

## Jacobean Placemat by Florence Clarke



Supplies for this project

Embroidery Sewing Machine

5 x 7 Hoop

Embroidery design in your machine format

1 piece of fabric 12 x 14 inches for embroidery

1 piece of fabric 20 x 20 inches for backing and bias binding

1 piece of pellon or thin batting 12 x 14 inches

Tear away wash away 12 x 14 inches

Embroidery cotton of your choice for design

Cutting board, Rotary cutter, ruler, Masking tape, Starch, Walking Foot



Steps -

Download the design

Print Colour Chart and Hoop placement

Transfer design to machine as per your machine instructions.

**Important** before hooping fabric iron and starch well this helps for a better stitch out.

Hoop your material and tear way wash away together



After you are satisfied with hooping transfer to machine and stitch out.



When embroidery is finished take out of hoop and remove tear away wash away from the back of embroidery. Trim any threads away.

Using a thick towel, place you embroidery face down on the towel. Starch and iron well



The embroidery will pop up and looks great after starching and ironing.

Preparing to quilt your embroidery

Step 1 –

Cut your backing fabric 12 x 14 inches then place backing fabric wrong side facing up on table

Step 2 –

Place the pella or batting on top of the backing fabric

Step 3-

Place the embroidered fabric on top of the pella or batting right side facing up

Step 4

Pin through all layers this will hold your work firm while quilting. See photo



below

Quilting is of your choice. I have cross hatched mine but you could stipple if you like. Remember do not stitch through the embroidery when quilting.

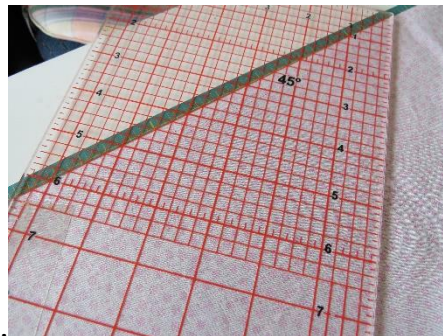
You will need to use a walking foot to do your quilting. Reason for walking foot.

Walking foot has feed dogs top and bottom and this helps the fabric to move through the machine evening without the fabric puckering.

To cross hatch

Step 1 –

Place the 45 deg line on the ruler on the straight edge of the fabric. The rule across fabric as in photo



Step 2 –

With masking tape width of your choice (I use 1 ½ inch wide tape) place it against the ruler make sure the masking tape is firm as you don't want to

Move while stitching. Remove the ruler once you have masking tape in place



Step 3 –

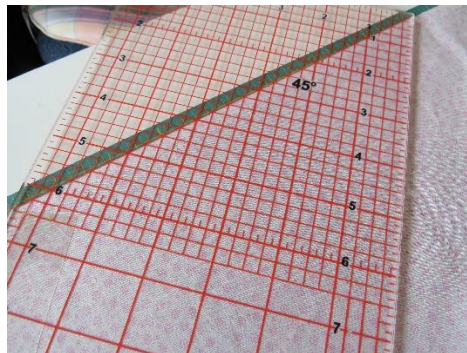
Take your sandwich piece of work to machine. Stitch along both sides of the masking tape. Then move the tape placing against stitching line and do next line. When finished on one side go back and complete other side. Remove the pins as you go. Once this is finished repeat the above steps but place your ruler the opposite way so that you will create a diamond effect.

I used the outline of my hoop to create my shape but you can make it square or round if you wish.

## Bias Binding

### Step 1

To cut bias binding strips place your ruler on a 45 deg angle in the straight edge of your fabric as shown on photo



### Step 2

Fold the fabric in half on the bias. Cut strips 2 ¼ wide. You will need about 44 inches to go round mat.





### Step 3

Join your strips on the 45 deg angle press seams out to flatten

See photo below



### Step 4

Fold bias in fold wrong sides together. Place folded strip on mat. Start stitching about 3 inches in on binding. Stich all the way round finishing about 3 inches before the end as shown



### Step 5

Joining Bias binding put pieces together where the binding is to end. Mark with pins on each piece of bias



### Step 6

Fold the bias binding out flat, join pieces together where pinned, then stitch along pinned line.



### Step 7

Once stitched trim away excess fabric flatten seam fold fabric together and stitch on to mat.



### Step 8

Turn binding to back of work and hand stitch into place



Hope you enjoy doing this project as much as I enjoyed creating it.

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