BAR NATATION TRIATHLON CLUB	15:53.52	123 pts	
50 m :	45.88 (45.88)	100 m :	1:38.12 (52.24) [1:38.12]	150 m :	2:34.60 (56.48)	200 m :	3:33.99 (59.39) [1:55.87]
250 m :	4:36.06 (1:02.07)	300 m :	5:38.71 (1:02.65) [2:04.72]	350 m :	6:41.60 (1:02.89)	400 m :	7:44.90 (1:03.30) [2:06.19]
450 m :	8:46.64 (1:01.74)	500 m :	9:49.59 (1:02.95) [2:04.69]	550 m :	10:51.69 (1:02.10)	600 m :	11:54.38 (1:02.69) [2:04.79]
650 m :	12:55.83 (1:01.45)	700 m :	13:55.25 (59.42) [2:00.87]	750 m :	14:54.18 (58.93)	800 m :	15:53.52 (59.34) [1:58.27]

Séries : 800 Nage Libre Dames - (Avenirs : 10 ans et plus)

[J1 : Sa 30/11/2019 - R1]

1. DUPUIS Lison		2005	FRA	CN COMMERCY	10:38.99	842 pts	
50 m :	37.32 (37.32)	100 m :	1:17.49 (40.17) [1:17.49]	150 m :	1:56.90 (39.41)	200 m :	2:36.03 (39.13) [1:18.54]
250 m :	3:15.72 (39.69)	300 m :	3:56.27 (40.55) [1:20.24]	350 m :	4:46.52 (50.25)	400 m :	5:17.47 (30.95) [1:21.20]
450 m :	5:58.02 (40.55)	500 m :	6:39.23 (41.21) [1:21.76]	550 m :	7:19.64 (40.41)	600 m :	7:59.91 (40.27) [1:20.68]
650 m :	8:40.52 (40.61)	700 m :	9:21.03 (40.51) [1:21.12]	750 m :	10:01.92 (40.89)	800 m :	10:38.99 (37.07) [1:17.96]
2. BARRUEL Justine		2006	FRA	SA VERDUN	11:05.21	757 pts	
50 m :	36.77 (36.77)	100 m :	1:17.36 (40.59) [1:17.36]	150 m :	1:59.79 (42.43)	200 m :	2:41.79 (42.00) [1:24.43]
250 m :	3:24.26 (42.47)	300 m :	4:06.58 (42.32) [1:24.79]	350 m :	4:49.05 (42.47)	400 m :	5:32.71 (43.66) [1:26.13]
450 m :	6:15.87 (43.16)	500 m :	6:57.55 (41.68) [1:24.84]	550 m :	7:39.62 (42.07)	600 m :	8:21.37 (41.75) [1:23.82]
650 m :	9:02.68 (41.31)	700 m :	9:44.58 (41.90) [1:23.21]	750 m :	10:25.86 (41.28)	800 m :	11:05.21 (39.35) [1:20.63]
3. DUMONT Alice		2006	FRA	SA VERDUN	11:14.38	729 pts	
50 m :	35.90 (35.90)	100 m :	1:17.37 (41.47) [1:17.37]	150 m :	2:00.10 (42.73)	200 m :	2:43.67 (43.57) [1:26.30]
250 m :	3:27.00 (43.33)	300 m :	4:11.33 (44.33) [1:27.66]	350 m :	4:54.90 (43.57)	400 m :	5:38.35 (43.45) [1:27.02]
450 m :	6:22.20 (43.85)	500 m :	7:06.59 (44.39) [1:28.24]	550 m :	7:49.62 (43.03)	600 m :	8:31.45 (41.83) [1:24.86]
650 m :	9:13.44 (41.99)	700 m :	9:56.07 (42.63) [1:24.62]	750 m :	10:40.37 (44.30)	800 m :	11:14.38 (34.01) [1:18.31]

Résultats

(Suite) Séries : 800 Nage Libre Dames - (Avenirs : 10 ans et plus)

[J1 : Sa 30/11/2019 - R1]

4. POITEL Marjorie		2002	FRA	BAR NATATION TRIATHLON CLUB	11:15.81	725 pts	
50 m :	37.50 (37.50)	100 m :	1:19.19 (41.69) [1:19.19]	150 m :	2:03.39 (44.20)	200 m :	2:46.39 (43.00) [1:27.20]
250 m :	3:29.78 (43.39)	300 m :	4:12.96 (43.18) [1:26.57]	350 m :	4:55.53 (42.57)	400 m :	5:38.85 (43.32) [1:25.89]
450 m :	6:21.53 (42.68)	500 m :	7:04.64 (43.11) [1:25.79]	550 m :	7:46.96 (42.32)	600 m :	8:29.50 (42.54) [1:24.86]
650 m :	9:12.53 (43.03)	700 m :	9:55.25 (42.72) [1:25.75]	750 m :	10:37.03 (41.78)	800 m :	11:15.81 (38.78) [1:20.56]
5. NOEL Lison		2003	FRA	BAR NATATION TRIATHLON CLUB	11:20.29	711 pts	
50 m :	37.44 (37.44)	100 m :	1:19.61 (42.17) [1:19.61]	150 m :	2:02.74 (43.13)	200 m :	2:46.47 (43.73) [1:26.86]
250 m :	3:29.84 (43.37)	300 m :	4:12.69 (42.85) [1:26.22]	350 m :	4:55.30 (42.61)	400 m :	5:38.45 (43.15) [1:25.76]
450 m :	6:21.10 (42.65)	500 m :	7:04.15 (43.05) [1:25.70]	550 m :	7:47.36 (43.21)	600 m :	8:29.57 (42.21) [1:25.42]
650 m :	9:12.48 (42.91)	700 m :	9:55.83 (43.35) [1:26.26]	750 m :	10:37.38 (41.55)	800 m :	11:20.29 (42.91) [1:24.46]
6. LEIDINGER Emilie		2003	FRA	CN COMMERCY	11:57.59	602 pts	
50 m :	39.34 (39.34)	100 m :	1:22.25 (42.91) [1:22.25]	150 m :	2:07.00 (44.75)	200 m :	2:52.55 (45.55) [1:30.30]
250 m :	3:37.84 (45.29)	300 m :	4:22.27 (44.43) [1:29.72]	350 m :	5:07.54 (45.27)	400 m :	5:53.41 (45.87) [1:31.14]
450 m :	6:39.44 (46.03)	500 m :	7:25.59 (46.15) [1:32.18]	550 m :	8:11.28 (45.69)	600 m :	8:57.57 (46.29) [1:31.98]
650 m :	9:43.46 (45.89)	700 m :	10:29.07 (45.61) [1:31.50]	750 m :	11:15.38 (46.31)	800 m :	11:57.59 (42.21) [1:28.52]
7. JONVILLE Margot		2004	FRA	CN COMMERCY	12:10.57	566 pts	
50 m :	42.02 (42.02)	100 m :	1:29.57 (47.55) [1:29.57]	150 m :	2:17.21 (47.64)	200 m :	3:04.39 (47.18) [1:34.82]
250 m :	3:51.71 (47.32)	300 m :	4:37.01 (45.30) [1:32.62]	350 m :	5:22.99 (45.98)	400 m :	6:09.57 (46.58) [1:32.56]
450 m :	6:55.39 (45.82)	500 m :	7:41.03 (45.64) [1:31.46]	550 m :	8:26.53 (45.50)	600 m :	9:12.31 (45.78) [1:31.28]
650 m :	9:58.53 (46.22)	700 m :	10:44.03 (45.50) [1:31.72]	750 m :	---	800 m :	12:10.57 (1:26.54) [1:26.54]
8. DUPUIS Adele		2002	FRA	CN COMMERCY	12:23.91	531 pts	
50 m :	41.72 (41.72)	100 m :	1:28.53 (46.81) [1:28.53]	150 m :	2:16.60 (48.07)	200 m :	3:04.11 (47.51) [1:35.58]
250 m :	3:51.26 (47.15)	300 m :	4:37.87 (46.61) [1:33.76]	350 m :	5:26.66 (48.79)	400 m :	6:13.35 (46.69) [1:35.48]
450 m :	7:00.12 (46.77)	500 m :	7:48.05 (47.93) [1:34.70]	550 m :	8:36.16 (48.11)	600 m :	9:22.61 (46.45) [1:34.56]
650 m :	10:10.30 (47.69)	700 m :	10:57.25 (46.95) [1:34.64]	750 m :	11:43.34 (46.09)	800 m :	12:23.91 (40.57) [1:26.66]
9. FRANCOISE Nathalie		1965	FRA	SA VERDUN	12:32.15	509 pts	
50 m :	41.96 (41.96)	100 m :	1:27.21 (45.25) [1:27.21]	150 m :	2:14.22 (47.01)	200 m :	3:02.13 (47.91) [1:34.92]
250 m :	3:50.16 (48.03)	300 m :	4:37.53 (47.37) [1:35.40]	350 m :	5:25.00 (47.47)	400 m :	6:12.71 (47.71) [1:35.18]
450 m :	7:00.54 (47.83)	500 m :	7:48.15 (47.61) [1:35.44]	550 m :	8:35.72 (47.57)	600 m :	9:23.49 (47.77) [1:35.34]
650 m :	10:11.20 (47.71)	700 m :	10:58.95 (47.75) [1:35.46]	750 m :	11:45.52 (46.57)	800 m :	12:32.15 (46.63) [1:33.20]
10. CHAOMLEFFEL Marion		2006	FRA	BAR NATATION TRIATHLON CLUB	12:49.64	465 pts	
50 m :	42.60 (42.60)	100 m :	1:30.31 (47.71) [1:30.31]	150 m :	2:20.66 (50.35)	200 m :	3:10.49 (49.83) [1:40.18]
250 m :	3:59.24 (48.75)	300 m :	4:47.73 (48.49) [1:37.24]	350 m :	5:36.78 (49.05)	400 m :	6:25.91 (49.13) [1:38.18]
450 m :	7:14.30 (48.39)	500 m :	8:03.27 (48.97) [1:37.36]	550 m :	8:52.48 (49.21)	600 m :	9:40.97 (48.49) [1:37.70]
650 m :	10:30.00 (49.03)	700 m :	11:18.81 (48.81) [1:37.84]	750 m :	12:07.34 (48.53)	800 m :	12:49.64 (42.30) [1:30.83]
11. PAUL Josephine		2004	FRA	CN COMMERCY	13:01.45	437 pts	
50 m :	41.60 (41.60)	100 m :	1:28.62 (47.02) [1:28.62]	150 m :	2:16.74 (48.12)	200 m :	3:05.06 (48.32) [1:36.44]
250 m :	3:53.49 (48.43)	300 m :	4:42.35 (48.86) [1:37.29]	350 m :	5:31.35 (49.00)	400 m :	6:21.95 (50.60) [1:39.60]
450 m :	7:12.06 (50.11)	500 m :	8:03.10 (51.04) [1:41.15]	550 m :	8:53.52 (50.42)	600 m :	9:44.70 (51.18) [1:41.60]
650 m :	10:35.13 (50.43)	700 m :	11:25.60 (50.47) [1:40.90]	750 m :	12:15.60 (50.00)	800 m :	13:01.45 (45.85) [1:35.85]
12. PERU Margaux		2005	FRA	BAR NATATION TRIATHLON CLUB	13:21.97	389 pts	
50 m :	44.48 (44.48)	100 m :	1:33.95 (49.47) [1:33.95]	150 m :	2:25.86 (51.91)	200 m :	3:17.85 (51.99) [1:43.90]
250 m :	4:09.46 (51.61)	300 m :	5:00.87 (51.41) [1:43.02]	350 m :	5:51.00 (50.13)	400 m :	6:42.05 (51.05) [1:41.18]
450 m :	7:32.24 (50.19)	500 m :	8:22.41 (50.17) [1:40.36]	550 m :	9:12.86 (50.45)	600 m :	10:03.71 (50.85) [1:41.30]
650 m :	10:54.10 (50.39)	700 m :	11:44.97 (50.87) [1:41.26]	750 m :	12:35.22 (50.25)	800 m :	13:21.97 (46.75) [1:37.00]
13. NALLOT Salome		2007	FRA	CN COMMERCY	13:37.34	355 pts	
50 m :	43.14 (43.14)	100 m :	1:33.49 (50.35) [1:33.49]	150 m :	2:25.12 (51.63)	200 m :	3:17.45 (52.33) [1:43.96]
250 m :	4:08.12 (50.67)	300 m :	5:01.83 (53.71) [1:44.38]	350 m :	5:53.22 (51.39)	400 m :	6:44.65 (51.43) [1:42.82]
450 m :	7:35.12 (50.47)	500 m :	8:28.07 (52.95) [1:43.42]	550 m :	9:20.74 (52.67)	600 m :	10:14.83 (54.09) [1:46.76]
650 m :	11:08.14 (53.31)	700 m :	12:01.59 (53.45) [1:46.76]	750 m :	---	800 m :	13:37.34 (1:35.75) [1:35.75]
14. RENAUD Chloe		2006	FRA	CN COMMERCY	13:52.20	324 pts	
50 m :	43.27 (43.27)	100 m :	1:33.85 (50.58) [1:33.85]	150 m :	2:26.35 (52.50)	200 m :	3:19.41 (53.06) [1:45.56]
250 m :	4:10.78 (51.37)	300 m :	5:02.36 (51.58) [1:42.95]	350 m :	5:55.08 (52.72)	400 m :	6:49.44 (54.36) [1:47.08]
450 m :	7:44.26 (54.82)	500 m :	8:36.80 (52.54) [1:47.36]	550 m :	9:30.16 (53.36)	600 m :	10:24.67 (54.51) [1:47.87]
650 m :	11:19.00 (54.33)	700 m :	12:11.53 (52.53) [1:46.86]	750 m :	13:05.80 (54.27)	800 m :	13:52.20 (46.40) [1:40.67]
15. MILLIERE Léa		2002	FRA	BAR NATATION TRIATHLON CLUB	15:53.52	123 pts	
50 m :	45.88 (45.88)	100 m :	1:38.12 (52.24) [1:38.12]	150 m :	2:34.60 (56.48)	200 m :	3:33.99 (59.39) [1:55.87]
250 m :	4:36.06 (1:02.07)	300 m :	5:38.71 (1:02.65) [2:04.72]	350 m :	6:41.60 (1:02.89)	400 m :	7:44.90 (1:03.30) [2:06.19]
450 m :	8:46.64 (1:01.74)	500 m :	9:49.59 (1:02.95) [2:04.69]	550 m :	10:51.69 (1:02.10)	600 m :	11:54.38 (1:02.69) [2:04.79]
650 m :	12:55.83 (1:01.45)	700 m :	13:55.25 (59.42) [2:00.87]	750 m :	14:54.18 (58.93)	800 m :	15:53.52 (59.34) [1:58.27]
--- THOMAS Emilie		2004	FRA	SA VERDUN	DNS dec		

Résultats

Séries : 400 Nage Libre Messieurs - (Jeunes 1 : 12 ans)

[J1 : Sa 30/11/2019 - R1]

1. WALTER Esteban	2008	FRA	SA VERDUN	6:12.75	333 pts
50 m : 40.13 (40.13)	100 m : 1:25.28 (45.15)	[1:25.28]	150 m : 2:11.78 (46.50)	200 m : 2:59.60 (47.82)	[1:34.32]
250 m : 3:47.38 (47.78)	300 m : 4:35.33 (47.95)	[1:35.73]	350 m : 5:23.94 (48.61)	400 m : 6:12.75 (48.81)	[1:37.42]
2. EMBARECK Lucas	2008	FRA	CN COMMERCY	6:36.70	233 pts
50 m : 42.14 (42.14)	100 m : 1:32.03 (49.89)	[1:32.03]	150 m : 2:23.54 (51.51)	200 m : 3:16.15 (52.61)	[1:44.12]
250 m : 4:08.62 (52.47)	300 m : 4:59.81 (51.19)	[1:43.66]	350 m : 5:51.52 (51.71)	400 m : 6:36.70 (45.18)	[1:36.89]

Séries : 400 Nage Libre Messieurs - (Jeunes 2 : 13 ans)

[J1 : Sa 30/11/2019 - R1]

1. PIERRE Lucas	2007	FRA	SA VERDUN	6:39.13	224 pts
50 m : 43.80 (43.80)	100 m : 1:34.13 (50.33)	[1:34.13]	150 m : 2:24.73 (50.60)	200 m : 3:14.98 (50.25)	[1:40.85]
250 m : 4:06.70 (51.72)	300 m : 4:56.46 (49.76)	[1:41.48]	350 m : 5:48.81 (52.35)	400 m : 6:39.13 (50.32)	[1:42.67]
2. PAUL Ferdinand	2007	FRA	CN COMMERCY	7:20.00	98 pts
50 m : 48.01 (48.01)	100 m : 1:43.81 (55.80)	[1:43.81]	150 m : 2:40.35 (56.54)	200 m : 3:36.81 (56.46)	[1:53.00]
250 m : 4:33.90 (57.09)	300 m : 5:30.41 (56.51)	[1:53.60]	350 m : 6:26.36 (55.95)	400 m : 7:20.00 (53.64)	[1:49.59]
--- VIGNERON Lilian	2007	FRA	SA VERDUN	DSQ	

Séries : 400 Nage Libre Messieurs - (Juniors 3 et 4 : 17 - 18 ans)

[J1 : Sa 30/11/2019 - R1]

1. BARRUEL Matteo	2003	FRA	SA VERDUN	4:55.24	776 pts
50 m : 29.86 (29.86)	100 m : 1:04.61 (34.75)	[1:04.61]	150 m : 1:41.60 (36.99)	200 m : 2:19.91 (38.31)	[1:15.30]
250 m : 2:58.88 (38.97)	300 m : 3:37.81 (38.93)	[1:17.90]	350 m : 4:16.92 (39.11)	400 m : 4:55.24 (38.32)	[1:17.43]
2. MARCHAND Logan	2003	FRA	SA VERDUN	5:21.90	602 pts
50 m : 35.21 (35.21)	100 m : 1:15.72 (40.51)	[1:15.72]	150 m : 1:57.38 (41.66)	200 m : 2:39.84 (42.46)	[1:24.12]
250 m : 3:21.90 (42.06)	300 m : 4:03.50 (41.60)	[1:23.66]	350 m : 4:44.12 (40.62)	400 m : 5:21.90 (37.78)	[1:18.40]

Séries : 400 Nage Libre Messieurs - (Séniors : 19 ans et plus)

[J1 : Sa 30/11/2019 - R1]

1. MENY Jordan	2000	FRA	SA VERDUN	5:05.14	709 pts
50 m : 33.72 (33.72)	100 m : 1:10.69 (36.97)	[1:10.69]	150 m : 1:48.87 (38.18)	200 m : 2:28.72 (39.85)	[1:18.03]
250 m : 3:08.79 (40.07)	300 m : 3:48.50 (39.71)	[1:19.78]	350 m : 4:29.72 (41.22)	400 m : 5:05.14 (35.42)	[1:16.64]

Séries : 400 Nage Libre Messieurs - (Avenirs : 11 ans et plus)

[J1 : Sa 30/11/2019 - R1]

1. BARRUEL Matteo	2003	FRA	SA VERDUN	4:55.24	776 pts
50 m : 29.86 (29.86)	100 m : 1:04.61 (34.75)	[1:04.61]	150 m : 1:41.60 (36.99)	200 m : 2:19.91 (38.31)	[1:15.30]
250 m : 2:58.88 (38.97)	300 m : 3:37.81 (38.93)	[1:17.90]	350 m : 4:16.92 (39.11)	400 m : 4:55.24 (38.32)	[1:17.43]
2. MENY Jordan	2000	FRA	SA VERDUN	5:05.14	709 pts
50 m : 33.72 (33.72)	100 m : 1:10.69 (36.97)	[1:10.69]	150 m : 1:48.87 (38.18)	200 m : 2:28.72 (39.85)	[1:18.03]
250 m : 3:08.79 (40.07)	300 m : 3:48.50 (39.71)	[1:19.78]	350 m : 4:29.72 (41.22)	400 m : 5:05.14 (35.42)	[1:16.64]
3. MARCHAND Logan	2003	FRA	SA VERDUN	5:21.90	602 pts
50 m : 35.21 (35.21)	100 m : 1:15.72 (40.51)	[1:15.72]	150 m : 1:57.38 (41.66)	200 m : 2:39.84 (42.46)	[1:24.12]
250 m : 3:21.90 (42.06)	300 m : 4:03.50 (41.60)	[1:23.66]	350 m : 4:44.12 (40.62)	400 m : 5:21.90 (37.78)	[1:18.40]
4. WALTER Esteban	2008	FRA	SA VERDUN	6:12.75	333 pts
50 m : 40.13 (40.13)	100 m : 1:25.28 (45.15)	[1:25.28]	150 m : 2:11.78 (46.50)	200 m : 2:59.60 (47.82)	[1:34.32]
250 m : 3:47.38 (47.78)	300 m : 4:35.33 (47.95)	[1:35.73]	350 m : 5:23.94 (48.61)	400 m : 6:12.75 (48.81)	[1:37.42]
5. EMBARECK Lucas	2008	FRA	CN COMMERCY	6:36.70	233 pts
50 m : 42.14 (42.14)	100 m : 1:32.03 (49.89)	[1:32.03]	150 m : 2:23.54 (51.51)	200 m : 3:16.15 (52.61)	[1:44.12]
250 m : 4:08.62 (52.47)	300 m : 4:59.81 (51.19)	[1:43.66]	350 m : 5:51.52 (51.71)	400 m : 6:36.70 (45.18)	[1:36.89]
6. PIERRE Lucas	2007	FRA	SA VERDUN	6:39.13	224 pts
50 m : 43.80 (43.80)	100 m : 1:34.13 (50.33)	[1:34.13]	150 m : 2:24.73 (50.60)	200 m : 3:14.98 (50.25)	[1:40.85]
250 m : 4:06.70 (51.72)	300 m : 4:56.46 (49.76)	[1:41.48]	350 m : 5:48.81 (52.35)	400 m : 6:39.13 (50.32)	[1:42.67]
7. STEINBACH Maxime	2009	FRA	CN COMMERCY	6:42.82	211 pts
50 m : 44.82 (44.82)	100 m : 1:37.22 (52.40)	[1:37.22]	150 m : 2:30.02 (52.80)	200 m : 3:22.72 (52.70)	[1:45.50]
250 m : 4:15.64 (52.92)	300 m : 5:07.08 (51.44)	[1:44.36]	350 m : 5:57.90 (50.82)	400 m : 6:42.82 (44.92)	[1:35.74]
8. ARNOULD Maxence	2009	FRA	CN COMMERCY	7:01.63	149 pts
50 m : 48.74 (48.74)	100 m : 1:42.37 (53.63)	[1:42.37]	150 m : 2:35.72 (53.35)	200 m : 3:32.67 (56.95)	[1:50.30]
250 m : 4:26.46 (53.79)	300 m : 5:20.41 (53.95)	[1:47.74]	350 m : 6:10.00 (49.59)	400 m : 7:01.63 (51.63)	[1:41.22]
9. PAUL Ferdinand	2007	FRA	CN COMMERCY	7:20.00	98 pts
50 m : 48.01 (48.01)	100 m : 1:43.81 (55.80)	[1:43.81]	150 m : 2:40.35 (56.54)	200 m : 3:36.81 (56.46)	[1:53.00]
250 m : 4:33.90 (57.09)	300 m : 5:30.41 (56.51)	[1:53.60]	350 m : 6:26.36 (55.95)	400 m : 7:20.00 (53.64)	[1:49.59]

Résultats

(Suite) Séries : 400 Nage Libre Messieurs - (Avenirs : 11 ans et plus)

[J1 : Sa 30/11/2019 - R1]

10. THIRION Lucas	2009	FRA	CN COMMERCY	7:25.15	86 pts
50 m : 49.18 (49.18)	100 m : 1:46.23 (57.05)	[1:46.23]	150 m : 2:43.52 (57.29)	200 m : 3:41.93 (58.41)	[1:55.70]
250 m : 4:38.36 (56.43)	300 m : 5:35.31 (56.95)	[1:53.38]	350 m : 6:27.54 (52.23)	400 m : 7:25.15 (57.61)	[1:49.84]
--- VIGNERON Lilian	2007	FRA	SA VERDUN	DSQ	

Séries : 200 4 Nages Dames - (Jeunes 1 : 11 ans)

[J1 : Sa 30/11/2019 - R1]

1. JONVILLE Jeanne	2009	FRA	CN COMMERCY	4:42.59	20 pts
50 m : 1:13.98 (1:13.98)	100 m : 2:29.19 (1:15.21)	[2:29.19]	150 m : 3:37.66 (1:08.47)	200 m : 4:42.59 (1:04.93)	[2:13.40]

Séries : 200 4 Nages Dames - (Jeunes 2 : 12 ans)

[J1 : Sa 30/11/2019 - R1]

1. THOMAS Elodie	2008	FRA	SA VERDUN	3:17.77	496 pts
50 m : 42.15 (42.15)	100 m : 1:31.02 (48.87)	[1:31.02]	150 m : 2:33.69 (1:02.67)	200 m : 3:17.77 (44.08)	[1:46.75]
--- CHILLOU Ninon	2008	FRA	SA VERDUN	DSQ	
--- VIGNERON Laly	2008	FRA	SA VERDUN	DSQ	

Séries : 200 4 Nages Dames - (Jeunes 3 : 13 ans)

[J1 : Sa 30/11/2019 - R1]

1. LESIRE Faustine	2007	FRA	SA VERDUN	3:36.22	339 pts
50 m : 53.10 (53.10)	100 m : 1:52.72 (59.62)	[1:52.72]	150 m : 2:50.82 (58.10)	200 m : 3:36.22 (45.40)	[1:43.50]
2. CERF Elia	2007	FRA	CN COMMERCY	3:47.13	260 pts
50 m : 52.60 (52.60)	100 m : 1:50.85 (58.25)	[1:50.85]	150 m : 2:53.56 (1:02.71)	200 m : 3:47.13 (53.57)	[1:56.28]

Séries : 200 4 Nages Dames - (Juniors 1 et 2 : 14 - 15 ans)

[J1 : Sa 30/11/2019 - R1]

1. PERU Margaux	2005	FRA	BAR NATATION TRIATHLON CLUB	3:17.67	497 pts
50 m : 44.72 (44.72)	100 m : 1:35.75 (51.03)	[1:35.75]	150 m : 2:30.31 (54.56)	200 m : 3:17.67 (47.36)	[1:41.92]
2. CHAOMLEFFEL Marion	2006	FRA	BAR NATATION TRIATHLON CLUB	3:23.55	444 pts
50 m : 46.11 (46.11)	100 m : 1:37.22 (51.11)	[1:37.22]	150 m : 2:38.24 (1:01.02)	200 m : 3:23.55 (45.31)	[1:46.33]
3. BOUCHTA Eva	2005	FRA	SA VERDUN	3:39.72	312 pts
50 m : 50.30 (50.30)	100 m : 1:50.31 (1:00.01)	[1:50.31]	150 m : 2:50.32 (1:00.01)	200 m : 3:39.72 (49.40)	[1:49.41]
4. RENAUD Chloe	2006	FRA	CN COMMERCY	3:54.33	213 pts
50 m : 1:05.53 (1:05.53)	100 m : 2:01.10 (55.57)	[2:01.10]	150 m : 3:04.27 (1:03.17)	200 m : 3:54.33 (50.06)	[1:53.23]

Séries : 200 4 Nages Dames - (Juniors 3 et 4 : 16 - 17 ans)

[J1 : Sa 30/11/2019 - R1]

1. NOEL Lison	2003	FRA	BAR NATATION TRIATHLON CLUB	2:50.57	783 pts
50 m : 35.08 (35.08)	100 m : 1:19.97 (44.89)	[1:19.97]	150 m : 2:12.54 (52.57)	200 m : 2:50.57 (38.03)	[1:30.60]

Séries : 200 4 Nages Dames - (Séniors : 18 ans et plus)

[J1 : Sa 30/11/2019 - R1]

1. POITEL Marjorie	2002	FRA	BAR NATATION TRIATHLON CLUB	2:52.62	759 pts
50 m : 37.97 (37.97)	100 m : 1:20.82 (42.85)	[1:20.82]	150 m : 2:13.24 (52.42)	200 m : 2:52.62 (39.38)	[1:31.80]

Séries : 200 4 Nages Dames - (Avenirs : 10 ans et plus)

[J1 : Sa 30/11/2019 - R1]

1. NOEL Lison	2003	FRA	BAR NATATION TRIATHLON CLUB	2:50.57	783 pts
50 m : 35.08 (35.08)	100 m : 1:19.97 (44.89)	[1:19.97]	150 m : 2:12.54 (52.57)	200 m : 2:50.57 (38.03)	[1:30.60]
2. POITEL Marjorie	2002	FRA	BAR NATATION TRIATHLON CLUB	2:52.62	759 pts
50 m : 37.97 (37.97)	100 m : 1:20.82 (42.85)	[1:20.82]	150 m : 2:13.24 (52.42)	200 m : 2:52.62 (39.38)	[1:31.80]
3. PERU Margaux	2005	FRA	BAR NATATION TRIATHLON CLUB	3:17.67	497 pts
50 m : 44.72 (44.72)	100 m : 1:35.75 (51.03)	[1:35.75]	150 m : 2:30.31 (54.56)	200 m : 3:17.67 (47.36)	[1:41.92]
4. THOMAS Elodie	2008	FRA	SA VERDUN	3:17.77	496 pts
50 m : 42.15 (42.15)	100 m : 1:31.02 (48.87)	[1:31.02]	150 m : 2:33.69 (1:02.67)	200 m : 3:17.77 (44.08)	[1:46.75]
5. CHAOMLEFFEL Marion	2006	FRA	BAR NATATION TRIATHLON CLUB	3:23.55	444 pts
50 m : 46.11 (46.11)	100 m : 1:37.22 (51.11)	[1:37.22]	150 m : 2:38.24 (1:01.02)	200 m : 3:23.55 (45.31)	[1:46.33]
6. LESIRE Faustine	2007	FRA	SA VERDUN	3:36.22	339 pts
50 m : 53.10 (53.10)	100 m : 1:52.72 (59.62)	[1:52.72]	150 m : 2:50.82 (58.10)	200 m : 3:36.22 (45.40)	[1:43.50]

Résultats

(Suite) Séries : 200 4 Nages Dames - (Avenirs : 10 ans et plus)

[J1 : Sa 30/11/2019 - R1]

7.	BOUCHTA Eva	2005	FRA	SA VERDUN				3:39.72	312 pts
50 m :	50.30 (50.30)	100 m :	1:50.31 (1:00.01)	[1:50.31]	150 m :	2:50.32 (1:00.01)	200 m :	3:39.72 (49.40)	[1:49.41]
8.	CERF Elia	2007	FRA	CN COMMERCY				3:47.13	260 pts
50 m :	52.60 (52.60)	100 m :	1:50.85 (58.25)	[1:50.85]	150 m :	2:53.56 (1:02.71)	200 m :	3:47.13 (53.57)	[1:56.28]
9.	RENAUD Chloe	2006	FRA	CN COMMERCY				3:54.33	213 pts
50 m :	1:05.53 (1:05.53)	100 m :	2:01.10 (55.57)	[2:01.10]	150 m :	3:04.27 (1:03.17)	200 m :	3:54.33 (50.06)	[1:53.23]
10.	JONVILLE Jeanne	2009	FRA	CN COMMERCY				4:42.59	20 pts
50 m :	1:13.98 (1:13.98)	100 m :	2:29.19 (1:15.21)	[2:29.19]	150 m :	3:37.66 (1:08.47)	200 m :	4:42.59 (1:04.93)	[2:13.40]
---	CHILLOU Ninon	2008	FRA	SA VERDUN				DSQ	
---	VIGNERON Laly	2008	FRA	SA VERDUN				DSQ	

Séries : 400 4 Nages Messieurs - (Jeunes 1 : 12 ans)

[J1 : Sa 30/11/2019 - R1]

1.	WALTER Esteban	2008	FRA	SA VERDUN				6:50.85	349 pts
50 m :	41.95 (41.95)	100 m :	1:32.81 (50.86)	[1:32.81]	150 m :	2:23.87 (51.06)	200 m :	3:12.37 (48.50)	[1:39.56]
250 m :	4:13.81 (1:01.44)	300 m :	5:16.85 (1:03.04)	[2:04.48]	350 m :	6:04.42 (47.57)	400 m :	6:50.85 (46.43)	[1:34.00]

Séries : 400 4 Nages Messieurs - (Jeunes 3 : 14 ans)

[J1 : Sa 30/11/2019 - R1]

1.	SASIEK Antoine	2006	FRA	CN COMMERCY				5:54.60	620 pts
50 m :	41.52 (41.52)	100 m :	1:32.48 (50.96)	[1:32.48]	150 m :	2:13.00 (40.52)	200 m :	2:53.74 (40.74)	[1:21.26]
250 m :	3:44.72 (50.98)	300 m :	4:34.90 (50.18)	[1:41.16]	350 m :	5:16.51 (41.61)	400 m :	5:54.60 (38.09)	[1:19.70]

Séries : 400 4 Nages Messieurs - (Juniors 1 et 2 : 15 - 16 ans)

[J1 : Sa 30/11/2019 - R1]

1.	STEINBACH Antoine	2005	FRA	CN COMMERCY				5:43.58	682 pts
50 m :	39.93 (39.93)	100 m :	1:27.06 (47.13)	[1:27.06]	150 m :	2:12.01 (44.95)	200 m :	2:53.40 (41.39)	[1:26.34]
250 m :	3:42.39 (48.99)	300 m :	4:30.79 (48.40)	[1:37.39]	350 m :	5:09.09 (38.30)	400 m :	5:43.58 (34.49)	[1:12.79]
2.	WENSKE Romain	2004	FRA	CN COMMERCY				5:44.23	679 pts
50 m :	36.51 (36.51)	100 m :	1:19.72 (43.21)	[1:19.72]	150 m :	2:05.47 (45.75)	200 m :	2:50.34 (44.87)	[1:30.62]
250 m :	3:40.94 (50.60)	300 m :	4:30.69 (49.75)	[1:40.35]	350 m :	5:09.55 (38.86)	400 m :	5:44.23 (34.68)	[1:13.54]
3.	THIRION Matheo	2004	FRA	CN COMMERCY				6:06.34	557 pts
50 m :	41.66 (41.66)	100 m :	1:30.05 (48.39)	[1:30.05]	150 m :	2:16.34 (46.29)	200 m :	3:02.15 (45.81)	[1:32.10]
250 m :	3:53.62 (51.47)	300 m :	4:45.61 (51.99)	[1:43.46]	350 m :	5:27.38 (41.77)	400 m :	6:06.34 (38.96)	[1:20.73]
4.	MEYER Robin	2005	FRA	SA VERDUN				6:10.23	537 pts
50 m :	39.43 (39.43)	100 m :	1:29.09 (49.66)	[1:29.09]	150 m :	2:13.70 (44.61)	200 m :	2:57.60 (43.90)	[1:28.51]
250 m :	3:55.22 (57.62)	300 m :	4:50.14 (54.92)	[1:52.54]	350 m :	5:31.47 (41.33)	400 m :	6:10.23 (38.76)	[1:20.09]
5.	VUILLAUME Charles	2005	FRA	SA VERDUN				6:55.73	329 pts
50 m :	41.30 (41.30)	100 m :	1:34.92 (53.62)	[1:34.92]	150 m :	2:27.73 (52.81)	200 m :	3:19.73 (52.00)	[1:44.81]
250 m :	4:19.88 (1:00.15)	300 m :	5:22.49 (1:02.61)	[2:02.76]	350 m :	6:10.38 (47.89)	400 m :	6:55.73 (45.35)	[1:33.24]

Séries : 400 4 Nages Messieurs - (Juniors 3 et 4 : 17 - 18 ans)

[J1 : Sa 30/11/2019 - R1]

1.	LEGRANDJACQUES Renan	2002	FRA	SA VERDUN				5:12.37	874 pts
50 m :	31.48 (31.48)	100 m :	1:10.13 (38.65)	[1:10.13]	150 m :	1:51.66 (41.53)	200 m :	2:31.83 (40.17)	[1:21.70]
250 m :	3:16.68 (44.85)	300 m :	4:02.03 (45.35)	[1:30.20]	350 m :	4:37.92 (35.89)	400 m :	5:12.37 (34.45)	[1:10.34]
2.	BARRUEL Matteo	2003	FRA	SA VERDUN				5:35.86	728 pts
50 m :	33.72 (33.72)	100 m :	1:14.46 (40.74)	[1:14.46]	150 m :	1:59.19 (44.73)	200 m :	2:42.94 (43.75)	[1:28.48]
250 m :	3:28.68 (45.74)	300 m :	4:16.68 (48.00)	[1:33.74]	350 m :	4:58.17 (41.49)	400 m :	5:35.86 (37.69)	[1:19.18]
3.	MUTZENHARDT Nathan	2003	FRA	CN COMMERCY				5:43.74	681 pts
50 m :	33.68 (33.68)	100 m :	1:13.75 (40.07)	[1:13.75]	150 m :	1:57.72 (43.97)	200 m :	2:41.23 (43.51)	[1:27.48]
250 m :	3:37.48 (56.25)	300 m :	4:30.43 (52.95)	[1:49.20]	350 m :	5:09.22 (38.79)	400 m :	5:43.74 (34.52)	[1:13.31]

Séries : 400 4 Nages Messieurs - (Séniors : 19 ans et plus)

[J1 : Sa 30/11/2019 - R1]

1.	BURKEL Emilien	1999	FRA	CN COMMERCY				5:40.14	702 pts
50 m :	34.71 (34.71)	100 m :	1:17.31 (42.60)	[1:17.31]	150 m :	2:01.56 (44.25)	200 m :	2:45.21 (43.65)	[1:27.90]
250 m :	3:36.64 (51.43)	300 m :	4:26.14 (49.50)	[1:40.93]	350 m :	5:02.96 (36.82)	400 m :	5:40.14 (37.18)	[1:14.00]

Résultats

(Suite) Séries : 400 4 Nages Messieurs - (Séniors : 19 ans et plus)

[J1 : Sa 30/11/2019 - R1]

2. BRUNCHER Quentin		2001	FRA	CN COMMERCY	5:42.69	688 pts	
50 m :	35.96 (35.96)	100 m :	1:20.21 (44.25) [1:20.21]	150 m :	2:05.42 (45.21)	200 m :	2:49.68 (44.26) [1:29.47]
250 m :	3:39.03 (49.35)	300 m :	4:28.31 (49.28) [1:38.63]	350 m :	5:07.09 (38.78)	400 m :	5:42.69 (35.60) [1:14.38]

Séries : 400 4 Nages Messieurs - (Avenirs : 11 ans et plus)

[J1 : Sa 30/11/2019 - R1]

1. LEGRANDJACQUES Renan		2002	FRA	SA VERDUN	5:12.37	874 pts	
50 m :	31.48 (31.48)	100 m :	1:10.13 (38.65) [1:10.13]	150 m :	1:51.66 (41.53)	200 m :	2:31.83 (40.17) [1:21.70]
250 m :	3:16.68 (44.85)	300 m :	4:02.03 (45.35) [1:30.20]	350 m :	4:37.92 (35.89)	400 m :	5:12.37 (34.45) [1:10.34]
2. BARRUEL Matteo		2003	FRA	SA VERDUN	5:35.86	728 pts	
50 m :	33.72 (33.72)	100 m :	1:14.46 (40.74) [1:14.46]	150 m :	1:59.19 (44.73)	200 m :	2:42.94 (43.75) [1:28.48]
250 m :	3:28.68 (45.74)	300 m :	4:16.68 (48.00) [1:33.74]	350 m :	4:58.17 (41.49)	400 m :	5:35.86 (37.69) [1:19.18]
3. BURKEL Emilien		1999	FRA	CN COMMERCY	5:40.14	702 pts	
50 m :	34.71 (34.71)	100 m :	1:17.31 (42.60) [1:17.31]	150 m :	2:01.56 (44.25)	200 m :	2:45.21 (43.65) [1:27.90]
250 m :	3:36.64 (51.43)	300 m :	4:26.14 (49.50) [1:40.93]	350 m :	5:02.96 (36.82)	400 m :	5:40.14 (37.18) [1:14.00]
4. BRUNCHER Quentin		2001	FRA	CN COMMERCY	5:42.69	688 pts	
50 m :	35.96 (35.96)	100 m :	1:20.21 (44.25) [1:20.21]	150 m :	2:05.42 (45.21)	200 m :	2:49.68 (44.26) [1:29.47]
250 m :	3:39.03 (49.35)	300 m :	4:28.31 (49.28) [1:38.63]	350 m :	5:07.09 (38.78)	400 m :	5:42.69 (35.60) [1:14.38]
5. STEINBACH Antoine		2005	FRA	CN COMMERCY	5:43.58	682 pts	
50 m :	39.93 (39.93)	100 m :	1:27.06 (47.13) [1:27.06]	150 m :	2:12.01 (44.95)	200 m :	2:53.40 (41.39) [1:26.34]
250 m :	3:42.39 (48.99)	300 m :	4:30.79 (48.40) [1:37.39]	350 m :	5:09.09 (38.30)	400 m :	5:43.58 (34.49) [1:12.79]
6. MUTZENHARDT Nathan		2003	FRA	CN COMMERCY	5:43.74	681 pts	
50 m :	33.68 (33.68)	100 m :	1:13.75 (40.07) [1:13.75]	150 m :	1:57.72 (43.97)	200 m :	2:41.23 (43.51) [1:27.48]
250 m :	3:37.48 (56.25)	300 m :	4:30.43 (52.95) [1:49.20]	350 m :	5:09.22 (38.79)	400 m :	5:43.74 (34.52) [1:13.31]
7. WENSKE Romain		2004	FRA	CN COMMERCY	5:44.23	679 pts	
50 m :	36.51 (36.51)	100 m :	1:19.72 (43.21) [1:19.72]	150 m :	2:05.47 (45.75)	200 m :	2:50.34 (44.87) [1:30.62]
250 m :	3:40.94 (50.60)	300 m :	4:30.69 (49.75) [1:40.35]	350 m :	5:09.55 (38.86)	400 m :	5:44.23 (34.68) [1:13.54]
8. SASIEK Antoine		2006	FRA	CN COMMERCY	5:54.60	620 pts	
50 m :	41.52 (41.52)	100 m :	1:32.48 (50.96) [1:32.48]	150 m :	2:13.00 (40.52)	200 m :	2:53.74 (40.74) [1:21.26]
250 m :	3:44.72 (50.98)	300 m :	4:34.90 (50.18) [1:41.16]	350 m :	5:16.51 (41.61)	400 m :	5:54.60 (38.09) [1:19.70]
9. THIRION Matheo		2004	FRA	CN COMMERCY	6:06.34	557 pts	
50 m :	41.66 (41.66)	100 m :	1:30.05 (48.39) [1:30.05]	150 m :	2:16.34 (46.29)	200 m :	3:02.15 (45.81) [1:32.10]
250 m :	3:53.62 (51.47)	300 m :	4:45.61 (51.99) [1:43.46]	350 m :	5:27.38 (41.77)	400 m :	6:06.34 (38.96) [1:20.73]
10. MEYER Robin		2005	FRA	SA VERDUN	6:10.23	537 pts	
50 m :	39.43 (39.43)	100 m :	1:29.09 (49.66) [1:29.09]	150 m :	2:13.70 (44.61)	200 m :	2:57.60 (43.90) [1:28.51]
250 m :	3:55.22 (57.62)	300 m :	4:50.14 (54.92) [1:52.54]	350 m :	5:31.47 (41.33)	400 m :	6:10.23 (38.76) [1:20.09]
11. WALTER Esteban		2008	FRA	SA VERDUN	6:50.85	349 pts	
50 m :	41.95 (41.95)	100 m :	1:32.81 (50.86) [1:32.81]	150 m :	2:23.87 (51.06)	200 m :	3:12.37 (48.50) [1:39.56]
250 m :	4:13.81 (1:01.44)	300 m :	5:16.85 (1:03.04) [2:04.48]	350 m :	6:04.42 (47.57)	400 m :	6:50.85 (46.43) [1:34.00]
12. VUILLAUME Charles		2005	FRA	SA VERDUN	6:55.73	329 pts	
50 m :	41.30 (41.30)	100 m :	1:34.92 (53.62) [1:34.92]	150 m :	2:27.73 (52.81)	200 m :	3:19.73 (52.00) [1:44.81]
250 m :	4:19.88 (1:00.15)	300 m :	5:22.49 (1:02.61) [2:02.76]	350 m :	6:10.38 (47.89)	400 m :	6:55.73 (45.35) [1:33.24]

Série : 1500 Nage Libre Dames - (Juniors 3 et 4 : 16 - 17 ans)

[J1 : Sa 30/11/2019 - R1]

1. SIATKA Manon		2004	FRA	CN COMMERCY	21:13.44	782 pts	
50 m :	35.37 (35.37)	100 m :	1:15.22 (39.85) [1:15.22]	150 m :	1:56.63 (41.41)	200 m :	2:38.56 (41.93) [1:23.34]
250 m :	3:21.59 (43.03)	300 m :	4:04.85 (43.26) [1:26.29]	350 m :	4:47.67 (42.82)	400 m :	5:30.67 (43.00) [1:25.82]
450 m :	6:14.45 (43.78)	500 m :	6:57.75 (43.30) [1:27.08]	550 m :	7:40.44 (42.69)	600 m :	8:23.58 (43.14) [1:25.83]
650 m :	9:07.25 (43.67)	700 m :	9:50.22 (42.97) [1:26.64]	750 m :	10:33.09 (42.87)	800 m :	11:16.15 (43.06) [1:25.93]
850 m :	11:59.15 (43.00)	900 m :	12:42.33 (43.18) [1:26.18]	950 m :	13:24.90 (42.57)	1000 m :	14:08.05 (43.15) [1:25.72]
1050 m :	14:50.22 (42.17)	1100 m :	15:32.83 (42.61) [1:24.78]	1150 m :	16:15.72 (42.89)	1200 m :	16:59.47 (43.75) [1:26.64]
1250 m :	17:42.55 (43.08)	1300 m :	18:25.22 (42.67) [1:25.75]	1350 m :	19:08.65 (43.43)	1400 m :	19:52.15 (43.50) [1:26.93]
1450 m :	20:34.22 (42.07)	1500 m :	21:13.44 (39.22) [1:21.29]				

Résultats

Série : 1500 Nage Libre Dames - (Avenirs : 10 ans et plus)

[J1 : Sa 30/11/2019 - R1]

1. SIATKA Manon		2004	FRA	CN COMMERCY	21:13.44		782 pts		
50 m :	35.37 (35.37)	100 m :	1:15.22 (39.85)	[1:15.22]	150 m :	1:56.63 (41.41)	200 m :	2:38.56 (41.93)	[1:23.34]
250 m :	3:21.59 (43.03)	300 m :	4:04.85 (43.26)	[1:26.29]	350 m :	4:47.67 (42.82)	400 m :	5:30.67 (43.00)	[1:25.82]
450 m :	6:14.45 (43.78)	500 m :	6:57.75 (43.30)	[1:27.08]	550 m :	7:40.44 (42.69)	600 m :	8:23.58 (43.14)	[1:25.83]
650 m :	9:07.25 (43.67)	700 m :	9:50.22 (42.97)	[1:26.64]	750 m :	10:33.09 (42.87)	800 m :	11:16.15 (43.06)	[1:25.93]
850 m :	11:59.15 (43.00)	900 m :	12:42.33 (43.18)	[1:26.18]	950 m :	13:24.90 (42.57)	1000 m :	14:08.05 (43.15)	[1:25.72]
1050 m :	14:50.22 (42.17)	1100 m :	15:32.83 (42.61)	[1:24.78]	1150 m :	16:15.72 (42.89)	1200 m :	16:59.47 (43.75)	[1:26.64]
1250 m :	17:42.55 (43.08)	1300 m :	18:25.22 (42.67)	[1:25.75]	1350 m :	19:08.65 (43.43)	1400 m :	19:52.15 (43.50)	[1:26.93]
1450 m :	20:34.22 (42.07)	1500 m :	21:13.44 (39.22)	[1:21.29]					

Série : 800 Nage Libre Messieurs - (Juniors 1 et 2 : 15 - 16 ans)

[J1 : Sa 30/11/2019 - R1]

1. WILLIE Lucas		2005	FRA	CN COMMERCY	13:59.69		201 pts		
50 m :	38.87 (38.87)	100 m :	1:26.89 (48.02)	[1:26.89]	150 m :	2:18.09 (51.20)	200 m :	3:08.72 (50.63)	[1:41.83]
250 m :	4:02.44 (53.72)	300 m :	4:56.02 (53.58)	[1:47.30]	350 m :	5:50.79 (54.77)	400 m :	6:44.66 (53.87)	[1:48.64]
450 m :	7:39.41 (54.75)	500 m :	8:33.34 (53.93)	[1:48.68]	550 m :	9:28.87 (55.53)	600 m :	10:23.26 (54.39)	[1:49.92]
650 m :	11:17.69 (54.43)	700 m :	12:13.44 (55.75)	[1:50.18]	750 m :	13:07.30 (53.86)	800 m :	13:59.69 (52.39)	[1:46.25]

Série : 800 Nage Libre Messieurs - (Juniors 3 et 4 : 17 - 18 ans)

[J1 : Sa 30/11/2019 - R1]

1. LEGRANDJACQUES Renan		2002	FRA	SA VERDUN	10:17.15		770 pts		
50 m :	30.58 (30.58)	100 m :	1:07.89 (37.31)	[1:07.89]	150 m :	1:46.21 (38.32)	200 m :	2:25.24 (39.03)	[1:17.35]
250 m :	3:04.38 (39.14)	300 m :	3:44.30 (39.92)	[1:19.06]	350 m :	4:24.30 (40.00)	400 m :	5:04.32 (40.02)	[1:20.02]
450 m :	5:45.18 (40.86)	500 m :	6:25.49 (40.31)	[1:21.17]	550 m :	7:05.17 (39.68)	600 m :	7:46.42 (41.25)	[1:20.93]
650 m :	8:26.42 (40.00)	700 m :	9:06.37 (39.95)	[1:19.95]	750 m :	9:47.61 (41.24)	800 m :	10:17.15 (29.54)	[1:10.78]

Série : 800 Nage Libre Messieurs - (Séniors : 19 ans et plus)

[J1 : Sa 30/11/2019 - R1]

1. MANTEAUX Antony		1970	FRA	SA VERDUN	14:21.33		165 pts		
50 m :	44.60 (44.60)	100 m :	1:34.89 (50.29)	[1:34.89]	150 m :	2:26.16 (51.27)	200 m :	3:18.85 (52.69)	[1:43.96]
250 m :	4:12.82 (53.97)	300 m :	5:07.77 (54.95)	[1:48.92]	350 m :	6:04.10 (56.33)	400 m :	7:00.89 (56.79)	[1:53.12]
450 m :	7:56.14 (55.25)	500 m :	8:51.59 (55.45)	[1:50.70]	550 m :	9:47.98 (56.39)	600 m :	10:43.45 (55.47)	[1:51.86]
650 m :	11:39.20 (55.75)	700 m :	12:34.67 (55.47)	[1:51.22]	750 m :	13:30.18 (55.51)	800 m :	14:21.33 (51.15)	[1:46.66]

Série : 800 Nage Libre Messieurs - (Avenirs : 11 ans et plus)

[J1 : Sa 30/11/2019 - R1]

1. LEGRANDJACQUES Renan		2002	FRA	SA VERDUN	10:17.15		770 pts		
50 m :	30.58 (30.58)	100 m :	1:07.89 (37.31)	[1:07.89]	150 m :	1:46.21 (38.32)	200 m :	2:25.24 (39.03)	[1:17.35]
250 m :	3:04.38 (39.14)	300 m :	3:44.30 (39.92)	[1:19.06]	350 m :	4:24.30 (40.00)	400 m :	5:04.32 (40.02)	[1:20.02]
450 m :	5:45.18 (40.86)	500 m :	6:25.49 (40.31)	[1:21.17]	550 m :	7:05.17 (39.68)	600 m :	7:46.42 (41.25)	[1:20.93]
650 m :	8:26.42 (40.00)	700 m :	9:06.37 (39.95)	[1:19.95]	750 m :	9:47.61 (41.24)	800 m :	10:17.15 (29.54)	[1:10.78]
2. WILLIE Lucas		2005	FRA	CN COMMERCY	13:59.69		201 pts		
50 m :	38.87 (38.87)	100 m :	1:26.89 (48.02)	[1:26.89]	150 m :	2:18.09 (51.20)	200 m :	3:08.72 (50.63)	[1:41.83]
250 m :	4:02.44 (53.72)	300 m :	4:56.02 (53.58)	[1:47.30]	350 m :	5:50.79 (54.77)	400 m :	6:44.66 (53.87)	[1:48.64]
450 m :	7:39.41 (54.75)	500 m :	8:33.34 (53.93)	[1:48.68]	550 m :	9:28.87 (55.53)	600 m :	10:23.26 (54.39)	[1:49.92]
650 m :	11:17.69 (54.43)	700 m :	12:13.44 (55.75)	[1:50.18]	750 m :	13:07.30 (53.86)	800 m :	13:59.69 (52.39)	[1:46.25]
3. MANTEAUX Antony		1970	FRA	SA VERDUN	14:21.33		165 pts		
50 m :	44.60 (44.60)	100 m :	1:34.89 (50.29)	[1:34.89]	150 m :	2:26.16 (51.27)	200 m :	3:18.85 (52.69)	[1:43.96]
250 m :	4:12.82 (53.97)	300 m :	5:07.77 (54.95)	[1:48.92]	350 m :	6:04.10 (56.33)	400 m :	7:00.89 (56.79)	[1:53.12]
450 m :	7:56.14 (55.25)	500 m :	8:51.59 (55.45)	[1:50.70]	550 m :	9:47.98 (56.39)	600 m :	10:43.45 (55.47)	[1:51.86]
650 m :	11:39.20 (55.75)	700 m :	12:34.67 (55.47)	[1:51.22]	750 m :	13:30.18 (55.51)	800 m :	14:21.33 (51.15)	[1:46.66]