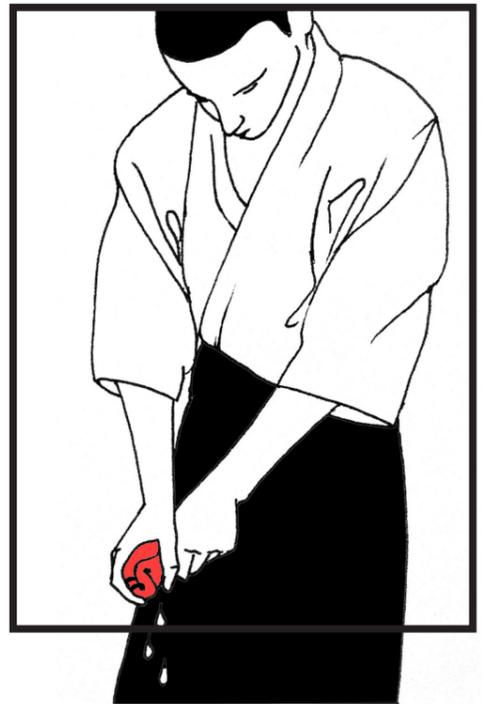
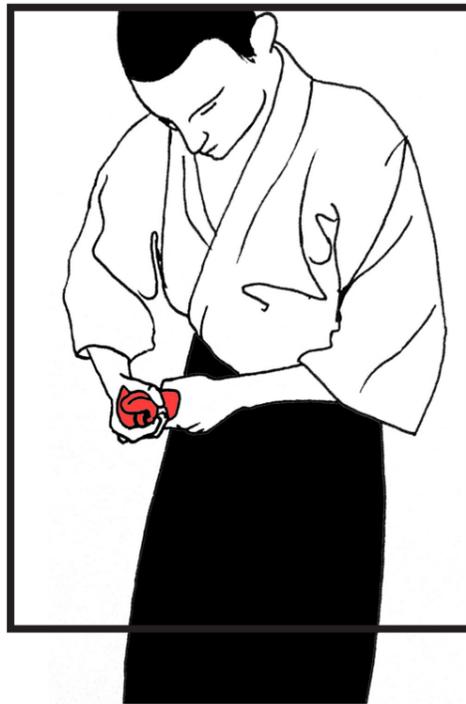
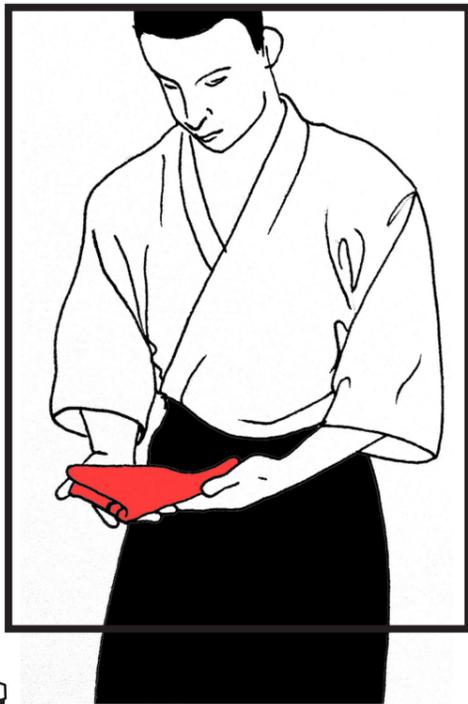
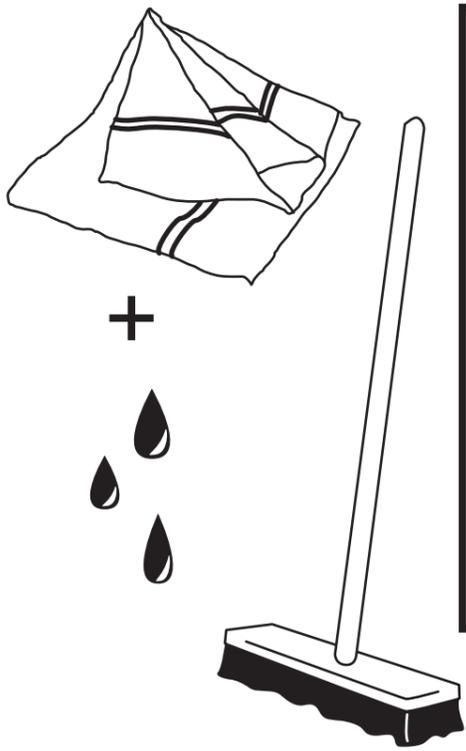


Respecter son **dojo**

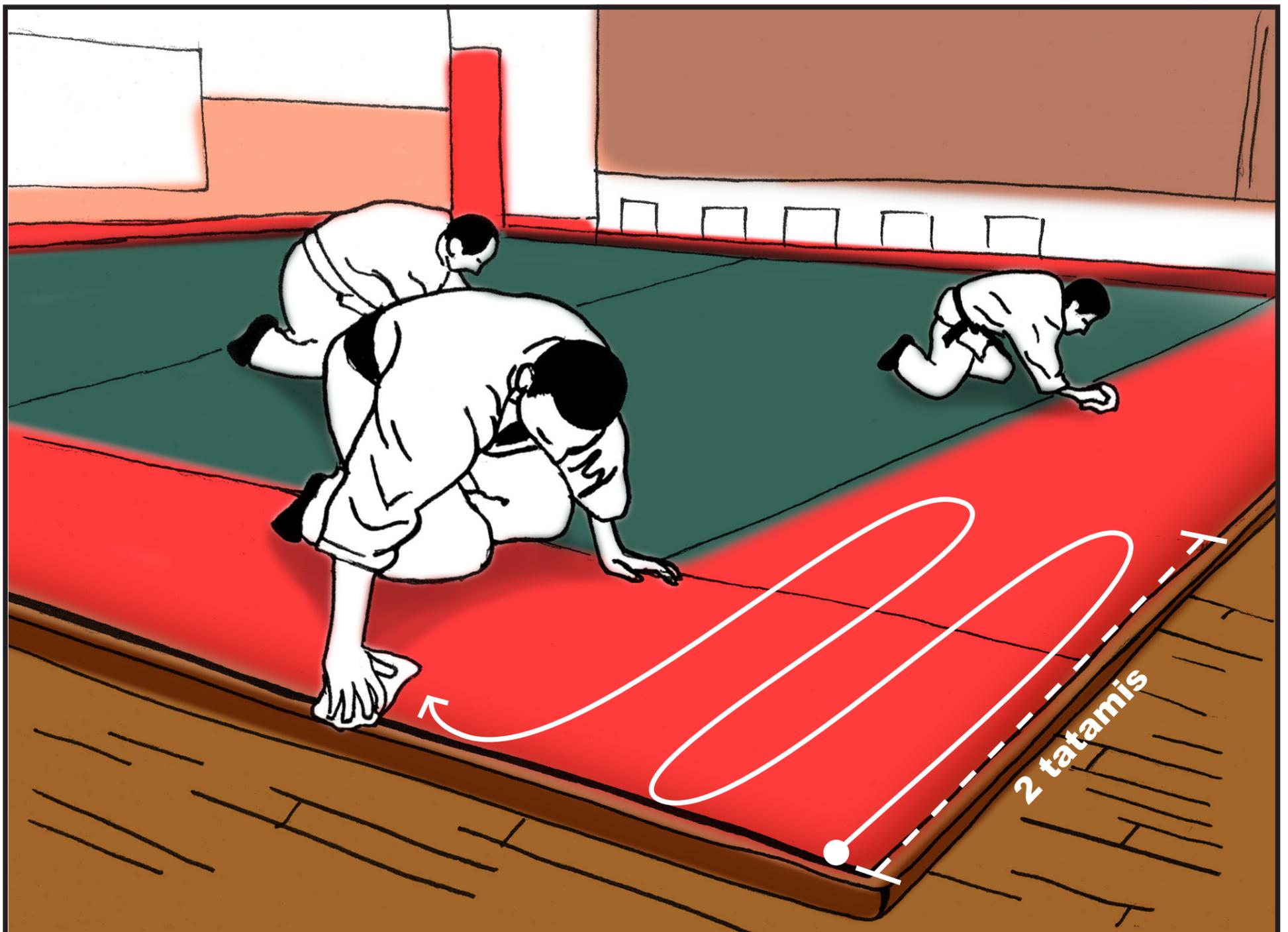


Quand ? A la fin de chaque séance.

Qui ? Tout le monde !

Comment ? Avec une serpillère humide.

Où ? Sur la largeur de 2 tatamis chacun.



+ Un coup de balais autour des tatamis.