

AMU2/3 Music Therapy/Relaxing Time



Intervenients: Teachers and students with special needs

Date: mars 2017

Place: School

Nr of students: 10

Skills targeted:

- To feel music as a way of expressing emotions
- Engaging with others.
- Exploring dramatic expression and non-verbal communication

Aims and description:

- to help students overcome their personality problems
- to use music as the way of releasing emotions and negative feelings

Teachers and students with special needs have sessions of music therapy

Results / Outcomes: sessions, video

