## AMU3/4 Relaxing time/Integration

Intervenients: Students with special needs, school comunity

Date: april 2017

Places: School,



Nr of students: 24

## Skills targeted:

- To feel music as a way of expressing emotions
- Engaging with others.
- Exploring dramatic expression and non-verbal communication
- To learn relaxing techniques
- To learn about autism

## Aims and description:

- -to learn relaxing techniques,
- -to learn how to overcome stress
- -To learn about specific problems of students with special needs
- -to integrate students with special needs and disabilities

Teachers and students have created information on autism and developed awareness sessions and at school as well as relaxation and integration activities in the school community

Results / Outcomes: sessions, expositions, video





