

Best Adventure (Style Catalan)

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Choregraphie par : JOHNNY

Description : Liv. LOW Beginner – 32 counts – 4 walls, Août 2017

Musique : “Best Adventure” by Leaving Thomas



1st SEQ Stomp, Turn ¼, Stomp, Turn ¼, Jazz Box, Stomp

- 1-2 Stomp R fwd – Turn ¼ R
- &3-4 Recover R & Stomp L fwd – Turn ¼ L
- &5-6 Recover L & Cross R over L – Step L back
- 7-8 Step R to R – Stomp L fwd

2nd SEQ Rock Step, Shuffle turn ½, Rock Step, Shuffle turn ½

- 1-2 Rock Step R fwd – Recover
- 3&4 Shuffle R-L-R turning ½ R
- 5-6 Rock Step L fwd – Recover
- 7&8 Shuffle L-R-L turning ½ L

3rd SEQ Heel switch R-L-R, Clap, Hip Bumps (x4)

- 1&2 Heel touch R fwd – Recover & Heel touch L fwd
- &3-4 Recover & Heel touch R fwd – Clap your hands once
- 5-6 Hip Bumps to R (x2)
- 7-8 Hip Bumps to L (x2)

4th SEQ Sailor step, Touch, ¾ turn, Rockin’ chair

- 1&2 Cross R behind L – Open L to L & R to R
- 3-4 Touch point L crossed behind R – Turn ¾ L (unwind)
- 5-6 Rock Step R fwd
- 7-8 Rock Back R

THE END. I hope you will have fun dancing BEST ADVENTURE
Johnny

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